


SIXTEEN RENTALS
2BED 2BATH APARTMENTS
\$2,800-\$3,600

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Chelsea, MA

OCCUPANCY
DATE OF
10/30/23

FOURTEEN CONDOS
2BED 2BATH CONDOS
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157 Chestnut St.
Chelsea, MA



SCHEDULE A TOUR

Jeffrey Bowen

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THURSDAY, SEPTEMBER 7, 2023



FREE

CHARLESTOWN

PATRIOT-BRIDGE

Sumner Tunnel reopens to motorists

Staff Report

The Sumner Tunnel in East Boston reopened Friday, Sept. 1 after a two-month closure due to the beginning of the first phase of a \$160 million restoration and renovation project to the 89-year-old tunnel.

State Rep. Adrian Madaro and State Sen. Lydia Edwards joined Gov. Maura Healey, Transportation Secretary Gina Fiandaca, and other state officials on a walking tour of the Sumner Tunnel last Wednesday, Aug. 30.

Edwards, who represents the entire East Boston neighborhood in the Senate, commented, "We are halfway there. I am grateful we got through two months of closure with little injury. We have a lot to learn and certainly need to reassess our mitigation package for next year. Finally, I want to thank



Photo courtesy Charlotte Hysen of Governor's Press Office

Rep. Aaron Michlewitz, Rep. Adrian Madaro and Gov. Maura Healey make their way into the Sumner Tunnel on foot to get an up-close look at what repairs the two-month long closure enabled MassDOT to make.

outgoing Secretary Gina Fiandaca and the whole MassDOT team for their hard work."

State Rep. Adrian Madaro added, "The weekday openings of the Sumner Tunnel will give residents much-needed relief from the lengthy commutes into the City. I'm grateful for the patience

East Boston residents have displayed throughout the summer, and thankful for the hard work of MassDOT employees and the contractors who completed the necessary repairs over the last several months."

(TUNNEL Pg. 5)

Neighborhood Council returns to a busy agenda

By Cary Shuman

The Charlestown Neighborhood Council returned from its summer hiatus to a busy agenda at its monthly meeting Tuesday at the Knights of Columbus Hall.

CNC Chair Thomas Cunha efficiently guided the board and the guests at the meeting through presentations and discussions on a variety of topics.

The most exciting presentation of the evening focused on a new dual restaurant concept slated to open in late fall at Hood Park.

Attorney Lesley Delaney, partner at Prince Lobel, gave a thorough presentation about Naco Taco and Good Company, two food establishments that will operate under one roof at Hood Park

with separate entrances. The new restaurant will be situated between Tradesman Charlestown and Urban Wild, two other restaurants that have electrified the culinary and entertainment scene in Hood Park.

Delaney Hawkins said that Naco Taco is a Mexican restaurant that already has a location in Cambridge, in addition to two food truck spots. Naco Taco will have 90 indoor seats and 14 outdoor seats. Good Company is "a high-end but accessible" American cuisine restaurant with a curated, unique cocktail list. Good Company will have 45 indoor seats and 16 outdoor seats.

Delaney Hawkins informed the CNC that the restaurant owner-

ship group is purchasing a liquor license and transferring it to the Charlestown restaurants' location in Hood Park.

After asking some questions about the restaurant, its hours of operation, and whether there would be live entertainment (there will not be live entertainment) at the restaurant, the CNC voted to support liquor license hours of Friday and Saturday until 2 a.m. and Sunday through Thursday until 1 a.m. The outdoor seating at the restaurants will end at 12 a.m. (midnight).

"I thought it was a good meeting with a lot of good questions," said Delaney Hawkins. "I think it's

(AGENDA Pg. 5)

BPDA receives Letter of Intent from 'Proponent' for Constitution Inn

Special to the Patriot-Bridge

A Letter of Intent for the proposed Constitution Inn (150 Third Avenue) project located in Charlestown, was received by the Boston Planning & Development Agency (BPDA) on September 6.

The following is the Letter of Intent that the BPDA received from Attorney Matthew J. Kiefer, Esq. of the Goulston & Storrs Law Firm.:

Dear Director Jemison,
On behalf of The Planning

Office for Urban Affairs, Inc. and St. Francis House (together, the "Proponent"), we are pleased to submit this Letter of Intent for the proposed redevelopment of the former Constitution Inn located at 150 Third Avenue in the Charlestown Navy Yard for affordable rental housing (the "Project").

The Project site is owned by the BPDA and ground-leased to the YMCA of Greater Boston, which has used the existing building on

(BPDA, Pg. 10)

Now + There's Lot Lab livening up Charlestown

By Michael Coughlin Jr.

Now + There, an organization that curates public art in sites across the city, has produced an artistic gem at 115 Constitution Road in Charlestown with the first year of its pilot program called Lot Lab.

Lot Lab is a three-year pilot pro-

gram that transforms vacant lots into "vibrant, creative, and experimental gathering spaces" and offers site-specific contemporary art pieces, per the organization's website.

The inaugural version of this program was developed in partner-

(NOW + THERE Pg. 4)



PHOTOS COURTESY OF NOW + THERE AND ANNIelly CAMARGO

Women's Qualities by Ghada Amer.

EDITORIAL

GUNS ARE NOW THE LEADING KILLER OF AMERICA'S CHILDREN

It used to be that accidents, primarily car accidents, were the leading cause of death of America's children between the ages of 1 and 18. But last year for the first time, guns were the #1 cause of death of American children. A total of 3597 children died from guns (including suicides), representing 19% of all deaths in that age group, with accidents coming in at 18%. (Cancer is third at 8% and drug overdoses are fourth at 7%.)

To put that number in perspective, 2603 people perished in the attack on the World Trade Center on 9/11 -- which means that guns now kill far more American children, each and every year, than were killed by the terrorists on that terrible day.

In addition, another 15,000 children annually are wounded by gunfire, often leaving them with lifelong, debilitating physical injuries as well as psychological trauma.

The 2022 figures represent a dramatic increase of 50% since 2019 and a doubling since 2013. The child firearm mortality rate in 2013 was 1.8 deaths per 100,000, but now is close to 4.0 deaths per 100,000.

The United States has by far the highest rate of children who die from firearms among wealthy nations -- and it's not even close. Deaths by firearms do not rank in the top four for causes of death for children, let alone the number one cause, anywhere else in the developed world.

Moreover, there is no place in America that is safe for our children from gun violence. Even the states with the most gun safety laws, which have lower rates of child firearm deaths than states with few gun safety laws, have rates much higher than what other countries similar to ours experience.

Given that guns and mass shootings continue to proliferate throughout our country -- and Republicans at all levels of government refuse to enact even common-sense gun safety measures -- the number of deaths by firearms for our nation's children only will continue to rise.

SPORTS BETTING ON PHONES: 21ST CENTURY HIGH TECH CRACK

A general rule of thumb is that when a slew of celebrity pitchmen start endorsing anything that has to do with money, it's a good bet (no pun intended in the context of this editorial) that the public is being conned.

