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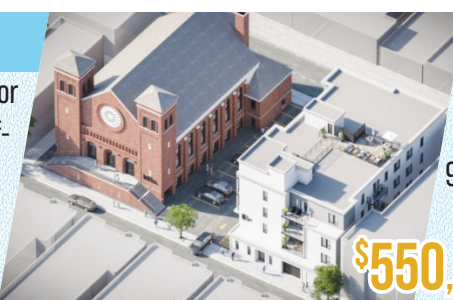
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FREE

# CHARLESTOWN

PATRIOT-BRIDGE



MAYOR'S OFFICE PHOTO BY JEREMIAH ROBINSON

*"The Embrace" memorial on the Boston Common was unveiled on Friday, Jan. 13.*

## ‘The Embrace’ memorial unveiled on the Common ahead of MLK Day

Staff Report

Just ahead of Martin Luther King Jr. Day, “The Embrace” - the long-awaited memorial to the civil rights leader and his wife, Coretta Scott King - was unveiled during a ceremony on Friday, Jan. 13, on the Boston Common.

Mayor Michelle Wu joined the Mayor’s Office of Arts and Culture, the Boston Art Commission (BAC), and Embrace Boston for the unveiling of The Embrace and the 1965 Freedom Plaza by artist Hank Willis Thomas and MASS Design Group on the Boston Common. The memorial was initiated via a partnership between the City of Boston and Embrace Boston and “aims to honor the life and legacy of Rev. Dr. Martin Luther King, Jr. and Coretta Scott King, celebrate their history in Boston,

and spark a public conversation on advancing racial and social justice in Boston today,” according to a press release from the city.

In her remarks, Mayor Wu said: “The Embrace will be a revolutionary space in our country’s oldest public park for conversation, education, and reflection on the Kings’ impact in Boston and the ideals that continue to shape the fabric of our city. The recognition of Coretta Scott King shows that we are a city that will take on the full legacy of Kings and challenge injustice everywhere from a place of love. As we continue our work to ensure Boston is a city for everyone, this memorial is a powerful call to embrace each other more, embrace our nation’s history and embrace what’s possible when we center community.”

Also on hand for the event

was Martin Luther King, III, the oldest son of Dr. Martin Luther King, Jr. and Coretta Scott King, who said: “My parents’ time in Boston is often a forgotten part of their history – and the history of the movement they helped inspire. The Embrace is a commemoration of their relationship and journey and represents the meaningful role Boston served in our history. This is more than just a sculpture, this historic monument is a symbol of the enduring power of love and beacon of hope for so many people across the globe see my parents life’s work as a calling to make this world a better place. I hope it will inspire the next generation of Martin Luther and Coretta Scott Kings as we continue the fight for peace, justice, and equity for all.”

(EMBRACE Pg. 5)

## Wu announces launch of \$10 million Cultural Investment Grant program

Special to the Patriot-Bridge

Mayor Michelle Wu and the Mayor’s Office of Arts and Culture (MOAC) announced the launch of the City of Boston’s Cultural Investment Grant, a \$10 million multi-year investment in transformative growth opportunities for an equitable arts sector in Boston. The Cultural Investment Grant is funded through the American Rescue Plan Act (ARPA) as part of the City of Boston’s recovery efforts.

The grant responds to the overlapping, devastating impacts of the COVID-19 pandemic on the cultural sector and on communities of color across Boston.

“This unprecedented City investment will help growing arts and cultural organizations strengthen their roots in our neighborhoods,” said Mayor Michelle Wu. “This program will elevate and scale arts and culture organi-

(WU Pg. 9)

