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THURSDAY, MARCH 9, 2023

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CHARLESTOWN

PATRIOT-BRIDGE



Derek Kouyoumjian photo

The ribbon is cut by Tedy's Team Communications Director Allison Gianfelice and Executive Director Elizabeth Perry Tirrell, Tedy Bruschi and his wife Heidi Bomberger Bruschi, Kimberly Erler OT PhD, Associate Professor and Occupational Therapy Director at Tedy's Team Center Of Excellence in Stroke Recovery, MGH Institute Of Health Professions President Paula Milone-Nuzzo, MGH Chief Nurse Emirita Jeanette Ives Erickson, and CBS Boston Sports Director Steve Burton. More photos on Pages 8 and 9.

Tedy and Heidi Bruschi help open new Center of Excellence in Stroke Recovery

Special to the Patriot-Bridge

In front of a packed audience nestled in the second-floor lounge of the Sanders IMPACT Practice Center, the excitement was palpable. In just a few moments, MGH Institute of Health Professions would officially be partnering with one of the most well-known stroke survivors in the country and the charitable organization he co-founded with his wife.

Then came the countdown, the ribbon cutting by oversized gold-colored scissors, and the cheers of excitement by friends, stroke survivors, fundraisers, researchers, and members of the IHP community. The Tedy's Team Center of Excellence in Stroke Recovery at MGH Institute of

Health Professions became official during a ribbon cutting ceremony on March 2.

The Center was made possible thanks to a \$1 million gift by Tedy's Team, the charitable entity that uses running as a platform for stroke awareness and philanthropy. It was co-founded by former New England Patriot great Tedy Bruschi and his wife Heidi after Tedy suffered a stroke at the age of 31. Through his rehabilitation, Bruschi made a stunning return to professional football. The Bruschis are hoping fellow stroke survivors being assisted at the MGH Institute will have the same opportunity for a comeback as Tedy received.

"It's amazing," said Heidi Bruschi. "The people, the standard of care, the love and the support

that they offer these clients. There is no set time frame and for each one of them, it's different. To be able to come here for as long as needed, it's really special and it's really important. Your care doesn't end when your insurance says it does."

The partnership with the IHP came from a relationship that began almost 20 years ago. When Bruschi began rehabilitation, he worked with IHP assistant professor of physical therapy Anne McCarthy Jacobson, who was also working at Spaulding Rehabilitation Hospital. Tedy Bruschi credits McCarthy Jacobson as critical to him getting back on the field. The Bruschis have stayed in touch with

(TEDY Pg. 8)

Coletta discusses council work at CNC meeting

By Cary Shuman

Boston City Councilor Gabriela Coletta discussed her work for Charlestown residents during a scheduled appearance at the Charlestown Neighborhood Council monthly meeting Tuesday at the Knights of Columbus Hall.

It was an impressive 80-minute performance by the dynamic, first-term city councillor who accentuated her accomplishments and goals and then fielded several questions from CNC members and residents on a wide range of topics.

"It's always a pleasure to be here in front of the Charlestown Neighborhood Council," began Coletta, who represents Charlestown, East Boston, and the North End on the Boston City Council. "It's been an honor and a privilege to represent this neighborhood. I want to thank you all so much for your support over the last ten months and holding me accountable which is what you're supposed to of your elected officials."

Coletta spoke about some of

(COLETTA Pg. 2)

Mayor of Charlestown Race starts soon

Special to the Patriot-Bridge

The annual Mayor of Charlestown race, the only election you can buy is quickly approaching!

The object of the Mayor of Charlestown race is to raise money for the 2023 Bunker Hill Day Parade and All Roads Charlestown. The proceeds will be used to sponsor bands and floats by All Roads.

The Eligibility Requirements for Candidacy in the Mayor's

Race are:

Must be at least a five year resident of Charlestown.

Must be at least 21 years of age or older.

Must attend The Bunker Hill Block Party on June 10.

Must march or ride in the Bunker Hill Day Parade on June 11.

All interested in participating must submit their names to All Roads Charlestown at

(RACE Pg. 2)



Our 02129 Senior Page See Page 7

Charlestown Marina wins Large Marina of the Year

Charlestown, MA: Charlestown Marina has been named Large Marina of the Year by Marina Dock Age Magazine. This prestigious national award is the result of a competitive process for marinas across the United States with over 250 slips. The marinas are judged on their management, engineering, marketing, community service, and environmental initiatives.

The marina staff traveled to Nashville, TN in December of 2022 to attend the annual Docks Expo and accept the award. The full-length article has just been published in Marina Dock Age's March 2023 Issue.

"We are honored to receive this recognition from Marina Dock Age. We took over the property, which was shut down by the State, and we completely rebuilt it - transforming it from being the worst marina in the country to one of the very best. We appreciate the support of the permitting agencies, waterfront advocacy groups, industry partners, and our Charlestown neighbors to create this wonderful community asset and boating destination" said

owners Ann and Chuck Lagasse.

Charlestown Marina, prior to being owned by Ocean Havens, LLC, was condemned by the Massachusetts Department of Environmental Protection. Since the marina came under new ownership in 2014, the facility has undergone a complete transformation. They have created a new world-class destination on Boston Harbor and now welcome vessels up to 600' in length from around the globe.

About Charlestown Marina: Located in the historic Charlestown Navy Yard, Charlestown Marina contains 371 slips to accommodate vessels up to 600' in length. The marina invites the public to enjoy over 2,880 feet of harbor walk, complete with comfortable furniture, historic interpretive signage, beautiful flowers, and sweeping harbor views. Charlestown Marina is owned by Ocean Havens, LLC, and has sister properties that include Boston Yacht Haven Inn & Marina, Fan Pier Marina, Boston Harbor Shipyard and Marina, and Provincetown Marina.

CHARLESTOWN BEAT

COMMUNITY ROOM: The 2nd floor Community Room at 20 Vine St. is available to neighborhood groups for meetings.

Please call Christine Vraibel at 617-343-4627 or email christine.vraibel@pd.boston.gov to reserve.

POLICE RELATED INFO: Contact the District A-1 Community Service Office at 617-343-4627.

Vandalism

02/22/2023 – At about 12:47 p.m., officers responded to a radio call for an assault and battery in progress at Bunker Hill Industrial Park.

Upon arrival, police spoke with an individual who stated he was sitting in his work Bobcat when the suspect started "freaking out." The victim said the suspect came up to the Bobcat, started banging on the glass, and then threw a rock at it, shattering the left side. Officers observed the stone and shattered glass on the ground. All parties involved stated they did not want to press charges and preferred to handle things through their companies.

Motor Vehicle Accident - Involving Pedestrian

02/24/2023 – At approximately 1:45 p.m., police responded to a radio call for a pedestrian stuck at the intersection of Cambridge Street and Maffa Way.

On arrival, the officer spoke to the victim, who said she was struck from behind by a motor vehicle while crossing the junction heading towards Route 99 inbound. The vehicle's operator stopped to see if she was alright and also provided the victim with his information. The officer asked the victim if she would like to be seen by EMS or go to the hospital, but she refused, saying she just had pain in her left hip and arm.

The District A-1 Auto Investigator was expected to further investigate the incident.

COLETTA (from pg. 1)

her top priorities on the Council, including housing affordability, climate resiliency, ensuring excellence in Boston schools, and providing efficient and effective municipal services for residents.

Coletta drew applause from the audience when she highlighted her work in a food recovery program that takes "safe-to-consume foods from places such as Shaw's and Whole Foods and we give it directly to the folks who are on the ground and distributing food in record time."

Addressing the issue of housing affordability in Charlestown, Coletta said, "In my individual conversations with developers, I'm pushing them and telling them you need more affordability for the folks of Charlestown that is actually affordable. I am pushing developers and builders in this community to build for folks who live here and want to stay here. That's a priority of mine."

Speaking about the Clougherty Pool, Coletta said it was an honor to stand shoulder-to-shoulder with residents last summer to demand oversight and transparency on the abrupt closure of the pool.

"Together we were able to deliver an investment of \$30 million for this iconic anchor space so that future generations of Charlestown families can enjoy it for years to come," wrote Coletta in her annual report for 2022.

A member of the CNC asked if there could be new summer programs established in Charlestown during the time that the pool is being renovated. Coletta pledged to work with residents to create recreational alternatives for Charlestown youth.