We saw that with the recent cryptocurrency promotions by famous people such as Matt Damon, Tom Brady, and Giselle Bundschen, who now are being sued by those who lost large sums when the cryptocurrency exchange FTX collapsed. (Brady himself reportedly lost \$30 million.)

We are seeing the same dynamic with the new sports betting apps, with stars from Hollywood and the sports world telling us how much "fun" we can have by placing a bet.

However, these sports betting apps are not your grandparents' bookies -- they are far worse. Not only can someone place a bet anywhere and at any time with a few taps on their phone, but they also can bet in real time on just about everything in a particular game with options to bet in-game on every quarter, player, and event.

These gambling companies are publicly-traded corporations and often are partnered with professional sports, thereby making sports betting "acceptable."

However, there are more than six million Americans with sports-gambling addiction problems, and that number only will climb given the spread of sports gaming on cell phones. The individual stories of those who have lost thousands of dollars over their phones on sports gambling are growing exponentially day-by-day -- and the only ones getting rich are the shareholders of these companies and the billionaires who own professional sports teams.

GUEST OP-ED

Barker, Buffett, Richardson and extraordinary lives

By Dr. Glenn Mollette

Jimmy Buffett, Bob Barker and Bill Richardson all died recently. They all had one thing in common. They lived extraordinary lives.

Buffett had become a billionaire. He had amassed his fortune by capitalizing on his song, "Margaritaville." His hotels, restaurants, resorts and even retirement communities were hugely successful. In his later years, he continued to build new hotels and resorts that were beautiful and hugely successful.

Sadly, Buffett passed from Merkel cell skin cancer. He had been receiving treatment for over four years at was still doing concerts even as late as early July in Rhode Island. There was nothing stopping Buffett, except the skin cancer that took his life even when he had so much he still wanted to do. Yet, few people will ever live the life of Jimmy Buffett

Bill Richardson had spent his last few years helping people internationally. He was very success-

ful in politics serving as a U.S. Congressman, Governor of New Mexico and as an Ambassador to the United Nations. He may best be remembered for his diplomatic work in negotiating the releases of journalist Danny Fenster from a Myanmar prison in 2021 and most recently Britney Griner from a Russian prison, among others. Richardson lived an amazing life.

Bob Barker gets the longevity prize. It's hard to top 99, unless you make it to 100. Barker lived a full life of entertaining us on television. For fifty years he came into our homes as the host and producer of The Price is Right and earlier as the host of Truth of Consequences. Many of us show him in the hit comedy Happy Gilmore. Many Americans felt like Barker was a member of their families since he was in their homes via television for so many years.

Barker, Buffett, and Richardson were all bigger than life personalities who lived extraordinary lives filled with success and prosperity.

Keep in mind the measure of our lives is not meant to be measured beside the lives of national or global personalities or anyone else. The fulfillment and success of your life may be in taking care of an aged parent, a troubled or disabled child, or seeing your spouse or life partner through life's difficult stages. Or, the great success of your life may be remembered in your kindness to your neighbors and to others you meet along the way. Quite possibly, life's most extraordinary people may not be fully recognized until we are beyond this life.

The best we can do is the best we can do. We should trust God and live our lives in as meaningful a way as possible.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

LETTERS TO THE EDITOR

READERS STRONGLY OPPOSED TO THE MOST RECENT VERSION

To the Editor,

We are writing to you in response the recent letter in the Charlestown Patriot-Bridge regarding the changes to PLAN Charlestown. We are both strongly opposed to the most recent version of this plan.

Donna and I have lived in Charlestown for 10 years and our daughter and family for 15 years. We moved here for the sense of community, diversity, history, small locally-owned businesses, and access to the greater Boston area.


By allowing building square footage to increase by 25%, allowing building heights to double and triple, allowing the demolition of historic buildings, and failure to plan for the necessary infrastructure does nothing for the community. It will only create more traffic and congestion (try to get through Sullivan Square anytime during the day), increase parking woes,

reduce sunlight, change the historic character of the area, diminish views, and reduce the livability of the area for all residents.

In my businesses, aspirational goals were vital as part of the initial conceptual process, brainstorming and gathering varied ideas. From there we developed clear plans blending our business

needs with the existing building and zoning codes as well as the needs of the greater community. When "aspirational goals" are used in the later stages of planning, unplanned and unwanted outcomes result. This essentially gives the developers permission to

(LETTERS, Pg. 3)



CHARLESTOWN

PATRIOT-BRIDGE

THE CHARLESTOWN PATRIOT-BRIDGE,

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EMAIL: editor@charlestownbridge.com • WEB SITE: www.charlestownbridge.com

NEWSSTAND PRICE: FREE / SUBSCRIPTION PRICE: \$75 ANNUALLY

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Five things you can do to keep yourself and your community safe during extreme heat and weather events

By Annie Gallivan and
Jim Morrill, MD, PhD

This summer has been full of alarming, record-breaking climate and weather events. We've seen wildfire smoke blanket the skies across the country, record-breaking global air and ocean temperatures, and flash floods here in New England. The extreme heat and extreme weather events – floods, hurricanes, thunderstorms, tornadoes, and more – have come at a high cost, both human and financial.

For many people, thinking about our changing climate and the increasing frequency of extreme weather events can lead to feelings of fear and despair. While the climate crisis is certainly cause for alarm, it can be beneficial to focus on things that you can do to keep yourself, your family, and your community safe.

Here are some suggestions to help prepare for and respond to extreme heat and extreme weather events:

1. Recognize the signs of heat-related illness.

Heat related illness can progress through several stages, including:

- Heat cramps—often involving stomach and limbs.
- Health exhaustion—with sweating, cold / clammy skin, faint / weak pulse, nausea, dizziness, headache, or fainting.
- Heat stroke—characterized by high body temperature (103 degrees Fahrenheit or above), hot, red, dry, or damp skin, faint pulse, dizziness, headache, nausea with vomiting, confusion, or fainting

If you are with someone who has signs of heat cramps or heat exhaustion, get to a cooler location, elevate their feet, loosen, or remove excess clothing, and administer sips of cool water every 15 minutes. If there is vomiting or other signs of heat stroke, call 911 to get immediate medical attention

2. Talk with your health care team about how extreme heat and the changing climate impacts your health.

Discussing topics like extreme heat, dangerous air quality levels, and flash floods with your providers can help you create a safety plan. Medical providers can offer information on how to monitor for signs and symptoms of heat-related illness, information about medications that might affect your body's response to heat, and strategies for preventing any chronic health conditions from getting worse.

Our patients have benefited from safety planning and strategies including the following:

- Covering windows with drapes, shades, or foil-covered cardboard.
- Staying in air-conditioned places (libraries, grocery stores, homes) or in the shade.
- Wearing breathable, lightweight clothing.
- Using transportation programs during storms or days when it is dangerous to walk outside (The RIDE, Age Strong Shuttle, MassHealth PT1, or the MGB shuttles).
- Wearing a mask on poor air

quality days.