## RSM presents Birdies Fore Love fundraiser beneficiaries checks

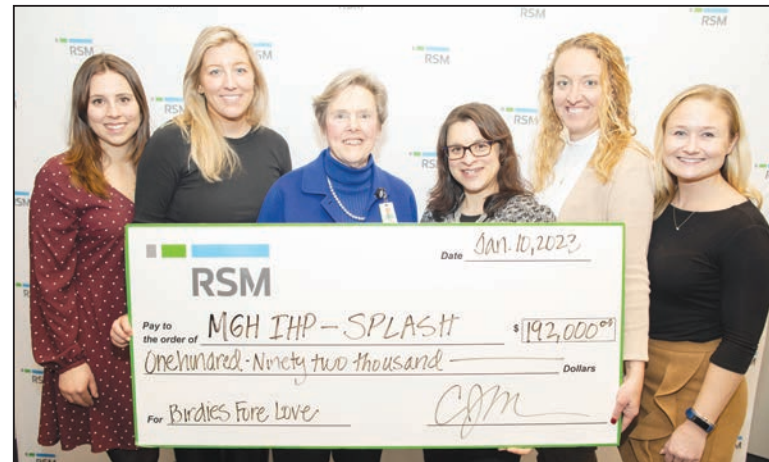
Special to the Patriot-Bridge

RSM, a local Charlestown company that is located in City Square last week presented this year’s Birdies Fore Love fundraiser beneficiaries with a big check for several local charitable funds. The main goal of our Birdies Fore Love program is to support the organizations, programs, and schools in Charlestown, particularly the

youth in need of assistance and care. The common goal is that no child is left behind!

Birdies Fore Love is RSM’s national charitable giving platform for The RSM Classic, a PGA TOUR event for which RSM is the title sponsor. Each year, RSM offices commit to raising funds for local charitable organizations

(RSM Pg. 8)



SPLASH Program (at Harvard-Kent) received \$192,000.



# EDITORIAL

## SO FAR, WE'VE DODGED THE ENERGY BULLET

The winter season can be viewed in two ways.

Meteorological winter is considered to be the three months of December, January, and February. Astronomical winter runs from December 22, the date of the winter solstice, to March 21, the date of the vernal or spring equinox.

So, ever the optimists that we are, we'll take the former version of the winter season, which means that as of this week, we've crossed the midpoint of this winter.

With the war in Ukraine disrupting world energy supplies, government policy-makers and energy experts across the globe analyzed the approaching winter season with trepidation. A harsh winter had the potential to leave Europe with severe energy shortages and America with sky-high prices for oil and natural gas, with some even predicting rolling blackouts in New England in the event of a cold winter because of a lack of energy supplies to power our electrical grid.

However, the winter of 2022-23 has been exceptionally mild in the Northern Hemisphere, reducing world demand for energy. Here in New England, other than a brief cold snap at Christmas-time, we have been fortunate to have experienced a warmer-than-normal weather pattern that has extended from the beginning of November through all of January.

A colder-than-normal winter could have had a devastating impact on the pocketbooks of New Englanders. The inability to construct a natural gas pipeline from the Marcellus Shale in nearby Pennsylvania (which is estimated to have the second-largest natural gas reserves in the world), coupled with the outdated Jones Act (which essentially means that we cannot transport liquefied natural gas via ship from our own Gulf of Mexico), has left us vulnerable to the wild swings of the global energy market and an unnecessary reliance on dirtier-burning oil.

There has been a large, negative impact to the environment because of our shortsightedness in assuring access to our domestic natural gas supplies here in the U.S.: We have had to use so much oil to power our electric grid -- which normally relies on natural gas -- that we have negated many of the gains of recent years in reducing our carbon emissions. Coupled with the increase in the use of coal for electricity generation in Europe (which they have used to replace their natural gas shortfalls because of the cutoff of supply by the Russians), the climate has been made far dirtier this year.

The warm winter thus far has been a good news/bad news situation: Our energy supplies have been sufficient to keep us warm at manageable (though still-high) prices, but it has come at a great cost to the environment.

And beyond the immediate aspect of this winter, that we are having such a mild winter in the first place is just further evidence that climate change is here to stay.

## GUEST OP-ED

### Renting or buying, which is best for you?

Dr. Glenn Mollette

A retired minister and his wife had never owned a house. They had spent all their married lives living in housing provided by churches. At age 65 they bought a house and financed it for 15 years. They had been frugal and had saved a good down payment. They paid for the house by age 80. The value of the house increased over the years and at age 83 they sold the house and received a very nice check. The money from the sale was enough to help them fund their next ten years in a nice assisted living apartment. While taking on a mortgage at 65 appeared crazy to some it afforded them financial security further down the road.

Many years ago, I bought a modest new house that cost \$151,000. I barely scraped together the nearly \$30,000 down payment. The house was financed for 15 years. I began the laborious journey of writing a monthly check to the bank. After about eight years, I needed money to pay medical bills and was able to borrow \$30,000 against my equity. It was nice that I had the equity because at that time I really needed the cash. Looking back, I would never do that again because it made the actual cost of my house increase to \$181,000. For a couple of years, I had two payments to make to the bank. A couple of years later my wife passed. If I had needed to borrow \$10,000 against my house, I could

have done so to pay for funeral expenses. Fortunately, we had both taken out small insurance policies that covered that cost. Eventually I refinanced and consolidated the mortgages. By the grace of God I still paid for the house in 15 years.