Dr. Gerald Angoff, a Charlestown resident who attended the meeting, said that he was "extremely impressed" by Coletta's presentation.

"I think she listened well and



Charlestown Neighborhood Council Chair Tom Cunha welcomes Boston City Councilor Gabriela Coletta to its monthly meeting Tuesday at the Knights of Columbus.

answered questions that were targeted and appropriate," said Angoff.



Boston City Councilor Gabriela Coletta joins members of the Charlestown Neighborhood Council for a photo before Tuesday's monthly meeting.

RACE (from pg. 1)

CtownMayor02129@gmail.com no later than March 31.

Rules of the Race:

Candidates will sell official "Charlestown Mayor" ballots for \$1.00 each.

Candidates are allowed to sell ballots from April 1 thru June 8.

Candidates are encouraged to sell as many ballots as possible, by any means necessary. Get Creative! There is no limit as to how many ballots one person can purchase.

Each ballot purchased will enter the buyer into a raffle for cash prizes:

First Place: \$500.

Secondnd Place: \$250.

All Candidates are responsible for their own ballots and the return of all monies received through sales and any unsold ballots. Failure to do so will result in disqualification.

All ballots sold will be submit-

ted in cash to the committee.

All Candidates are strongly encouraged to attend all Charlestown Pride Week events.

The Candidate with the most ballots sold will receive the title of "Mayor of Charlestown" for the term of 1 year, starting in June 2023 to June 2024.

In addition to being declared the Mayor of Charlestown, the Winner will also receive 30% of their ballot sales as a Grand Prize.

In the event that the elected Mayor is unable to fulfill their duties, the committee will also be selecting a first runner up, who will receive 10% of their ballot sales as a prize.

Winners can also donate their prize money to a local Charlestown charity or organization.

The Winner will be announced at the Bunker Hill Block Party on June 10.

(We will also be streaming it live on Facebook @ All Roads Charlestown)

Mayoral Duties Include:

The new Mayor must attend at least 3 Charlestown non-profit fundraisers throughout their term.

They must attend Townie Santa.

Volunteer at least once at Harvest on Vine.

Must attend the 2024 Townie Toast.

Must attend all 2024 Charlestown Pride Week events as well as The Bunker Hill Day Block party.

Note: The "Mayor of Charlestown Committee" has the right to disqualify any candidate who does not abide by the rules.

The Mayor of Charlestown Committee is composed of the following residents Erica Walsh , Aileen Gorman and Sean Boyle.

Applications for the 2023 Lt. Michael P. Quinn Scholarship now available

"Some people spend an entire lifetime wondering if they made a difference. The U.S. Marines don't have that problem."
~ Ronald Reagan

Applications are being accepted for the 54th annual Lt. Michael P. Quinn Scholarship and the winner will receive \$16,000 for the first year of college and \$8,000 the second year. The application form must be received by April 15, 2023 and can be downloaded at www.quinnscholarship.org. The criteria includes promise of academic success, athletic achievement, responsible citizenship, and financial need.

Banquet set for April 1, 2023...

The annual Quinn Scholarship banquet will be held at the Knights of Columbus Hall, 545 Medford Street, Charlestown on Saturday, April 1, with dinner prepared by Sandra McLaughlin and entertainment provided by Alan La Bella. Ticket cost is \$50 and can be purchased by E-Mail at maryfitzpatrick10@comcast.net or you can contact Ronan FitzPatrick by phone at (617) 242-5493.

2022 Quinn Scholar Elle M.

Woods, a Boston Latin graduate who is matriculating at Northeastern University Bouve School of Nursing, will be recognized and the event program will be dedicated to Jack "Sugar" Whelan, a "Townie" icon who gave much for the betterment of our community. Featured speaker for the evening will be U.S. Marine Corps Brigadier General Kyle B. Ellison, Vice Chief Officer of Naval Research.

The ultimate sacrifice...

AUGUST 29, 1969: As "H Company" platoon leaders huddled in the darkness of the Quang Nam Province in South Vietnam, U.S. Marine Corps Lt. Michael Quinn was tasked with leading his infantry unit on a reconnaissance mission to seek a water supply and identify enemy troop movement. Stealthily executing their directive, Quinn and his troops happened upon a large invading enemy force heading in the direction of "H Company." Realizing that the only way to alert his fellow marines of the dire situation was to draw fire on his position, Quinn dispatched members of his unit back to "H Company" and engaged

the enemy. While that fateful decision resulted in Lt. Michael Quinn making the "ultimate sacrifice," it also prevented the loss of many lives.

Fellow Marine John Krga recalls: "I had the honor and privilege of serving under Lt. Mike and remember that fateful day all too well as a group of us volunteered to retrieve him, hoping he was still alive. I am not surprised to see that Mike's memory lives on through the people he touched just as he lives on in me."

Lt. Michael P. Quinn was recognized for his bravery and awarded a Bronze Star and Purple Heart and is honored on Panel 18W, Row 8 of the Vietnam Veterans Memorial in Washington D.C.

A life remembered...

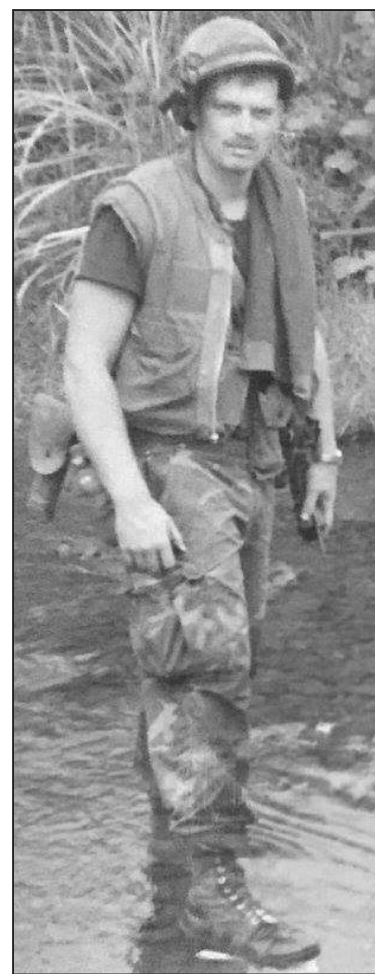
Noted for his academic and athletic achievement, Michael Quinn accomplished so much in his 23 years. He was a product of his Walford Way, working-class upbringing where looking out for your neighbor, respecting elders, hard work and "having your friend's back" were ingrained in him at an early age.

Michael graduated from Boston

Latin High School and the College of the Holy Cross where he captained the football and hockey teams and achieved Hall of Fame status at both institutions establishing a reputation as a ferocious competitor.

After graduating from college, Michael attended Officer Training Academy in Quantico, Virginia and finished first in his class. He was commissioned a second lieutenant in the U.S. Marine Corps in 1968, assigned to "H" Company, 2nd Battalion, 1st Marine Division and deployed to Vietnam.

To continue Mike's legacy, the Lt. Michael P. Quinn Scholarship was established in 1969 by his friends (most notably Eddie Johnson, Stephen Driscoll and Ronan FitzPatrick) and family and nearly \$250,000 has been awarded to "Townie" high school graduates looking to pursue a college education. While the anguish of Michael's loss is still palpable so many years after his passing, the inspiration of his legacy - recounted annually by Quinn Scholarship committee members and esteemed guest speakers - is truly special.



Lt. Michael P. Quinn.

Wu and LGBTQ+ advancement announce launch of AmplifyGSA

Special to the Patriot-Bridge

Mayor Michelle Wu and the Mayor's Office of LGBTQ+ Advancement announced the launch of AmplifyGSA, a new initiative to promote, support, and protect Genders and Sexualities Alliances (GSA) in Boston Public schools. This program will officially launch tonight with support from the Boston Celtics and TD Bank at the "Celtics Pride Night" game. The Mayor's Office of LGBTQ+ Advancement will host the AmplifyGSA Youth Summit

on May 21, 2023 at Boston Arts Academy.

"In Boston, we're committed to protecting and promoting our LGBTQ+ communities and the rights, dignity, and humanity of all our residents," said Mayor Michelle Wu. "Currently only a handful of our schools have a Genders and Sexualities Alliance, so we're launching our new program, AmplifyGSA."