- Avoiding strenuous or high-energy activities.
- Never leaving a child, adult, or animal inside a car on a warm day.
- Staying hydrated with a non-sugary beverage throughout the day.

3. Keep an eye out for extreme heat and extreme weather events.

The most widely used weather apps and websites provide detailed information that goes far beyond the air temperature. You can use the weather apps to keep track of things like the “feels like” or “real feel” temperature (which combines temperature, humidity, and wind into one index), the Air Quality Index, and alerts from the National Weather Services on extreme weather events.

As we make our way toward the end of August, we will likely begin seeing more named storms and hurricanes. According to the NOAA, the 2023 Atlantic hurricane season is between June 1 - November 30, with named hurricanes commonly occurring in August and September. You can sign up for the National Weather Services' Emergency Alert Systems at Active Alerts (weather.gov) or call 211 for local information including state of emergencies, temporary shelters or cooling stations, disaster assistance, and

more.

4. Spend time in cool spaces during extreme heat.

The best way to stay safe during extreme heat is to spend time in cool spaces. While we know that this is one of the most effective ways to prevent heat illness and exacerbation of chronic conditions, we are also aware that access to cool spaces is extremely limited for many members of our community.

Common spaces that are used for cooling include Boston Centers for Youth and Families, which are utilized as cooling centers during designated Heat Emergencies, air-conditioned spaces, cold showers, public pools and splash pads, and parks with substantial shade. As a community, we can also advocate for increased access to cool spaces and shaded areas throughout Charlestown and the surrounding areas.

5. Check in on each other and support the work of community organizations working to strengthen Charlestown's climate resilience and safety.

During extreme heat and extreme weather events, we can all do our part to help keep ourselves and our community members safe. Some people can be more vulnerable to extreme heat, including young children, older adults, people with chronic illnesses, people

with disabilities, people experiencing homelessness, people who work outside, and people with substance use disorders.

One of the ways we can broaden our approach to improve the health and safety of our communities long-term is to get involved and amplify the work of community organizations who are working on climate resilience and safety. Consider getting involved with local organizations such as the Charlestown Coalition (at Charlestown Coalition – Advancing Communities, Transforming Lives) and its efforts to develop the Charlestown Peace Park or the Mystic River Watershed Association (at Mystic River Watershed Association | MyRWA | Boston), who are working to mitigate the effects of climate change in local urban communities, including work on developing Little Mystic Channel Park.

For more information, we recommend these useful sites:

- [Boston.com/heat](https://boston.com/heat)
- [Climate Ready Boston](https://climate-ready-boston.org/)
- [MA 211](https://ma211.org/)
- [SNAP Replacement Benefits](https://www.mass.gov/info-details/snap-replacement-benefits)
- [Free online Harvard course “The Health Effects of Climate Change”](https://www.health.harvard.edu/press-releases/2023/07/20/the-health-effects-of-climate-change)
- [CDC Heat-related Illness](https://www.cdc.gov/heat/)

Annie Gallivan and Jim Morrill, MD, PhD are with the MGH Charlestown HealthCare Center.

LETTER (from pg. 2)

do whatever they envision, with no consideration to the larger community. The only goals that will prevail are those of the developers. They will be the only beneficiaries.

Having been involved in both distribution and commercial real estate throughout a lengthy career, we do understand business and business owners' need and desire to profit. Giving developers and businesses approvals that exceed the original plans and stretch or exceed the zoning codes only

enriches the developers. It does nothing for Charlestown as a community and historic area, nothing for the residents, and nothing for the livability of the area.

We both ask that you stop this new version and return to the original plans. Reduce the square footage, reduce the building heights, preserve the historic building, and respect our community.

Sincerely,

Robert S. McKittrick
Donna T. McKittrick

TO ADVERTISE PLEASE CALL

781-485-0588



Virtual Public Meeting

PLAN:Charlestown Closeout Public Meeting

SEPTEMBER

11

6:00 PM - 7:30 PM

Zoom Link: bit.ly/45yQmtY

Toll Free: (833) 568 - 8864

Meeting ID: 161 580 2407



Project Description:

Please join the BPDA for a virtual public meeting on September 11, 2023, to discuss revisions to the Draft PLAN: Charlestown, as well as zoning implementing the plan, after the end of the draft public comment period. BPDA Staff will present any changes to draft PLAN: Charlestown as well as the subsequent zoning amendment and be available for questions and comments from meeting attendees. This is a public meeting: all are welcome to join, comment, and discuss the proposed plan and zoning changes.

mail to: **Jason Ruggiero**

Boston Planning & Development Agency
One City Hall Square, 9th Floor
Boston, MA 02201

phone: 617.722.4300

email: jason.ruggiero@boston.gov

website:

bit.ly/plan-charlestown

BostonPlans.org | [@BostonPlans](https://twitter.com/BostonPlans)

Teresa Polhemus, Executive Director/Secretary

Now + There (from pg. 1)

ship with the National Park Service in an underused parking lot just steps from the gate to the Charlestown Navy Yard.

“It all came together and opened this past June, and we really transformed this lot that used to have a little chain around it,” said Kate Gilbert, Executive Director of Now + There.

Along with the National Park Service partnership, Gilbert explained that they also worked with the community, holding listening sessions over Zoom to ensure the site aligned with what those in the community were looking for.

“Our larger goal and vision for Lot Lab is that we can return a lot of this finding — whether it’s the data of how many people said we appreciate this experience and we now see Charlestown differently because of the art — we can return that all over to the different community groups that have been partnering with us as well as the National Park Service so that they can make something more permanent,” said Gilbert.

As Gilbert mentioned, Lot Lab opened in June and offers several different works of art for residents and those passing by to view and contemplate, free of charge and

open 24/7.

Moreover, the first edition of Lot Lab has a theme of mending, and women created all the artwork.

One of these works of art is a ground mural titled “Knotical Waves,” created by Boston-based artist Massiel Grullon. Grullon’s piece loops around the lot using the shapes of knot-making with green and blue colors taken from the Boston Harbor.

“Literally, every time I’m there, I see some kid start walking on it and then running around in circles and going through all the loops,” said Gilbert with a laugh. “It just slows people down on that path across,” she added.

Another piece of art offered through Lot Lab is called “Signaling” and is done in conjunction with Kyle Browne, an artist and educator from Chelsea. This work rotates flags on a flag pole every month created by youth in Charlestown.

Gilbert also mentioned that Now + There has worked with Charlestown Boys & Girls Club and Turn It Around to help make this work a reality.

“They’re making little flags that represent who they are as Charlestown youth and the future that they want to see,” said Gilbert.

The penultimate artistic element of the site is a ground piece with several planters that spell out seven qualities of women, called “Women’s Qualities,” created by internationally-known artist Ghada Amer.

Some examples of these womanly qualities spelled out by the planters include resilient, nurturing, and more. Additionally, each word corresponds to an indigenous or native plant.

Moreover, Gilbert explained that these seven qualities Amer uses come from a poll conducted shortly after the Me Too Movement.