I don't like monthly payments or paying rent. For most of us, at some point in our lives there will be a monthly payment of some kind. I've lived in apartments on several occasions and even houses furnished to me by congregations I served. I didn't care for either one. I'm not saying I wouldn't do it again but my preference is to live in a place that is actually mine for as long as possible.

Renting a house or an apartment works for many at different stages of life. Buying a house is tough because it is a major financial commitment. You normally have to come up with 20% of the price to pay down as well as have the income to make the payments. That's not always easy.

New houses in a nearby neighborhood are presently selling for \$400,000. Most of them are modest three to four-bedroom houses. Having enough money to make the down payment and monthly payments is a lot for any person or family.

However, rent is expensive. Depending on where you live you may be paying \$800 to \$3,000 a month for a small apartment. You don't have maintenance or property taxes but you'll also never see that money again. A friend of

mine sold her house at age 70 and moved into an apartment complex for people over age 55. She pays rent but she says the landlord treats her well and is timely with upkeep. A landlord who is very untimely with upkeep is very frustrating.

There are pros and cons to owning and renting. Choosing depends on your situation and personal preferences. A landlord can raise your rent and have rules pertaining to pets, painting, and more. However, it may be just exactly what you need. Typically, you don't want to sink your money into property if you are going to move in three or four years. You might come out ahead if you buy a fixer upper and have the time and money to improve the property. You don't want to make a bad buy. Buying property that you can't resell is a bad idea, unless you love it and plan to live there a long time.

Keep in mind that a big chunk of most American's wealth is in the house they own. If you pay for it and maintain it you can normally sell it to someone and recoup a lot of your money. You might even make a nice profit.

*Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.*



# CHARLESTOWN

## PATRIOT-BRIDGE

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## SEND US YOUR NEWS

The Patriot-Bridge encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151.

We also encourage readers to e-mail news releases and photos to [deb@reverejournal.com](mailto:deb@reverejournal.com).

## NEWS BRIEFS

### ADULT CONFIRMATION CLASSES

The Catholic Parishes of Charlestown are offering an Adult Confirmation Program consisting of seven classes for persons 18 years of age and older. Orientation is Wednesday, January 25 at 6:30 at St Mary St Catherine of Siena Parish Center, 46 Winthrop Street. For more information and to register, please contact Sr. Nancy at 617-242-4664 or ncitro@stmarys-tcatherine.org.

### JOIN FCNY

Joining the Friends of the Charlestown Navy Yard (FCNY) is a great way to get involved in the community and to stay informed on important issues and current events. In 2022 FCNY continued to make strides back to normalcy. In 2022 we engaged in the following activities:

- Donating to local non-profit organizations providing services to Charlestown residents, focusing on food insecurity and educational and recreational support for Charlestown youth, as well as outdoor art installations in the Navy Yard.

- Holding our annual free outdoor summer concert this summer featuring perennial favorite, the Harvard Alumni Jazz Band

- Offering member discounts at local restaurants and service providers.

- Celebrating the Summer

Solstice jointly with Navy Yard Garden & Art with the opening of the art installation "Of Many Minds" plus "Abrakadabra" the magician.

- Holding two free Adaptive Sailing Program, in conjunction with Courageous Sailing, for individuals with disabilities and their families with over 150 participants and sponsorships by Spaulding Rehabilitation Hospital, DC Beane, State Representative Dan Ryan and City Councilor Gigi Coletta.

- Regular dissemination of important community news and events through our website and email distribution list.

- Member socials at Blackmoor Bar & Kitchen, The Anchor, Dovetail & The Tradesmen.

Become a member in 2023 so that you can be a part of our Navy Yard community of over 200 individual and family members and 50 business members. We have a full schedule of activities planned for 2023 including the Annual Winter Warm Up.

Dues for membership are good from January 1, 2023 through December 31, 2023.