"It is our duty to provide a safe space for all of our young people and having GSAs in our schools is a proven holistic way to create the spaces needed to help our

youth not just survive, but thrive." said Mayor's Office of LGBTQ+ Advancement Executive Director Quincey Roberts Sr. "With many parts of this country telling our kids they are not enough, here in Boston we have to show they are MORE than enough!"

Through AmplifyGSA, Mayor's Office of LGBTQ+ Advancement, in partnership with Boston Public Schools, is developing relationships with school communities across the city to learn about what LGBTQ+ students need in order to feel more supported in their school. This program will highlight Gen-

ders and Sexualities Alliances, student-run school groups that unite LGBTQ+ and allied youth to build community and organize around issues important to them, in Boston schools. AmplifyGSA builds connections across differences by engaging with LGBTQ+ youth and their allies, teachers, school administrators, and families.

"We are proud to expand our partnership with the Boston Celtics, under Mayor Wu's leadership, and the City's Office of LGBTQ+ Advancement to launch AmplifyGSA, endeavoring to increase the number of GSAs across our

schools," said Boston Public Schools Superintendent Mary Skipper. "Every student, family, and staff member should be celebrated and fully accepted for who they are and their unique contributions to our classrooms and district. Every aspect of each person's identity, experiences, culture, and talents enriches our learning community and we are committed to making every effort to welcome and affirm each individual and group, particularly members of groups that have

SEND US YOUR NEWS

The Patriot-Bridge encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151.

We also encourage readers to e-mail news releases and photos to deb@reverejournal.com.

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EDITORIAL

SPRING FORWARD THIS SUNDAY

This Sunday, March 12, marks the start of Daylight Savings Time when we set our clocks ahead an hour.

Yes, we lose an hour of sleep, but the time for sunset magically will move from 5:46 PM on Saturday to 6:48 PM on Sunday, giving us an extra hour of daylight in the evening. (Conversely, we lose an hour of daylight in the morning because sunrise also moves up an hour, from 6:01 AM on Saturday to 6:59 AM on Sunday.)

Even though Daylight Savings Time has occurred in March for quite a few years, for those of us who grew up when Daylight Savings Time did not begin until mid-April, the earlier start to the Daylight Savings season is a bit jarring.

When Daylight Savings began in April, it was a sure sign that spring was in the air and that summer was around the corner. It also coincided with the start of the Little League season, another harbinger of summer.

But with Daylight Savings now coming in mid-March, when the weather is still chilly, Daylight Savings occurs when the weather is not even remotely spring-like.

Still, we're happy to have that extra hour of daylight in our evenings. The weather may not be great, but at least it's bright at 7:00 PM -- a signal that although spring may not quite have arrived, winter surely is fading fast.

MARK YOUR CALENDARS -- THE REVERE BEACH SAND SCULPTING FESTIVAL IS JULY 28-30

Speaking of the coming summer season of 2023, the Revere Beach Partnership, in coordination with the City of Revere and the Department of Conservation and Recreation, recently announced that the 19th Annual Revere Beach International Sand Sculpting Festival, one of the premier events of the summer season in Greater Boston, will take place from July 28-30.

The theme for this year's event will be "Celebrating 90 Years of Kong" and will feature a centerpiece sand sculpture highlighting an epic King Kong battle. The event's signature master sand sculpting competition will feature 15 master sand sculptors, three days of live entertainment, gourmet food trucks, specialty food vendors, exhibitors, and amusement rides, as well as some special King Kong-themed surprises that will be announced closer to the event.

As always, the festival promises to be fun for everyone, regardless of age, and will be a family-friendly event.

Revere Beach proudly is America's oldest public beach and has been undergoing a new Renaissance-era in the past decade and the festival will give long-time residents of the Boston area an opportunity to see firsthand the transformation that has occurred in recent years.

With good weather, the festival could attract up to a million people. Fortunately, the Blue Line has a stop at Revere Beach (and at Wonderland) and offers the best means of transportation for visitors.

So mark your calendars now to be sure to check out what has become one of the most-anticipated events of the summer season in the Greater Boston (and beyond) area.

The Independent Newspaper Group reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Independent Newspaper Group publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Independent Newspaper Group. Text or attachments emailed to editor@reverejournal.com are preferred.

GUEST OP-ED

Working together, an essential for every family

Dr. Glenn Mollette

I was not quite five years old when I stood, looking up the steps to our upstairs, yelling "Mommy hurry, Mamaw is dying." My grandmother Ina Hinkle and aunt Maude Hinkle were in the room trying to comfort my Mamaw Mollette. Throughout the morning she had been sick. She had complained about pain and Grandma Hinkle and Aunt Maude were constantly rubbing her arms trying to comfort her.

Life was different back in that day. My dad had driven our only car to West Virginia to work his shift in the coal mine. We didn't have a hospital in our county and Doc Ford was the lone medical doctor. He routinely had 10 to 20 people waiting to see him.

We didn't have a paramedic unit in Martin County. Our local funeral home would take people to the hospital in their hearse but there was no medical care rendered on the way. I got that ride twice. Once, when I split my head open playing with a first cousin. The second time was after a bad car wreck while driving my first old Chevelle to high school.

We didn't have a telephone at that time. We didn't have a telephone until I was nine years old and then it was an eight-family party line. Thus, there was no way my mother could call for help or drive to ask for help for my Mamaw.

Racing down the steps to my plea and the calls of Grandma Hinkle and Aunt Maude, who were now calling in unison with me to my mother Eula, "Come Eula, she is dying!" As we gathered around Mamaw's bed we stood as she breathed her last few

breaths and departed her body to be with Jesus. There wasn't anything else we could do but cry as we held to her lifeless body.

The words of those Saintly women standing in the room that day were "She is now with the Lord."

My sister Wanda recalls she was a junior in high school at that time. There were semester tests that particular day at school. "Mamaw asked me not to go to school that day saying, 'Don't go, I'm going to die today.'" As many of us would probably reply, she said "Mamaw, you aren't going to die. You're going to be fine." As we age, we know our bodies and we know when things have changed. Mamaw knew it was her last day.

When my dad came home from the coal mine, he went into Mamaw's room where her body lay and bent over and hugged her. A little later the funeral home came for her body.

The funeral home brought her body back to our house where her casket and flowers were placed in a bedroom just off from our living room. Many family members and friends visited our house the next couple of days.

Mamaw Mollette's husband, my grandfather Lefe, whom I never met, died about a year or so before my dad and mom married. For the next 19 to 20 years, I don't know the exact number, Mamaw Mollette lived with Mom and Dad and our family. She visited for weeks with her other sons who lived in West Virginia but most of her time was spent with us. I got less than five years with Mamaw but my two sisters and two broth-


ers spent many years with her.

We grew up in a small house with one bathroom. There were eight of us living in the house. We only had four small bedrooms and a hallway with a twin bed. We had guests all the time. Very often other family members were visiting and my mother worked nonstop to feed and take care of everybody. Looking back, I wonder how Mom and Dad were able to keep it all together. I was on the tail end of the family so being worried about access to the bathroom and space wasn't much of a concern at that stage.

My hat is off to my dad and mom for making a place for Mamaw all those years. They worked together. Life was not always easy but it was all we knew and we did the best we could. Mom and Dad stayed together for over 60 years and both are now buried in the garden where they worked together for most of their lives.

The point of all this is that families can make it if they will work hard, love each other, and be very patient. Every family has ups and downs. No family is perfect. No one lives life without problems and troubles. Treating each other with love and respect, and everyone working together are essentials for every family.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.



CHARLESTOWN

PATRIOT-BRIDGE

THE CHARLESTOWN PATRIOT-BRIDGE,

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LETTER to the Editor

EARTH DAY EVENT

To the Editor,

Once again, the Pier 5 Association will be hosting an Earth Day event on the 22nd of April from 12-3 p.m. at Pier 5 in the Navy Yard.

There will be many new venues regarding what we all can do to "Invest in Our Planet", the theme of this year.

There will be many children's activities as well as entertainment, refreshments, and opportunities to learn about current initiatives at this event.

We all must be concerned about climate change and prepare for the future for our next generations.

It is wonderful to witness the younger generation advocating for their future and we all need to step up to the plate to support and encourage their involvement.