The final piece, which Gilbert indicated “Is definitely worth checking out,” is called “Stay” and was created by Sam Fields, an artist from Brockton, alongside a team of female-identifying artists.

Gilbert described the piece as a big wall tapestry that splices together hundreds of feet of nautical rope to create a wave pattern, with stays commonly used in sailing.

“You have to see it. It’s just spectacular,” said Gilbert. This piece has even more significance for Now + There. In 2019, Fields was a member of the organization’s Accelerator Program, which supports local artists in learning how to make public art.

“To be able to commission Sam, to do a large-scale project like this after successfully doing the program, was really fun,” said Gilbert.

In addition to the remarkable art pieces on display, Lot Lab has also offered several events for those interested since it opened earlier this summer. Some of these events included a curator tour, a family day, a yoga class, and more.

Also, on Wednesdays and Saturdays, Lot Lab has public art ambassadors at the site to help people understand the artwork.

While a lot of Lot Lab’s events have come and gone, do not fear, as there are plans for another event this weekend called Decoding the Colonial | NAPJ on Saturday, September 9, from 5 to 7 p.m.

As part of this event, local interdisciplinary artists Lani Asunción and Joanna Tam will be doing

site-specific performances.

Since its inception in June, Lot Lab has seemed to get a ton of foot traffic as the site sees hundreds of people on any given day, according to Gilbert.

Though Gilbert indicated that it might be a little early to tell the entire sentiment of the community about Lot Lab, she mentioned that people like it.

“What we’re hearing is surprise because we came in without a whole lot of fanfare — people were just like, oh wow, I didn’t know this was here,” said Gilbert.

“A person across the street has come over multiple times and keeps thanking us. She’s like, this was an eyesore... so the sentiment has been thank you for paying attention to an unloved space,” she added.

If you are interested in seeing some of these works in person, you will have to get to the site soon, as the first rendition of Lot Lab only runs through October 31, after which the current pieces will be uninstalled.

However, if you cannot make it out to the site before this year’s rendition of Lot Lab ends, the site will have new works of art next year as part of the three-year pilot program.

To learn more about Lot Lab, you can visit <https://www.nowandthere.org/lotlab>.

“What I would hope people understand or appreciate is that this is free contemporary art. That it really is a very accessible way to understand art and to even participate in it,” said Gilbert.

“I think sometimes we get intimidated by art... but this is a great way to get to know it. Especially on a Wednesday or Saturday — talk to someone about, like, why is a bunch of plants art, you know, and have those conversations,” she added.

TUNNEL (from pg. 1)

State Rep. Jessica Giannino said, “I want to thank MassDOT and each of the contractors involved in this project for all of their hard work on the Sumner Tunnel renovations. Reopening the tunnel on time was critical as commuters get back from summer breaks.

“I also want to thank the efforts of Gov. Maura Healey and each of the surrounding communities impacted by this closure for working collaboratively in order to minimize disruptions to our commutes by increasing options for reliable public transportation during the shutdown. This project was a group effort, and I believe the process went as smoothly as it did because of this. I am very happy to

know that commuters can return to their normal routes again, in the improved Sumner Tunnel.”

Acting Revere Mayor Patrick Keefe was pleased to see the Sumner Tunnel reopen on schedule.

“The tunnel’s reopening is a great sigh of relief to the residents of Revere as we start to wrap up the summer,” said Keefe. “I’m hopeful the learnings we all experienced by relying on public transit and expanded offerings will be sign on more permanent transportation investments that can benefit our community when it comes to our regional traffic mitigation measures.”

The Mark & Michelle Gorman Scholarship

\$6000 in awards will be given for the 2023-2024 school year.

4 scholarships will be awarded,
1 to a girl and 1 to a boy in 2 categories:
Preschool – Grade 12 and College/higher education.

Special scholarships awarded in memory of Ruthie Gorman, Mimi Wrenn and Jimmy Hingston

Eligible students must be Charlestown residents, enrolled at a private or Catholic School or play in our tournament. Tournament donors may enter one eligible non-Charlestown resident. To apply, fill out a 3x5 index card with: student name, address, phone number, school & grade and drop it off during our

Annual Cornhole Tournament at the Barry Playground, on September 9, 2023 from 10-3.

Only index cards will be accepted, 1 entry per student. Tournament donors must add their name to the student entry card. Winners chosen in a lottery and awarded at the Halfway to St. Patrick’s Day event at the Knights on September 9, 2023. Scholarships paid directly to the school where winner is enrolled.



Virtual Public Meeting

Austin Street Developer Presentations

SEPTEMBER

20

6:00 PM - 7:30 PM

Zoom Link: bit.ly/AustinStProposal

Toll Free: (833) 568 - 8864

Meeting ID: 161 194 1852



Project Description:

Please join the Boston Planning and Development Agency (BPDA) for a virtual public meeting about the redevelopment of the Austin Street Parking Lots in Charlestown on September 20th at 6pm. Respondents to the Request for Proposals (RFP) will present their proposals to the community and answer questions. Please register for the meeting at bit.ly/AustinStProposal. If you have any questions, contact Natalie Deduck at natalie.deduck@boston.gov.

mail to: **Natalie Deduck**
Boston Planning & Development Agency
One City Hall Square, 9th Floor
Boston, MA 02201
email: natalie.deduck@boston.gov

website:
bit.ly/Austin-Street-Parking-Lots

BostonPlans.org | @BostonPlans

Teresa Polhemus, Executive Director/Secretary

AGENDA (from pg. 1)

important to make the distinction between an entertainment venue and sit-down restaurant.”

New signage at Spaulding Hospital

The CNC gave its support for new signage outside the Mass General Brigham Spaulding Hospital in Charlestown.

Tom Ford, project manager for Design Communications Limited, made a presentation to the CNC, showing an illustration of the new, distinguished-looking 5 foot-by-24 foot sign that rebrands the facility to be Mass General Brigham Spaulding Rehabilitation.

Cara Brickley, vice president of operations and director of therapy at Spaulding, also attended the meeting. Spaulding is one of America’s top three rehabilitation hospitals, according to U.S. News and World Report.

Upcoming Meeting Schedule

The CNC announced its meeting schedule for the remainder of 2023. The monthly meetings will be held Tuesday, Oct. 3, Thursday, Nov. 9, and Tuesday, Dec. 5. All meetings are held at the Knights of Columbus.



Atty Lesley Delaney Hawkins speaks about the two new restaurants, Naco Taco and Good Company, that will be opening in late fall in Hood Park.



Pictured at the Charlestown Neighborhood Council meeting, from left, are Alex Tannebaum, co-owner of Naco Taco and Good Company restaurants, Atty. Lesley Delaney Hawkins, and Seth Freidus, co-owner of Naco Taco and Good Company restaurants.



Pictured at the Charlestown Neighborhood Council meeting Tuesday at the Knights of Columbus are Vice Chair Nancy Johnsen, Chair Thomas Cunha, and Mayor’s Office Charlestown Liaison Sean Breen.