### AGENCIES ANNOUNCE NEW ROUND OF HIGH SCHOOL FINANCIAL EDUCATION FAIR FUNDING

The State Treasurer's Office of Economic Empowerment (OEE), in partnership with the Massachu-

setts Division of Banks (DOB) and the Office of Consumer Affairs and Business Regulation (OCABR), announced additional funding for the 2022-2023 Financial Education Innovation Fund Grant. This grant opportunity provides financial assistance for Massachusetts high schools hosting financial education fairs during the 2022-2023 school year.

Known as Credit for Life fairs, these workshops offer fun and unique experiences for students to learn about personal finance topics before they graduate. Massachusetts public or charter high schools and special education programs approved by the Massachusetts Department of Elementary and Secondary Education (DESE) are eligible to apply.

Schools that were already awarded a grant for the 2022-2023 school year are not eligible to receive additional funding.

Applications are open until Friday, February 17th. Schools can learn more and apply here.

This marks the 11th round of the grant since its inception in 2015 and the second round for the 2022-2023 school year. In December, the agencies awarded a total of \$115,400 to 39 schools to create new or expand pre-existing financial education fairs, which will serve around 9,000 students according to the grantees' estimates.

Since 2015, over 40,000 Massachusetts students have attended Credit for Life Fairs. The Financial Education Innovation Fund Grant

was established as an ongoing effort to strengthen access to financial literacy throughout Massachusetts. This financial education program is funded by the Division of Banks through a settlement over alleged unlawful lending practices.

### ALL ABOUT HEAT PUMPS--WEBINAR FEBRUARY 1

Heat pumps have been getting a lot of buzz—and a lot of questions. This free webinar, Wednesday February 1 from 7-8 pm, is your chance to learn. It's worth learning even if you think heat pumps don't apply to your housing situation.

The Downtown Chapter of Mothers Out Front, a non-profit mobilizing for a livable future, is presenting Loie Hayes of the Green Energy Consumers, a non-profit that harnesses consumer power to speed the transition to a low-carbon future.

Why Should I Care About Heat Pumps? They are a necessary part of our future. We must move away from fossil fuels to mitigate climate change and meet our city and state goals for reducing greenhouse gas emissions. Buildings in Boston account for a whopping 70% of the City's emissions.

What Are Heat Pumps? Heat pumps can transfer heat into your home from air, water, or the ground outside your home. The webinar will focus on air-source heat pumps, which have a compressor unit outside connected to

either a system of heating/cooling ducts or to one or more ductless air handlers or "heads".

Do They Really Work in New England? Yes! They work in low temperatures—and provide cooling in summer as well!

Really-- a Heat Pump Could Replace My Air Conditioner? Absolutely. Some suggest they should be called "heat and cool pumps".

Aren't They Expensive? The webinar will note a variety of subsidies, credits, and tax incentives that help with the initial investment, as well as the savings over time.

Do they work in small apartments, or only in single family homes? Heat pumps can be effective in a great variety of settings, including a single room or office, a single-family home, or a multi-unit building. Configurations vary. Ductless systems can work for a single room or apartment, with a "mini-split" fixture mounted on the floor or wall or ceiling. Buildings with a central duct system for a furnace or air conditioning can often use those duct systems.

How Do I Figure Out Whether Heat Pumps Make Sense for My Apartment or Building? The webinar is a great first step. It will address these and many other questions and invite you to ask your own.

To join the webinar, you can sign up at [https://www.mothersoutfront.org/events/boston\\_ma\\_20230201/](https://www.mothersoutfront.org/events/boston_ma_20230201/).

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## EMBRACE (from pg. 1)

Described as “a bronze figural abstraction” based on a photo of an embrace between Dr. Martin Luther King, Jr. and Coretta Scott King after he won the Nobel Peace Prize in 1964, the Embrace measures 20 feet tall and 25 feet wide. It was the result of a public-private partnership initiated by entrepreneur Paul English, who established the fund at the Boston Foundation and co-chaired the project with Rev. Liz Walker and Rev. Jeffrey Brown. The City of Boston and Embrace Boston convened an Art Committee comprising many of Boston’s cultural leaders to begin the artist selection and design process for the memorial. The Committee was co-chaired by Barry Gaither, Director and Curator of the Museum of the National Center of Afro-American Artists and Special Consultant at the Museum of Fine Arts, Boston, and Karin Goodfellow, Director of Public Art for the City of Boston. The Boston Art Commission voted to approve the final design of the memorial in the spring of 2021.