Please save the date, April 22, meet your neighbors and help with suggestions and ideas to keep our planet healthy and a happy place for all.

Please sign up to volunteer: setting up, cleaning up, helping distribute flyers. Email dianavelle@gmail.com.

Please donate: <https://pier5.org/#contribute>.

Help pay for the "Love Dog" live band (a big hit last year), displays and refreshments.

Invest in the fun of your community!

Pier 5 Association

HIGH-QUALITY HOUSING THAT IS AFFORDABLE

To the Editor,

After having shared our initial proposal for The Helm on Third permanent affordable housing project, we have been holding small-group meetings to listen and respond to feedback from residents of Charlestown. Since our first public meeting, we have made adjustments to the plan for the project, including the makeup of residents for the project, and have been sharing these plans, listening to feedback, and responding to questions from community members.

As part of this community outreach process, we're having small-group meetings to encourage meaningful dialogue, with up to 20 people at a time in attendance. Anyone who is interested in participating in one of these Zoom discussions can sign up at the below link: <http://bit.ly/helmonthird>

Once folks sign up for a meet-

ing, they'll receive an Outlook invitation with a Zoom link for that particular time slot. This Zoom link will be for those who have signed up for that time slot, so we advise them not to forward this link, as only those who have signed up for that time slot will be admitted to the Zoom meeting. If others would like to participate in a meeting, they should sign up for another meeting at one of the other time slots offered.

It continues to be more than our hope, but our commitment, that we will continue to engage in a dialogue that clarifies information, incorporates feedback, and embraces full, fair and transparent public meetings. We have worked with the Charlestown Neighborhood Council to schedule a large-group in-person meet-

ing in April, after these small-group meetings throughout the month of March. This meeting will be held on Thursday, April 13th. We are working with the CNC to confirm a location for this meeting; once confirmed, we will widely publicize the details so that as many community members can join as possible.

Together, with your support, we have an opportunity to make an even stronger community by creating high-quality housing that is affordable and brings to those who need it the dignity, peace and stability that only a home can provide. We appreciate all of the feedback we have received so far, and look forward to more meetings with the community to review our revised proposal and answer everyone's questions.

Karen LaFrazia,
President St. Francis House
William Grogan,
President The Planning Office
for Urban Affairs

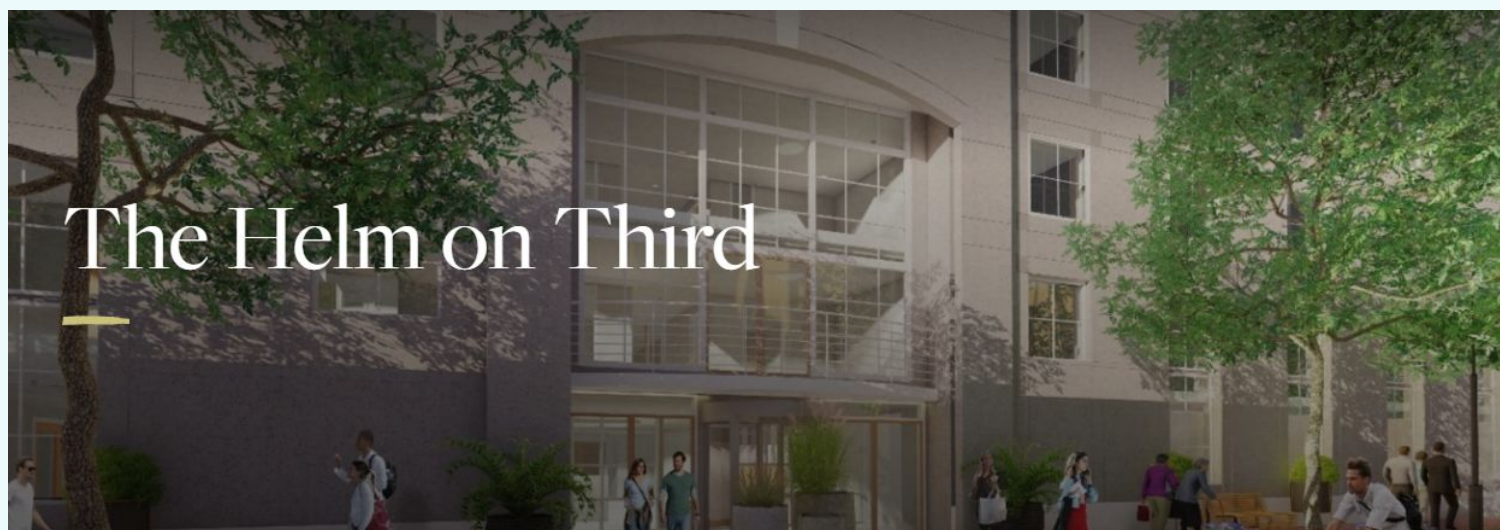
We are fighting for a fair say in the future of our community, so our residents and visitors can experience the best of our neighborhood today and tomorrow.

It has now come to our attention that the YMCA, the Planning Office for Urban Affairs, and St. Francis are holding private meetings regarding the Constitution Inn (Helm on Third) project behind closed doors without any opportunity for full community public comment or scrutiny. The community is entitled to know how certain groups and individuals were chosen to receive an invitation. Some of the invited attendees we spoke to suggested that there might be a new proposal, but that proposal has yet to be made

(LETTERS Pg. 6)

THE HELM ON THIRD COMMUNITY MEETINGS

REGISTER FOR UPCOMING DISCUSSIONS VIA ZOOM



As part of our community outreach process, St. Francis House and the Planning Office for Urban Affairs are having small-group meetings to encourage meaningful dialogue about current plans we're proposing for The Helm on Third, with up to 20 people at a time in attendance. Anyone who is interested in participating in one of these Zoom discussions can sign up at the link here:



<https://signup.com/go/CtVxkKF>



St.
Francis
House
Rebuilding Lives.



Planning Office
for Urban Affairs
ARCHDIOCESE OF BOSTON

For more information, please reach us by email: thehelmonthird@STFRANCISHOUSE.ORG

BHCC hosts a compelling conversation with author and producer Sonia Manzano

Sesame Street cast member, and producer, author, and activist, Sonia Manzano, will talk about her career and new book, “Coming Up Cuban.”

Bunker Hill Community College’s (BHCC) Compelling Conversations, a multi-decade speakers series featuring leaders at the forefront of equity and justice across a spectrum of fields and perspectives, continues its 2022-23 season with a conversation with best-selling author and producer Sonia Manzano on the BHCC Charlestown campus, Thursday, March 9, 2023, at 1 p.m.

The conversation will be facilitated by BHCC Associate Vice President and Chief Equity and Compliance Officer Nahomi Carlisle, Esq. All Compelling Conversations—are free and open to the public with registration on the BHCC website at bhcc.edu/cc.

Compelling Conversations are open to media, however recording (audio/video) is prohibited



Courtesy Image

Sonia Manzano.

without advanced permission from the College. Requests for interviews must be made through the College. To RSVP, please contact Brendan Hughes, Director of Public Relations, at brendan.hughes@bhcc.edu, or (617) 228-3402.

For over 40 years, Sonia Manzano inspired, educated, and delighted children and families as “Maria” on Sesame Street.

Named among the “25 Greatest Latino Role Models Ever” by Latina Magazine, Manzano broke ground as one of the first Hispanic characters on national television. Throughout her career, she has continued to contribute to enriching diversity on television, on the stage, and in the educational realm. A first generation American of Latin descent, Manzano’s tale is one of perseverance and courage as she overcame countless obstacles to become one of the most influential Latinas in television. Manzano was raised in the South Bronx, where her involvement in the arts was inspired by teachers who encouraged her to audition for the High School of Performing Arts. She was accepted there and began her career as an actress. A scholarship took her to Carnegie Mellon University in Pittsburgh, and in her junior year, she came to New York to star in the original production of the off-Broadway show *Godspell*. Within a year,

Manzano joined the production of Sesame Street, where she eventually began writing scripts for the series. She was thrilled to help write the story line for “Maria’s” marriage and birth of “Maria’s” baby, played for a while by Manzano’s real-life daughter Gabriela. Recently, Scholastic and Manzano partnered to launch two middle-grade novels and two picture books. Some of Manzano’s other books include her memoir, *Becoming Maria: Love and Chaos in the South Bronx* (Scholastic), and a Christmas picture book, *Miracle of 133rd Street* (Simon & Schuster). *Becoming Maria* was praised by Kirkus Reviews for its “lyrical and unflinching account of her tough Nuyorican upbringing in the South Bronx,” and calls it a “touching memoir.” Kirkus Reviews says, “Manzano lovingly details life-changing moments,” with a “stark and heartbreaking contrast to her Sesame Street character.” Manzano’s latest book is

A World Together, which aims to promote unity by celebrating cultural and generational diversity. Her upcoming book, *Coming Up Cuban*, will be out in April of 2022. *Coming Up Cuban* is set in 1959 and follows the lives of four children who each represent different intersections of race and class in Cuba.