Mass General Brigham Spaulding Hospital Vice President of Operations Cara Brickley and Project Manager Tom Ford of Design Communications Limited informed the CNC about the change in signage at the world-renowned rehabilitation hospital located in Charlestown.



The officers and members of the Charlestown Neighborhood Council are pictured at their monthly meeting Tuesday night at the Knights of Columbus.

THROUGH OUR EYES DISTRIBUTION SCHEDULE 2023

- WED SEP 13  CHARLESTOWN FARMERS MARKET (MAIN ST), 2-6PM
- THU SEP 14  EDEN STREET PARK, 4-6PM
- FRI SEP 15  KENNEDY CENTER (55 BUNKER HILL ST), 3-5PM
- SAT SEP 16  STARBUCKS, 9AM-12PM
- SUN SEP 17  CHRIST CHURCH (10 GREEN ST), 9-10:30AM

OPENING RECEPTION THURSDAY, NOVEMBER 2  6:00-8:00PM
HOSTED AT 10 GREEN STREET



WE WOULD LOVE FOR YOU TO RESERVE A CAMERA
AHEAD OF THESE DATES!



EMAIL CHRISTCHURCHCHARLESTOWN@GMAIL.COM TO ARRANGE A PICKUP.

CELEBRATE
Halfway to

Saint Patrick's Day

Featuring
DJ Smokey Cain and
Derek Warfield & the Young Wolfe Tones

Saturday September 9, 2023 7PM
Knights of Columbus - Charlestown

To Benefit the GORMAN Scholarship

In Memory of Ruthie Gorman, Mimi Wrenn & Jimmy Hingston

Tickets: \$40, Tables \$350

For tickets reach out to:

Alexa 617.620.0105 or Kathleen 617.224.2642
or email: Klacey3@msn.com

Mammograms Save Lives.

All women over 40 should have a mammogram once a year. Breast cancer found early offers the best chance to be cured. Free or low cost mammograms are available.

For more information and answers to any of your cancer questions, contact us any time, day or night.

www.cancer.org
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WARREN-PRESCOTT SCHOOL HOLDS A BACK TO SCHOOL PARTY

DEREK KOUYOUMJIAN PHOTOS



Lesley, Leanny, Brianny, and Leo Liz are ready for some slush to cool them down on this hot and humid day.



Warren-Prescott student Jackson Kardos fistbumps with the school mascot Bunker.

The Warren-Prescott School held a Back To School Party shortly before the start of the school year. This post-Labor Day celebration was a great way to bring the students and their families together with the faculty and staff of the school. It was hot and humid, a reminder that Summer is still around but with the friendships made at Warren Prescott, the coming of Fall, and the school year, is welcomed.



Boston City Councilor Gabriela Gigi Coletta and her chief of staff Ellie Sanchez.



Warren-Prescott student Michael Ruan is wearing a shirt depicting a back to school sentiment that may be impossible to change, no matter how cool the school is.



Warren-Prescott students Addison MacRobert, Waqtiya Abdikadir, Junie Brice, Handi Yusuf, and Izzy Dias.



Student Owen Shorey and his mom Allison with his teacher Marissa Kiek.

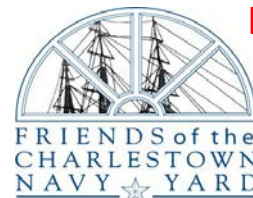
Concert in City Square Park

featuring
"Even Murphy Bluegrass Band"



Wednesday, September 13th | 5:30 – 7:00 pm
rain date: Thursday

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www.FriendsCNY.org

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www.theanchorboston.com

Join the Friends of the Charlestown Navy Yard
at The Anchor in Charlestown Navy Yard

This is a **FREE** Event!

NEW DATE!
Harvard Alumni Jazz Band Concert
Thursday, September 14
at The Anchor, Shipyard Park
starting at 6:00 PM



We request that guests follow current MA COVID guidelines.

Cancellation notification in the event of weather can be found on our website www.FriendsCNY.org

Working to improve the quality of life for
Charlestown residents & visitors

WARREN-PRESCOTT SCHOOL HOLDS A BACK TO SCHOOL PARTY

DEREK KOUYOUMJIAN PHOTOS



Parent Anne Emrick with teacher Tracy Young.



Dean Wright (center) may be apprehensive at starting school but he will have some of that weight carried by his sister Juliet and her best friend Ashley Dorman.



Teacher Allison Brucklier with Warren Prescott alumn Charlie Jenkins and students Mari and Millie Johnson.



Social worker Taylor Cole and art teacher Lauren Wells were offering complimentary backpacks and supplies to students.



K1 student Reese Cassidy (2nd from right) with brother James and mom Kaele and the Warren-Prescott School mascot Bunker.



Tim Talbot with his son Lyle catching up with his last year's teacher Ms Beef.

Weatherfest !

Sunday, September 17
10 AM to Noon
At the Gardens

Corner of Main and Bunker Hill Streets

- Explore the WBZ TV Mobile Weather Lab with Meteorologist Eric Fisher
- Create mini weather inspired crafts with Chief Joy Maker Sophia Moon,
- Visit the Climate Cart from the Stone Living Lab and meet the folks from the Coalition for a Resilient and Inclusive Waterfront

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for Charlestown

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Converting The Constitution Inn into Permanent Supportive Housing will have long-lasting impacts on our community, personal safety, and public health. You can help!

NeighborhoodVoiceAlliance.com/donate

LOCAL WINNERS AMONG MAYOR’S GARDEN CONTEST WINNERS

Mayor Michelle Wu recently announced the winners of the 27th annual Mayor’s Garden Contest with a grand prize provided by JetBlue, prize packages donated by Mahoney’s Garden Centers, and additional support from in-kind sponsor Polar Beverages.

The Mayor’s Garden Contest

recognizes gardeners who have landscaped, planted flowers, trees, shrubs, and, in the process, helped beautify Boston’s neighborhoods.

First place winners received the coveted “Golden Trowel” award from Mayor Wu in a ceremony held August 21 in the Boston Public Garden while second and third

place winners were awarded certificates.

Gardeners who have won three or more times in the last ten years were automatically entered into the Hall of Fame. These distinguished Hall-of-Famers are no longer eligible to enter as contestants but are invited to return as judges.

First place winners were also entered into a drawing for a Jet-Blue Grand Prize consisting of roundtrip flights for two to any nonstop destination from Boston. In addition, Mahoney’s Garden Centers provided gardener’s gift certificates to the top three winners in each category, as well as gift certificates for the 2023 Hall of Fame winners and judges.