Bunker Hill Community College is the largest community college in Massachusetts, enrolling approximately 16,000 students annually. BHCC has campuses in Charlestown and Chelsea, and a number of other locations throughout the Greater Boston area. BHCC is one of the most diverse institutions of higher education in Massachusetts. Sixty-five percent of the students are people of color and more than half of BHCC’s students are women. The College also enrolls nearly 600 international students who come from 94 countries and speak more than 75 languages.

LETTERS (from pg. 5)

official. The nature of these meetings does not reflect the principles of inclusive and democratic decision-making. Therefore, to restore clarity and provide information to everyone in the community, we request a townwide public meeting with the YMCA, the Planning Office for Urban Affairs, and St. Francis regarding the proposed Constitution Inn project, 150 3rd Ave, Charlestown, MA 02129.

There are proponents, opponents, and many who just want clear, concise, and accurate information in order to make an informed opinion. Unfortunately, no one has accurate information, and a lack of transparency on the part of the developers does not work to establish trust in the community which is required. Therefore, we respectfully request you hold a townwide public meeting that adheres to the following terms:

1. The meeting must occur before the project’s filing with the BPDA to ensure the community can provide feedback and voice its concerns about the development plans.

2. The meeting should include a detailed presentation of the proposed project, including all

relevant plans, specifications, and details regarding both the property and all its proposed uses, which will be implemented at the premises.

3. The meeting should be held in person, with live Q&A, to allow for a direct and constructive dialogue between the presenters and the community.

4. We recommend that an independent 3rd party moderates the meeting so that all voices are heard, and the discussion remains respectful, informative, and relevant.

5. The community must receive adequate notice of the meeting at least two weeks in advance and in multiple formats, including the press, the internet websites of all parties, and public service announcements in the Patriot Bridge, to reach as many residents as possible.

We believe these terms are reasonable and essential for achieving a shared vision that reflects our community’s needs, aspirations, and values. We look forward to your response and collaboration in this process.

Sincerely,

Nancy Mara-Aldrich
Rosemary Macero

Feb. State revenue collections total almost \$2B

Massachusetts Department of Revenue (DOR) Commissioner Geoffrey Snyder today announced that preliminary revenue collections for February totaled \$1.979 billion, \$163 million or 9.0% more than actual collections in February 2022, and \$49 million or 2.5% above benchmark.1 February 2022 revenue collections were impacted by the elective pass-through entity (PTE) excise. After adjusting for PTE excise, February 2023 collections are \$171 million or 9.5% above actual collections in February 2022, and \$1 million or 0.05% less than benchmark.

FY2023 year-to-date collections totaled approximately \$23.651 billion, which is \$37 million or 0.2% less than collections in the same period of FY2022, but \$999 million or 4.4% above the year-to-date benchmark. After adjusting for PTE excise, FY2023 year-to-date collections are \$1.058 billion or 4.7% more than collections in the same period of FY2022 and \$572 million or 2.5% more than the year-to-date benchmark.

“February collections increased in withholding, sales and use tax, and ‘all other tax’ in comparison to February 2022,” Commissioner Snyder said. “These increases

were partially offset by decreases in non-withholding income tax. The increase in withholding is likely related to labor market conditions and the increase in sales and use tax reflects, in part, continued strength in retail sales. The increase in ‘all other tax’ is primarily attributable to estate tax, a tax category that tends to fluctuate.”

February has historically been the lowest month for revenue, contributing less than 6% of annual collections. Neither individual nor business taxpayers are required to make estimated payments during the month. February is also the month in which refunds reach substantial levels as the tax filing season begins.

Details:

- Income tax collections for February totaled \$972 million, \$47 million or 4.6% below benchmark, but \$55 million or 6.0% more than February 2022.

- Withholding tax collections for February totaled \$1.309 billion, roughly equal to the benchmark, and \$81 million or 6.6% more than February 2022.

- Income tax estimated payments for February totaled \$26 million, \$3 million or 14.0% more than benchmark, but \$14 million

or 35.0% less than February 2022.

- Income tax returns and bills for February totaled \$71 million, \$10 million or 16.1% more than benchmark, and \$16 million or 29.4% more than February 2022.

- Income tax cash refunds for February totaled \$433 million in outflows, \$60 million or 16.2% above benchmark, \$28 million or 6.9% more than February 2022.

- Sales and use tax collections for February totaled \$674 million, \$71 million or 11.7% above benchmark, and \$70 million or 11.6% more than February 2022.

- Meals tax, a sub-set of sales and use tax, collections for February totaled \$99 million, \$24 million or 31.9% above benchmark, and \$22 million or 29.0% more than February 2022.

- Corporate and business tax collections for February totaled \$48 million, \$16 million or 48.1% above benchmark, \$2 million or 4.1% more than February 2022.

- “All other tax” collections for February totaled \$284 million, \$10 million or 3.5% above benchmark, and \$36 million or 14.6% more than February 2022.

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Our Senior Life

Starting Your Own Business

More and more Americans aged 55-64 are starting their own businesses, giving meaning and purpose to a period that used to be defined by rocking chairs and sunsets. But as always, smart financial planning and a solid business forecast are a must.

LOOK AT THE BIG PICTURE

The first thing to do, even before deciding whether to bring your new goods or services to market, is putting your future plans in perspective. How active do you intend to be, in particular once you reach retirement age? Do you have any health concerns? Did you have plans to see the world, or were you planning to stay closer to home? Will you ultimately downsize or move into a shared-living situation? How do you plan to disperse your estate? Are there family members who would ultimately take over? All of these decisions will have a direct impact when embarking on a start-up operation and on how you set up the company itself in terms of management and ownership.



INSIDE THE NUMBERS

Leveraging a lifetime of experience and improved financial means, seniors are actually more likely to start their own business, the U.S. Global Entrepreneurship Monitor

confirms. In fact, new business activity has consistently risen on a year-to-year basis among this age group. The same rate has declined among younger Americans, who may be less apt to take financial risks because of budget pressures relating to new families or building their careers. In some cases, seniors have amassed enough wealth that they can being these ventures without taking out a significant loan — or any loans at all. Seniors with higher aspirations have also had longer to build up significant reserve funds that can smooth the way during the lean early years of a new business.

relationships, previous work with various contractors and familiarity with local government permitting and regulations. If they pair this new business with smart lifestyle changes like downsizing, they may also have significantly lower personal expenses. Finally, they usually have lots of experience with planning and executing a comprehensive business plan.

WHY NOW?

Seniors have decades of learned skills that can now be put to use to further their own financial goals. They've also made key connections over the years that can ease the start-up process, including long-held banking



Senior Health Education Series

Join us for a special two-part presentation by RN students from the MGH Institute of Health Professions on
Tuesday, 3/14, and 3/28 from 10-11:30 AM
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TEDY (from pg. 1)

McCarthy Jacobson through the years and when the time came to invest in stroke recovery, that long-term connection with the IHP came full circle.

“Anne introduced us to this wonderful place,” Tedy Bruschi told the crowd. “She said, ‘Tedy, this is something you need to be associated with. This is something where I volunteer my time, where I work.’ Anne, thank you so much for making that connection. And because of that, here we are, here we are.”

MGH Institute President Paula Milone-Nuzzo told the crowd that beyond high quality treatment, the Center will build on the science of stroke recovery treatment by advancing legislation and policy while educating the public about treatment and warning signs.

The ribbon cutting was also attended by New England Patriots President Jonathan Kraft and emceed by CBS Boston Sports Director Steve Burton.