Storefront, Organization, or Main Street District Garden

1. Gardening Enthusiasts at Primus - Beacon Hill
2. Hancock Garden Club (under the leadership of Anne Sheetz and Gillian Gattie) - Beacon Hill
3. Comfort Kitchen (Chitz Regmi) - Dorchester

Local winners include:

Small Yard Garden

1. Julia Fairclough - Roslindale
2. Blair Campbell - Dorchester
3. John Carroll - Jamaica Plain

Medium Yard Garden

1. Sandra Jordan and Robert Monahan - Jamaica Plain
2. Jessica von Ammon - Roxbury
3. Matthew Delisle - Charlestown

Large Yard Garden

1. Rick Malkasian - Fenway-Kenmore
2. Kevin McKenna - Roslindale
3. Joe Fallon & Whit Hendon - Dorchester

Porch Balcony or Container Garden Category

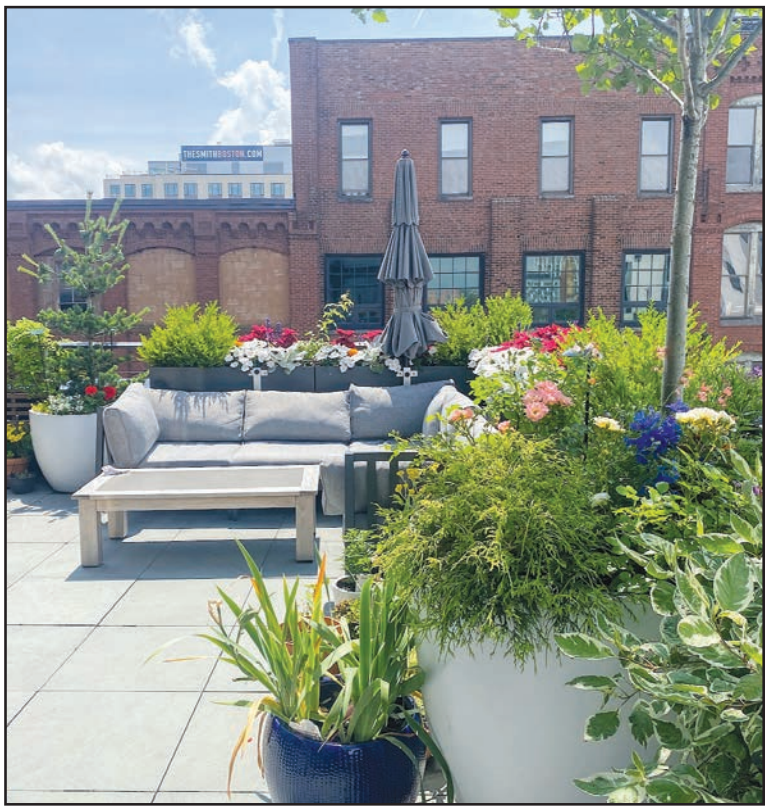
1. Salil Sharma - South End
2. Alex & Stephanie Tsalagas - South End
3. Kolea Zimmerman - Charlestown

Community Garden

1. Joe and Dolores Fazio - Fenway-Kenmore Victory Gardens
2. Kristen L. Corman - Fenway-Kenmore Victory Gardens
3. Laura Poulin & Brian Harty - Fenway-Kenmore Victory Gardens



Storefront, Organization, or Main Street District Garden: Gardening Enthusiasts at Primus - Beacon Hill.



Porch Balcony or Container Garden Category: Salil Sharma - South End.



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We are so thankful for generous community support

Director, Tom MacDonald 617-990-7314

NEWS BRIEFS

HARVARD ALUMNI
JAZZ BAND CONCERT
DATE CHANGE

Friends of the Charlestown Navy Yard want everyone to know that the concert with the Harvard Alumni Jazz Band that was postponed in August has been rescheduled to September 14, and will take place at 6 p.m. at The Anchor on that date.

COLETTA AND
COURAGEOUS
SAILING, CELEBRATE
SUCCESSFUL SUMMER

Boston City Councilor Gabriela Coletta and Courageous Sailing celebrate the ending of a successful summer partnership where free sailing lessons were provided to Charlestown youth and families. During August, over 120 Charlestown residents learned to sail and cruise for free with Courageous Sailing instructors around the Boston Harbor. Councilor Coletta and Courageous Sailing partnered this summer to provide waterfront access opportunities

for Charlestown families who utilize the Clougherty pool during this summer's pool closure due to construction. "Equitable access to our harbor is a top priority, and I am thrilled to have partnered this summer with Courageous Sailing to provide our Charlestown families with activities to enjoy the Boston Harbor, our underutilized environmental treasure," said Councilor Coletta. "I am in awe of the incredible Boston partners we have working to provide waterfront access and am grateful for the opportunity to bring these programs to Charlestown youth." "The families who have come out sailing have been absolutely thrilled, and it's been really fun to see Charlestown kids experiencing their harbor up close, some for the first time. We look forward to providing even more opportunities in years to come," said Jen Bodde, Director Education Director at Courageous Sailing. For additional information please contact the Office of Councilor Gabriela Coletta by phone at (617) 635-3200 or by email at gabriela.ramirez@boston.gov.

BORNHORST ENROLLS
AT THE COLLEGE OF
THE HOLY CROSS

The College of the Holy Cross is excited to welcome Sasha Bornhorst of Charlestown as a member of the College's Class of 2027. At 825 students, the Class of 2027 includes students from 38 states and territories and 12 nations across the globe. This year's incoming class is made up of 53 percent women and 47 percent men, with 29 percent of students of color and 15 percent as proud first-generation college students. The new Crusaders have distinguished themselves through community service, leadership roles,

and diverse participation in areas like the arts, music and athletics. They arrived on campus and moved into the residence halls on Saturday, August 26th, where they were welcomed to Mount St. James by an enthusiastic purple crew of current students, staff, faculty and alumni. Fall classes began on Tuesday, August 29th. "I am thrilled to welcome Holy Cross' Class of 2027, a vibrant and diverse group of exceptional students," said Holy Cross President Vincent Rougeau. "You chose Holy Cross, where classes are small and the community is vibrant and ready for your contributions. Here, you will be encouraged to speak up and engage. You will have your certainties challenged and perspectives broadened. And trust me, you will thrive." About Holy Cross The College of the Holy Cross, in Worcester, Mass., is among the nation's leading liberal arts institutions. A highly selective, four-year exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Puopolo, Daniel M	Thor, David	6 Shipway Pl #6	\$1,160,000
Milano, Melissa	Cook St 16 LLC	16 Cook St #1	\$720,000
Weinkamp, Anne M	Herald, Gregory P	42 8th St #5307	\$450,000
Catalano, Daniel	Ball, Deborah	84 Bunker Hill St #2	\$585,000

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SU23P1769EA
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Heather Anne
O'Looughlin
Date of Death:
08/18/2020
To all interested persons:
A Petition for Formal Probate
of Will with Appointment of
Personal Representative has
been filed by Robert C. Green
of Charlestown, MA requesting

that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: Robert C. Green of Charlestown, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 09/28/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty days (30) days of the return day, action may be taken without further notice to you. UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: August 18, 2023 Vincent Procopio, Register of Probate 9/07/23 CT

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NATIONAL GUARD

YOU CAN

Residents to participate in Boston Marathon Jimmy Fund Walk

Eight residents from Charlestown will participate in the Boston Marathon® Jimmy Fund Walk presented by Hyundai on Sunday, October 1.

Steph Martin, Marianne Roberts, Sarah Cloutier, Natalie Gallagher, Olivia Gallagher, Jack Gallagher, Matthew Wicker, and David Maurer, along with thousands of other walkers, will participate in the iconic annual event that will unite the community to raise funds to support all forms of adult and pediatric care and cancer research at the nation's premier cancer center, Dana-Farber Cancer Institute. The Jimmy Fund Walk has raised more than \$167 million for Dana-Farber Cancer in its 34-year history, raising a record-breaking more than \$8.8 million in 2022.

"Throughout the past 34 years, the Jimmy Fund Walk has continuously supported life-saving research and cancer care at Dana-Farber.

The 2023 Walk will be held during the Jimmy Fund's 75th anniversary year and will aim to raise \$9 million in the effort to prevent, treat, and defy cancer," said Zack Blackburn, Director of the Jimmy Fund Walk. "This year also marks the 35th annual Jimmy Fund Walk. We are eager to get out on the course and see all our outstanding walkers and teams come together to support this great cause."

The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K walk (from Dana-Farber Cancer Institute's Longwood Medical Campus), 10K walk (from Newton), Half Marathon walk (from Wellesley), and Marathon walk (from Hopkinton).

Whatever route walkers choose, participants will be treated to 10 refueling stations as well as poster-sized photographs of patients – Jimmy Fund Walk Heroes – displayed at each mile and half-mile marker as inspiration. All four routes of the Jimmy Fund Walk will culminate at the Jimmy Fund Walk Finish Line Powered by Schneider Electric. Due to construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Fenway neighborhood for 2023. Walkers should know that distances may be slightly shorter as we finish the walk in front of Fenway Park. The finish line will include a celebration complete with food, music, and a speaking program.

If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by "walking their way" from wherever they are most comfortable—in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Materials to support Virtual Walkers are available.

To register to walk or volunteer (#JimmyFundWalk) or to support a walker, visit www.JimmyFund-Walk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

The Jimmy Fund, celebrating its 75th anniversary in 2023, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, Twitter and Instagram: @TheJimmyFund.

CONSTRUCTION UPDATE

North Washington Street Bridge

The Construction Look-Ahead for the North Washington Street Bridge through September 16 is as follows:

Scheduled Work

- Installation of concrete bridge barriers and sidewalks
- Off-bridge utility work and cutover to permanent bridge
- Off-bridge approach barrier and curb work

Work Hours

- Most work will be done during weekday daytime hours (6:00 a.m. – 4:00 p.m.)

Contraflow Pilot

- The MassDOT-implemented contraflow pilot will continue to be in effect during evening peak traffic (3:00 p.m. to 7:00 p.m.), Monday through Friday.

- Police details, lane markings, temporary barriers, traffic cones, signage, and other tools will be used to control traffic during set up and operation of the contraflow.

Travel Tips

- For everyone using the temporary bridge, please help share the space: walk to the right, walk bikes, and be mindful of people coming from both directions, if

walking in a large group.

Drivers should take care to pay attention to all signage and move carefully through the work zone. Police details, lane markings, temporary barriers, traffic cones, signage, and other tools will be used to control traffic and create safe work zones.

The Tudor Wharf Walkway (under the bridge next to the water in Paul Revere Park) will be intermittently closed for safety during construction operations, with access provided via the Water Street underpass. The Boston Harborwalk under the bridge and eastern/harborside bridge sidewalk remain closed until rebuilt.

The contractor is coordinating with the TD Garden and local police to provide awareness and manage traffic impacts during events. For your awareness, the following TD Garden events are scheduled during this look-ahead period:

- Other Events: Sept. 8 at 7:45 p.m., Sept. 9 at 6:30 p.m., Sept. 11 at 7:30 p.m., Sept. 13 at 7:30 p.m., Sept. 14 at 8 p.m., and Sept. 15 at 7:30 p.m.

BPDA (from pg. 1)

the Project site (the "Building") as a fitness center and inn known as the "Constitution Inn". The Building contains approximately 111,388 sq. ft. of gross floor area. The Proponent intends to acquire the YMCA's leasehold interest in the Project site, with the approval of the BPDA, and to redevelop approximately 90,647 sq. ft. of the Building into 100 units of rental housing, all of which will be

affordable to income or program eligible applicants. The Project will consist of approximately 52 income-eligible rental apartments for households earning between \$30,000-\$83,000 per year, and approximately 48 units that will have a supportive housing component with on-site professional services for eligible residents. These supportive housing units will be reserved for households headed by

women or by veterans. The Proponent also intends to lease back approximately 20,747 sq. ft. of the Building to the YMCA, with the approval of the BPDA, to continue operating their facility and aquatics program. The Proponent intends to submit a formal Project Notification Form in the coming weeks with more details on the Project.

We look forward to working with the BPDA and the Charlestown community, as well as with other City of Boston agencies and elected officials, to advance the Project and contribute to the city's affordable housing supply.

The following project description has been provided by the team:

150 Third Avenue in the Charlestown Navy Yard is currently owned by the BPDA and ground-leased to the YMCA of Greater Boston ("YMCA"). The YMCA has used the existing building on the Project Site (the "Building") as a fitness center and inn known as the "Constitution Inn." The Building's gross floor area is 111,388 square feet. The Planning Office for Urban Affairs and Saint Francis House (collectively, the "Proponent") propose to redevelop approximately 90,647 sq. ft. of the Building into 100 units of rental housing, all of which will be affordable to income or program eligible applicants. The Proponent also intends to lease back approximately 20,747 sq. ft. of the Building to the YMCA to continue operating their facility and aquatics program.

The Beacon Hill Times - beaconhilltimes.com
The North End Regional Review - northendregionalreview.com
The Boston Sun - thebostonsun.com
The Charlestown Patriot-Bridge - charlestownbridge.com

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Half page = 5 col x 6.5" (10.25" wide) \$1,500.00 Full page = 5 col x 13" \$2,500.00

Prior sections are available if you would like to see samples.
Please call or email with questions. Deadline September 13, 2023

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AUCTIONEERS

Boston recognizes International Overdose Awareness Day

Last Thursday Mayor Michelle Wu and the City of Boston recognize International Overdose Awareness Day by bringing attention to the opioid epidemic that continues to harm communities and devastate families. The City extends its heartfelt condolences to everyone who has lost a loved one to a fatal overdose and reaffirms its commitment to expanding access to lifesaving care and harm reduction services and dismantling the stigma associated with substance use disorders and overdose.

In recognition of National Recovery Month, which began on September 1, City Hall will be illuminated in purple this evening in honor of all the lives lost to fatal overdoses. Bridges and government buildings across the state will also be lit in purple as part of this observance. Boston is once again joining with volunteers and State partners in planting 20,000 purple flags at Boston Common to memorialize the lives lost to overdoses over the past decade.

"Today, we grieve individuals who have lost their lives to overdose, honor the resiliency of their loved ones, and celebrate those who are in recovery," said Mayor Michelle Wu. "Boston will do everything we can to support residents experiencing or surviving substance use disorder toward a path of recovery and prevent the tragedies of overdose wherever possible."