Offering hope, a second chance, and free care for the uninsured and underinsured is just one facet of the new Center of Excellence in Stroke Recovery. Other signature features will be translating science to practice by advancing research in stroke recovery and educating the community about stroke symptoms.

Dr. Kim Erler, the Center’s inaugural director, told the audience that it typically takes 15 years for science to go from the lab to the bedside and actually be imple-

mented into patient care.

“We’re going to change that. We have the best scientists collaborating with the clinical faculty at the IHP and we’re going to have them be in the clinic working with these patients to actually make a difference,” said Erler. “That’s something that we’re going to be able to do so that it doesn’t take 15 years and so that we can become a model for future stroke rehabilitation. We can then say, ‘Look at our outcomes. Look at these technologies. Look at these interventions. Let’s go to the policymakers and make this available for everyone, not just those who are coming to our Center.’”

The Center of Excellence, housed within the IHP’s interprofessional Sanders IMPACT Practice Center, leverages the excellent services provided within the Aphasia Center, the Ionta Physical Therapy Center, and the Tabor/Connor Occupational Therapy Center, to address the highly complex issues of stroke rehabilitation that cannot be solved by one discipline alone.

Speaking of alone, the Bruschis certainly weren’t alone when Tedy received a second chance at life, and both he and Heidi are counting on the new Center of Excellence in Stroke Recovery to provide stroke survivors with the same.

“We’re giving people a second chance,” said Tedy Bruschi. “The rehabilitation process in general – they give you a certain amount of time to rehab, a certain number of visits to therapy centers

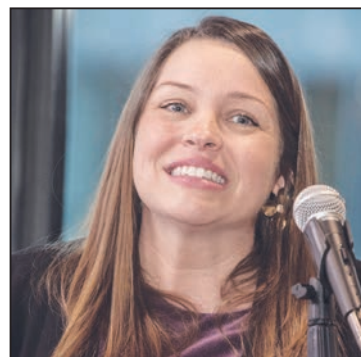


Tedy Bruschi, MGH Institute PT faculty Teresa Kimberley, Heidi Bruschi, MGH Institute CSD faculty Sofia Vallila Rohter, MGH Institute Associate Provost for Research Nara Gavini, MGH Institute PT Chair Laura Plummer, and MGH Institute PT faculty Anne McCarthy-Jacobson.

or whatever it may be. And then what do you do after it ends? You know, you can come here. This is a place that involves teaching, learning, and recovery. And we provide it to people for free. And that’s something that we’re both very proud of.”



Jon and Wyatt Mazzone



Kimberly Erler OT PhD HEC-C, Associate Professor and Occupational Therapy Director at Tedy’s Team Center Of Excellence in Stroke Recovery offers remarks.



Sports Director CBS Boston Steve Burton interviews Tedy Bruschi and his wife



Heidi Bomberger Bruschi and Tedy Bruschi with MGH Chief Nurse Emirita Jeanette Ives Erickson and Jonathan Kraft.

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Derek Kouyoumjian photos



Tedy Bruschi, MGH Institute nursing student Jenna Murray, MGH Institute Sanders IMPACT Practice Center Director Rachel Pittmann, Heidi Bomberger Bruschi, MGH Institute CSD Chair Marjorie Nicholas, and MGH Institute nursing faculty Kathy Sabo.



Paula Milone-Nuzzo, President and John Hilton Knowles Professor MGH Institute Of Health Professions.



Heidi Bomberger Bruschi offers remarks.



Tedy Bruschi offers remarks.



Tedy Bruschi meets with some of the Townies: Massachusetts State Rep Dan Ryan, Elaine Driscoll, Sean Breen, and Patrick DeRosa.



Tedy Bruschi and his wife Heidi Bomberger Bruschi with Ann Queeley



Steve Burton, Sports Director CBS Boston offers remarks.



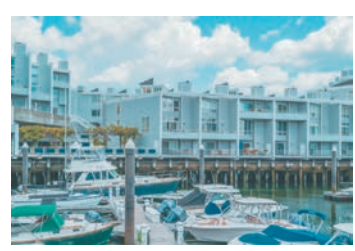
Board Members Jim Campfield and Sally Mason Boemer (2nd from right), staff member Heather Easter and Jonathan Kraft

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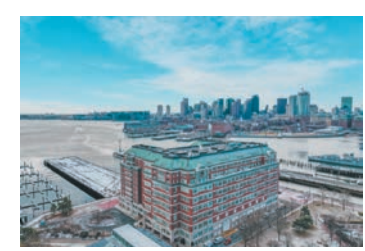


Tedy Bruschi and Kimberly Erler OT PhD, Associate Professor and Occupational Therapy Director at Tedy's Team Center Of Excellence in Stroke Recovery.

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ALL HANDS ON DECK



The USS Constitution Museum hosted a LEGO® Maritime Festival during February. “Shipbuilders” of all ages joined in community builds or designed vessels of their own in the Museum. Everywhere, we see imagination setting sail! Participants were encouraged to enter their ship in the USS Constitution Museum’s LEGO® Ship Shape Competition. Learn more about the USS Constitution Museum at <https://ussconstitutionmuseum.org/>.



GETTING READY FOR BUNKER HILL DAYS

Bunker Hill Monument Association (BHMA) officers meeting with Commander B.J. Farrell (front row right) of the USS Constitution to discuss future plans for Bunker Hill Day and Celebration of BHMA’s 200th Anniversary. Those in the photo with Commander Farrell : l-r Arthur Hurley, President Emeritus; Annette Tecce, President; Moe Gillen, Vice President; Bill Foley, Vice President.

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CHARLESTOWNDOGS "CLEAN SWEEP" HELD IN THE COLD



On a very cold but beautiful Saturday morning recently, 21 members of CharlestownDogs convened at Bunker Hill Monument for a community Clean Sweep. Each participant, humans and dogs, fanned out across the streets and parks of Charlestown picking up, collecting and removing debris of all kinds. Our town is cleaner and safer. We thank all our volunteers and are especially grateful to Starbucks for contributing much needed hot coffee.

Statewide poll finds issues among the state's Latino population are related to affordability

of focus groups among Latino residents and interviews with elected officials found the same issues of concern. Immigrant rights fell in the middle of the list of issues, while transit improvements and climate change were near the bottom.

Full topline, crosstabs, slides, and quotes from elected officials and focus group respondents are available here.

A key part of the research project was exploring ways to boost civic engagement among Latino residents including activities such as participation in campaigns and public meetings, and contacting elected officials. A quarter or less report participating in each of these activities in the last year. Currently, civic engagement is higher among English speaking only households, those with higher education levels, and those born on the US mainland.

"We are thrilled to unveil this informative landscape of Latinos in Massachusetts, the most expansive of its kind, that presents a snapshot of our community's priorities, such as economic development including affordability, jobs, and education, among others," says Amplify Latinx CEO & President Eneida Román. "Amplify's commitment to highlighting this data presents an opportunity for our coalition to increase Latino civic engage-

ment by leading advocacy efforts statewide. Our ongoing research projects give us the necessary tools to advocate for transformative initiatives that drive pathways for economic prosperity for all residents and business owners of our great Commonwealth."

Other results of activities reported include: posting about political views on social media was most common (26%), followed by attending government meetings (23%) and displaying a campaign sign, button, or bumper sticker (22%). One of the least frequent activities was contacting an elected official (17%). Out of all eight activities, Latino residents took part in an average of 1.43 in the last year. Activity levels decreased among residents who only spoke Spanish, lived outside of the U.S. and Puerto Rico and those without a college degree. The highest engagement was from Latino residents who identified as LGBTQ+.

The focus groups found that for many, a key hurdle was the sense that their voices were not heard or represented in the political process and that they were disappointed in past political outcomes. Even so, 73% think their community could make "a lot" or "some" difference if they pushed for change.

When polled about voting, there was considerable optimism,

with 82% saying they agree voting "has a real impact on the way decisions are made" (52% strongly agree). The poll suggests boosting registration rates will require both addressing structural barriers to registering and overcoming disaffection and distrust of the political system among potential voters. Those who could potentially register but have not done so cited a range of barriers including a lack of time and little interest or faith in the political system.

About three-quarters (76%) said electing more Latinos to office was somewhat or very important. In a series of focus groups with residents and interviews with elected officials, the issue of representation came up frequently as essential to boosting civic engagement among Latino voters. Some described voting exclusively to support Latino candidates. One elected official said Latino residents would sometimes reach out to their office even if they were not their constituents.