Earlier this year, the Boston Public Health Commission (BPHC) issued a reminder to residents about the dangers of opioid use after new data revealed a 7 percent increase in fatal overdoses in Boston in 2022. Equally concerning were the significant racial disparities in overdose deaths and how this crisis is disproportionately harming communities of color. From 2017-2021 in Boston, the leading cause of premature deaths among male Black and Latinx residents combined was accidents, with opioid overdoses accounting for most of these deaths. In 2022, 30% of all opioid-related overdose deaths were among Black individuals and 21% were among Latinx individuals. From 2020-2022, the average annual opioid overdose death rate among Black and Latinx citizens was 66% and 31% greater than white residents, respectively. The City is committed to working with government and community partners in ensuring that harm reduction, treatment, and prevention is accessible to all Bostonians.

Another key factor driving these increases is the toxic drug supply. Fentanyl, a potent synthetic opioid, was involved in more than

90% of opioid-related deaths in both the state and among Boston residents in 2022. The increasing presence of Xylazine, an animal tranquilizer known as "tranq," in the drug supply also heightens the overdose risk due to its oversedation effects.

"The opioid epidemic has had a profound impact on our city. Every community and neighborhood in Boston has felt the pain of a fatal overdose," said Dr. Bisola Ojikutu, Commissioner of Public Health and Executive Director of the Boston Public Health Commission. "We honor the lives tragically cut short by overdoses by continuing to provide critical lifesaving treatment and harm reduction to anyone who is struggling with substance use disorders."

National Recovery Month serves as a platform to honor those living in recovery and underscore the programs and supports available to people experiencing substance use disorder.

The Boston Public Health Commission is partnering across departments and neighborhoods to support the following activities and community events this September:

- MA Recovery Day – State-wide celebration of recovery taking place at Faneuil Hall. September 26.

- Recovery Documentary Series – A collaboration with the Mayor's Office of Arts and Culture and Boston Public Library to show and discuss three documentary films throughout the month.

- Nubian Square Task Force Presents Recovery Day – A community event featuring recovery speakers and food, happening at the Boston Public Library Roxbury branch. September 30.

- LGBTQ+ OD Prevention – Providing an overdose prevention training for the LGBTQ+ community, in collaboration with the Mayor's Office of LGBTQ+ Advancement.

- Trauma Awareness and Support – Sharing social media content that raises awareness about the trauma associated with overdoses and supports available to those who have survived an overdose, or who have lost a friend or loved one to an overdose.

- Calendar – Lifting up events and activities happening across the City. Ongoing throughout September.

To find out more about recovery services and where to seek help, please dial 311 or visit www.boston.gov/recovery. The City of Boston provides an array of services, including treatment referrals, residential programming, overdose

prevention training, and more. If you suspect an overdose, don't hesitate to call 9-1-1 immediately. Fatal overdoses can be prevented through proactive education and harm reduction efforts.

BPHC distributed nearly 15,000 doses of Narcan to residents and community partners in 2022, and outreach workers reverse up to five overdoses a day. Boston EMS responded to 4,245 narcotic related incidents in 2022 and administered Narcan to 2,181 patients. The Commission also hosts training programs to equip opioid users, their families, and health-care providers with the knowledge and skills to prevent, identify, and intervene during a drug overdose using naloxone. For more details on these training programs, please visit our overdose prevention website.

Grief/Trauma Support:

- Louis D Brown Peace Institute – The Peace Institute provides ongoing healing and safe spaces for survivors of homicide, suicide and overdose victims, as well as families of incarcerated and formerly incarcerated loved ones.

- Support After a Death by Overdose (SADOD) – SADOD provides resources, information, and assistance to people throughout Massachusetts who have been affected by the death of someone they care about from a substance use-related cause. SADOD holds a grief support group in Charlestown.

- Learn2Cope - Learn to Cope is a peer-led support network that offers education, resources, and hope for family members and friends who have loved ones affected by substance use disorder.

General Support & Information:

- MA Substance Use Helpline – The MA Substance Use Helpline is the only statewide, public resource for finding substance use treatment, recovery, and problem gambling services. The helpline is available 24-hours a day, seven days a week. Call 800-327-5050.

- MA Behavioral Health Helpline - The Behavioral Health Helpline (BHHL) connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care. All services are free and available 24-hours a day, seven days a week. Call or text 833-773-2445.

- SAMHSA – Opioid Overdose Info – Learn how to prevent, recognize, and treat signs of an opioid overdose.

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Malden Catholic hires Michael Saccomani as varsity boys lacrosse coach

Malden Catholic has hired Michael Saccomani to head its Varsity Boys Lacrosse program, according to Malden Catholic Director of Athletics, William Raycraft.

“Over the years, Malden Catholic has a tradition of leading lacrosse in conference and state standings, and I am extremely excited about having the opportunity to coach lacrosse and work with the team at a very high level,” stated Saccomani. “I look forward to elevating the program and bringing Lancer lacrosse back to its rich and prominent roots.”

Michael Saccomani has a long and successful history in lacrosse which includes leading Western New England University as a captain and playing goalie, earning 1st Team All Western Mass and 1st Team All-League status and assisting his team in becoming Commonwealth Coast Conference (CCC) Champions. His elite play history earned him an opportunity to play professionally.

Since his playing days, Saccomani has directed his passion for lacrosse into coaching where he most recently was the Associate Head Hockey Coach and

Defensive Coordinator for Bishop Fenwick High School and Head Coach at 3D Club Lacrosse. He also spent several years as a graduate assistant coach at Western New England University where he was a goalie coach, leading the nation in saves, defensive coordination and recruiting coordination. In addition, he ran the university’s strength and conditioning program.

According to Raycraft, “Coach Saccomani emerged out of a great pool of applicants. He is an educator who has a deep and thorough knowledge of lacrosse and under-

stands the balance required to be a successful student and competitive athlete. He has a driving energy that inspires players and will serve to restore the winning tradition MC Boys Lacrosse program.”

Since 1932, Malden Catholic High School has shaped emerging leaders in our community, claiming a Nobel Laureate, a Senator, two ambassadors and countless community and business heads among its alumni. Annually, graduates attend some of the nation’s most renowned universities including Harvard, Princeton, Dartmouth, University of Chicago, Georgetown, Cornell, Brown, Tufts University, Carnegie Mellon, Duke, Notre Dame, Northeastern University, Boston College and College of the Holy Cross, just to name a few. Foundational to student success is Malden Catholic’s codivisional model which offers the best of both worlds, single-gender academics during the day and integrated social and



Michael Saccomani.

extracurricular opportunities after school. Malden Catholic is known in the community for its rigorous academics, SFX Scholars Program and award-winning STEM program. Malden Catholic curricula is designed to improve individual growth mindset, leadership principles and success outcomes along with integrating the Xaverian values of trust, humility, compassion, simplicity and zeal. <https://www.maldencatholic.org>



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