When it comes to specific policy proposals, over three-quarters (78%) of Latino residents support "making buses and trains free to ride in Massachusetts." A majority of Latino residents support limiting rent increases (79%), helping families pay for childcare (87%), and expanding programs that support small businesses to access funds

(90%).

Among other major findings:

- Abortion is not the most salient issue to most respondents, falling below many other issues in terms of priorities for state leaders. Even so, 59% say abortion should be legal in all or most cases, while 34% say it should be illegal. Support is highest among college degree holders, (71%), people under 30 (67%), Democrats (64%), and those who are registered to vote (65%). Its lower position on the priority list suggests it's less salient than other issues in Massachusetts, where abortion rights are more secure than elsewhere.

- Elizabeth Warren is the most commonly known Massachusetts politician while Katherine Clark is the least well known of those included in the poll. Those who were familiar with these officials were also more civically engaged and more likely to contact their public officials. Registered voters and the senior population were more likely to have heard of each of the elected officials.

- More respondents say they prefer Hispanic, Latino, or refer to their place or country of origin to describe themselves. Just 5% identified with Latinx. On this and on many other items, there were considerable differences by nation-

ality / ancestry.

- Overall, 10% identify as LGBTQ+. Among younger Latinos (those under 30) the figure is 19%. This echoes national surveys which have suggested younger Latinos identify as LGBTQ+ at higher rates than others, a figure which has grown in recent years.

"This effort is absolutely unique in scope and scale," said Steve Koczela, "President of The MassINC Polling Group, which oversaw the poll. "The survey includes a very large sample size of Latino respondents in Massachusetts and sits alongside resident focus groups and elected official interviews."

Amplify Latinx is a Massachusetts-based nonprofit formed in 2018 by The Latina Circle, Inc. that serves as a non-partisan, collaborative convener advancing Latino leadership representation, economic prosperity, and civic engagement.

The MassINC Polling Group is a nonpartisan public opinion research firm serving public, private, and social-sector clients. MPG elevates the public's voice with cutting edge methods and rigorous analysis. Based in Boston, MPG serves a nationwide client base.

CHARLESTOWN HIGH SCHOOL BOYS BASKETBALL TEAM HONORS SENIORS

PHOTOS BY P O'CONNOR

Prior to the clash with Tewksbury in a first round Division 2 play-off game on Friday, March 3, the Charlestown High School Boys basketball team, 19-4 and led by Hugh Coleman honored four seniors on the team. Myles

Lewis, Ricky Cabral, Victor Soto and Garvince Jean-Francois were presented with a framed poster and presented their moms with a rose amid a round of applause. The team then went on to beat Tewksbury High School by a score

of 63-52. As we go to press this week, Charlestown will play Dartmouth at a home game in the second round of the state tournament. Updates and further information can be found on the website MIAA.com.



Ricky Cabral with his family.



Victor Soto with his mother.



Garvince Jean-Francois with his mother.



Myles Lewis with his family.

Retired Boston legends, Brady, Ortiz, Garnett, and Rask have unclaimed property

Massachusetts State Treasurer Deborah B. Goldberg has announced the latest grouping of

names added to the state's list of unclaimed property owners, and fortunately for you this is one shot

that Tuukka Rask can't stop. Over 50,000 new properties worth millions of dollars belong to individuals and businesses throughout the Commonwealth including Tom Brady, David Ortiz, Kevin Garnett, and Tuuuuuuukka Rask.

This is no Hail Mary pass; it is more of a slam dunk when you visit findmassmoney.com. One in ten Massachusetts residents are owed money. And unlike athletes that retire, your unclaimed property is always on the roster.

visit findmassmoney.com." Unclaimed property includes forgotten savings and checking accounts, un-cashed checks, insurance policy proceeds, stocks, dividends, and the contents of unattended safe deposit boxes. These accounts have had too much hang time and are turned over to the state after three years of inactivity. This newly released list includes only individuals and businesses with unclaimed property over \$100.

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“As Tom Brady likes to say, let’s go!” said State Treasurer Deborah B. Goldberg. “And to quote Kevin Garnett after winning the 2008 NBA Championship, anything is possible..... especially when you

All new individuals and businesses added to the unclaimed property list will be published in the Boston Globe on March 5th and will be in the Boston Herald on March 12th. In addition, the names will be published in over 30

regional and local papers. So, if you are looking to hit “one out of the pahkk”, remember that Treasury releases an updated list of unclaimed property assets every six months as the new accounts are turned over to the Commonwealth. Last year, Treasury processed over 151,000 claims of over \$176 million in property to its rightful owners. This newly released list includes only individuals and businesses with unclaimed property over \$100. Treasurer Goldberg urges all citizens to check the comprehensive list for all amounts at www.findmassmoney.com or call our live call center at 888-344-MASS (6277).

LOCAL STUDENTS EARN ACADEMIC HONORS

BRYANT UNIVERSITY STUDENTS NAMED TO DEANS' LIST

Bryant University is pleased to recognize the students who have demonstrated an unwavering commitment to academic excellence and achievement and have been named to the fall 2022 Deans' List. To earn a place on the Deans' List students must have a GPA of 3.4 or better for at

least 12 semester hours of work. Congratulations to all on this outstanding achievement! Lucas Ascoli of Charlestown Alex Corey of Charlestown About Bryant University For nearly 160 years, Bryant University has been at the forefront of delivering an exceptional education that anticipates the future and prepares students to be innovative leaders of character in a changing world. Bryant delivers

an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approximately 3,700 graduate and undergraduate students from 38 states and 49 countries, Bryant is recognized as a leader in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron's.

FRESH AND LOCAL

Nacho World Tour

By Penny & Ed Cherubino

Often, a food adventure begins when leftovers become second acts. Our non-traditional nacho world tour started with a container of roasted root vegetables, leftover braised beef, and some black beans.

Penny spread tortilla chips on a sheet pan; added pieces of roasted carrot, onion, potato, rutabaga, and squash; sprinkled a layer of grated cheese; dotted it with black beans; and topped that with shredded braised beef. After a few minutes under a hot broiler, she added cherry tomatoes and scallions. She served it with sour cream and lime wedges on the side.

Recipe Development Research

The following day, we began tossing ideas around for recipes. We discussed everything from Chinese nachos with char siu (bbq pork) and hoisin sauce to Polish nachos with kielbasa and horseradish.

Now in research mode, we borrowed a copy of Dan Whalen’s “Nachos for Dinner” from the library. We soon learned to enjoy his system for taking foods you love and turning those flavors into nachos. Whalen starts with a chapter on building blocks. You’ll find recipes for nacho-friendly sauces, salsas, guacamoles, beans, vegetables, and proteins. For most of these, he adds a few ways to use that ingredient in nachos.

He follows with chapters for turning popular soups, salads, appetizers, sandwiches, tacos, comfort foods, brunch, and snack items into trays of nachos. We’ve bookmarked his recipes for Chicken Larb, Banh Mi, Chicken Parm, and Italian Sub Nachos. Whalen even invented an array of dessert nachos. We can’t wait to try the S’mores, Apple Pie, and Strawberry Shortcake nacho recipes.

Your Nachos

From what we learned, the dish was named for Ignacio Anaya, the inventor, whose nickname was “Nacho.” The snack he created for a favorite customer in 1940 was fried tortilla triangles with shredded Colby cheese, heated and topped with pickled jalapeños. He was working with what he had— something crispy, cheesy, and spicy. We honor his creativity by using his formula with any ingredients that fit the role.

You can replace tortilla chips with any base layer that will work

with your theme and be easy to pick up. We like toasted naan for Indian nachos. Whalen uses pie crust triangles for his Apple Pie nachos.

Nacho Tips

We suggest following the best tip we took from “Nachos for Dinner.” Whalen wrote, “... sometimes it is better to reserve the toppings on the side for dipping. This keeps the chips crispy and the nachos themselves less messy, and it lets the eaters decide how much salsa, sour cream, or other cold topping they want.”

Enjoy the fact that Nachos are casual food. Go ahead and serve them right on the baking sheet. This can be a perfect time to use smaller ¼ or size sheet pans for individual servings. And line your pan with parchment paper or foil for fast cleanup.

Another favorite tip from the book was, “Spread them out so that every chip has at least 50 percent of its surface area exposed to the pan’s surface.”



Our non-traditional nacho world tour started with a container of roasted root vegetables, braised beef, and some black beans.

Finally, many of us first tasted Nachos in a favorite pub. These were likely to be a big pile of “loaded nachos” that became soggy long before the plate was

empty. Try for a more straightforward array of ingredients with cold toppings on the side. You may find that you prefer your clean and crispy homemade nachos better than the pile from the pub.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

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News Briefs

FREE IRISH MUSIC CONCERT

On Saturday March 15th at 8:00 p.m. The Friends of the Charlestown Library and St John's Church present "When Irish Eyes are Smiling" a concert featuring tenor, John Collier and pianist, Liya Nigmati.

The concert is free to the public and will be held at St. John's Church 27 Devens St.

BEWARE OF SOCIAL SECURITY-RELATED SCAMS

On National Slam the Scam Day and throughout the year, we give you the tools to recognize Social Security-related scams and stop scammers from stealing your money and personal information. Share scam information with your loved ones. Slam the Scam!

Recognize the four basic signs of a scam:

1. Scammers pretend to be from a familiar organization or agency, like the Social Security Administration. They may email attachments with official-looking logos, seals, signatures, or pictures of employee credentials.
2. Scammers mention a problem or a prize. They may say your Social Security number was involved in a crime or ask for personal information to process a benefit increase.
3. Scammers pressure you to act

immediately. They may threaten you with arrest or legal action.

4. Scammers tell you to pay using a gift card, prepaid debit card, cryptocurrency, wire or money transfer, or by mailing cash. They may also tell you to transfer your money to a "safe" account.

Ignore scammers and report criminal behavior. Report Social Security-related scams to the SSA Office of the Inspector General (OIG).

Visit www.ssa.gov/scam for more information and follow SSA OIG on Facebook, Twitter, and LinkedIn to stay up to date on the latest scam tactics. Repost #SlamtheScam information on social media to keep your friends and family safe.

FEMA AWARDS OVER \$1.5 MILLION TO BOSTON FOR COVID-19 SCHOOL CLEANING

The Federal Emergency Management Agency will be sending more than \$1.5 million to the Commonwealth of Massachusetts to reimburse the City of Boston for the cost of overtime to clean and disinfect public schools during the COVID-19 pandemic.

The \$1,539,097 Public Assistance grant will reimburse the City of Boston for the cost of paying 535 staff some 90,771 hours of overtime to clean and disinfect 130 school buildings during the

2020-2021 school year so that they could be safely opened and operated.

"FEMA is pleased to be able to assist the City of Boston with these costs," said FEMA Region 1 Regional Administrator Lori Ehrlich. "Providing resources for our partners on the front lines of the pandemic fight is critical to their success, and to our success as a nation."

FEMA's Public Assistance program is an essential source of funding for states and communities recovering from a federally declared disaster or emergency.

So far, FEMA has provided more than \$1.5 billion in Public Assistance grants to Massachusetts to reimburse the commonwealth for pandemic-related expenses.

FEMA AWARDS OVER \$2 MILLION TO CITY OF BOSTON FOR COVID-19 SUPPLIES

The Federal Emergency Management Agency will be sending more than \$2 million to the Commonwealth of Massachusetts to reimburse the City of Boston for the cost of purchasing emergency supplies during the COVID-19 pandemic.

The \$2,006,134 Public Assistance grant will reimburse the Boston Public Health Commission for the cost of personal protective equipment (PPE) and supplies distributed to both its staff and com-

munity partners to minimize the spread of COVID-19.

The PPE and supplies purchased between March and December 2020 included masks, gloves, safety glasses, face shields, N95 masks, disinfecting wipes and sanitizer.

"FEMA is pleased to be able to assist the Boston Public Health Commission with these costs," said FEMA Region 1 Regional Administrator Lori Ehrlich. "Providing resources for our partners on the front lines of the pandemic fight is critical to their success, and to our success as a nation."

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APPLICATIONS NOW BEING ACCEPTED FOR '23 QUINN SCHOLARSHIPS

Applications for 2023 Michael P. Quinn Scholarships are being accepted through April 15.

All applicants must be a resident of Charlestown for the past five years, as well as a graduate with the Class of 2023

Be advised this scholarship award is for \$16,000 for the

recipients first year of college only. Applications can be picked up at Guidance Department at Charlestown High School, Boston Latin, Boston Latin Academy, the Boys & Girls Club, Charlestown Library, and Malden Catholic High School.

If you have any questions regarding the scholarship, call Ronan J. FitzPatrick at 617-242-5493 or email maryfitzpatrick10@comcast.net.

OLD CHARLESTOWN SCHOOLBOYS ASSOCIATION ANNOUNCES SCHOLARSHIPS

The Old Charlestown Schoolboys Association has announced that a number of scholarships are available to any Charlestown schoolboy who: is a senior in high school; is a resident of Charlestown; and will be entering college or preparatory or technical school or will be entering the sophomore, junior or senior year in that school.

Applications are available from the Charlestown Branch of the Boston Public Library, the Boys & Girls Club, St. Mary/St. Catherine of Sienna offices, and the St. Francis de Sales office.

Applications must be received no later than March 24.

If you have any questions, call James O'Brien at 617-543-5384.

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CITY PAWS

Including your dog

By Penny & Ed Cherubino

You must consider many factors to decide if you will include your dog in a specific social event or activity. We've had three dogs and have learned first-hand that what is comfortable and fun for a dog and us depends on both our needs and those of the dog.

Our Three-Dog Experience!

Westie, number one, Sassy, was a great traveler. She loved the car and was good around adults but avoided children. She was not good with other dogs. She had spent most of her life in a suburb with a big yard and lacked city smarts and canine companionship until we moved to Boston.

Dog number two, Maggie Mae, was a social butterfly. She loved people, dogs, and city life. We took her to outdoor concerts and meals at dog-friendly restaurants. We could trust her to walk on busy streets. However, she suffered from motion sickness and was very unhappy whenever we put her in a car.

Our current canine family member is a special-needs dog who is noise-averse and very unhappy outside. She ignores most dogs, but she's good in a car or on the MBTA. She is only interested in a few special human friends.

Expert Advice

A recent article by certified dog trainer Kathy Callahan, CPDT-KA, in The Whole Dog Journal, offered some great advice on deciding to include your dog in a social situation.

After asking that we not expect every dog to be able to handle every situation, she wrote, "Instead, with your dog's specific skills and limitations in mind, take the time to think through situations ahead of time, and make adult decisions about whether and how to safely include the dog."

Practice Is Important

To expand the number of places and activities you and your dog can enjoy together, begin with training. We recommend preparing for The American Kennel Club's Canine Good Citizen test

(CGC.) Once you know if your dog can pass or will fail the test's requirements, you'll make better decisions about when and where you can safely include your dog.

For a CGC certificate, your dog should be able to greet a friendly stranger; sit politely for petting, welcome being groomed; allow paws and ears to be handled; walk as directed on a loose leash; move politely through a crowd; sit, lie down, and stay in place on command; come when called; behave politely around other dogs; react with confidence to distractions and can be left with a trusted person.

Considerate Decisions

Anytime we planned an outing, we had to decide if including one of our dogs was a good idea. We omitted Sassy when we visited people with dogs or when other dogs would be at an event. We left Maggie at home to go on hikes with one of her favorite doggie companions and his people. We knew she would be miserable and probably sick in their car on the ride. Poppy is better off at home when we're going to any place where there will be trucks or loud noises.

Once your dog is reliable with a skill, start with a small outing. Try having a coffee at a cafe instead of a long meal on a patio. Take a day trip with another dog family before you decide to share a vacation week at the beach. Test how you and your dog react to a minor challenge before you take on a big one. Then practice until you are both comfortable.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

*Prayer to Saint Rita
O Holy Patroness of those in need, St. Rita, who for thy lavishness in granting favors hast been called the Advocate of the Hopeless and eve of the Impossible; St. Rita, be propitious to our petition, for the greater glory of God, for the spreading of thine own devotion, and for the consolation of those who trust in thee.*

We promise, if our petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever.

MJ



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