The memorial sculpture, which will be voted into the city’s public arts collection, sits within the 1965 Freedom Plaza, which is emblazoned with a quotation attributed to Coretta Scott King. It’s located adjacent to the Parkman Band-



Gov. Maura Healey speaks at “The Embrace” unveiling ceremony on the Boston Common.



Mayor Michelle Wu offers her remarks during the unveiling ceremony for “The Embrace.”



MAYOR’S OFFICE PHOTOS BY JEREMIAH ROBINSON

Martin Luther King, III, offers remarks, flanked by his wife, Arndrea Waters, and their daughter, Yolanda Renee King.

stand, where Dr. King spoke in 1965.

Said the artist, Hank Willis Thomas: “There are so many monuments that are memorials, but this is intended to really celebrate not only the Kings, but also their legacy and how their legacy plays out in our lives. I really wanted to make the work a call to action. A reminder that each of us has in us the capacity to be either of those two people or actually something inspired by and more influential. Through embracing another person our opportunities grow. I

wanted to highlight the power and beauty of coming together with another person to manifest our shared goals. I am honored to be a part of the team that has built this centerpiece and gathering place in the historic city of Boston, and the location where the Kings met.”

In addition to Thomas, Mayor Wu, and members of the King Family, the unveiling program also included remarks from Gov. Maura Healey, Congresswoman Ayanna Pressley, and former Gov. Deval Patrick, as well as performances by local artists.

Gov. Maura Healey said: “This is a historic year for Boston and Massachusetts. The Embrace’s presence on the Boston Common, the nation’s oldest public park, will forever serve as a reminder to all of us of the progress we’ve made and all that is still possible.”

In her remarks, Congresswoman Ayanna Pressley said: “The Embrace memorial commemorates the Kings’ sacrifice, radical dream, and radical love, and what a source of pride that their story together began right here in the city of Boston. This historic trib-

ute is also a symbol of their vision for radical, revolutionary change, and a reminder of the work that remains in Boston and beyond to build a world that centers justice, equity, and our collective liberation. I was honored to participate in such a groundbreaking event today.”

The Embrace is expected open fully to the public in February, according to the city.

To learn more about the project, visit [www.embraceboston.org](http://www.embraceboston.org).

## HOUSE (from pg. 1)

notably added a sun porch and arches at the basement level under previously constructed flanking side balconies. These additions, although functionally sensible, permanently obscured the lower portion of the double bays.

Many of the Commandants were keen on creating a park like atmosphere and planted numerous shrubs, flowers and trees over the decades including such species as elms, pines, common ash, maples, apple trees and pear trees, just to name a few. In the 19thC, the home and parts of the adjacent yard presented an almost country estate atmosphere. The house in early times was surrounded by land, not just within the yard, but also to the north where fields still existed.

The Yard grew in the 19th C. from 25 acres to 100 acres. By the 20th C, the original structures had been replaced by over 100 buildings. This was a greatly changed Navy Yard which was adapting to the industrial age. Instead of frigates, the Yard was building modern day warships.


The former Salem Turnpike, which ran behind the house and

was the main route north in earlier times, became Chelsea Street. As Charlestown grew in population, housing stock and industry, the bucolic atmosphere of the original Navy Yard and its surroundings was replaced by adjacent traffic, dust, vibrations, streetcars, odors, noise, etc. The industrial nature of the yard itself also contributed to this increasing noise and air pollution. Welcome to the modern world.

Closed in 1974, the Navy Yard has been successfully repurposed into residential, office, research, and medical space, and it is a


pleasant, peaceful place to walk and spend time along the Harbor . . . but it is nice to imagine an earlier time when officers and their ladies promenaded down Commandant’s Avenue among the poplars and plantings . . . with a fresh breeze coming off Boston Harbor. (Additional images at [Nancy.Kueny.com/Blog](http://Nancy.Kueny.com/Blog))

Sources: National Park Service, Public Place, Private Home by Margaret A. Micholet (1986), Boston Landmarks Commission, Boston Public Library Glass Slide Collection, Digital Commonwealth, Wikipedia



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## John F. Kennedy Family Service Center

We're well into the new year, but it's never too late to acknowledge the many people who helped make 2022 such a successful year! Your generosity and kindness made lasting impacts on thousands of Charlestown children, families, and seniors.



## Special Thanks to our 2022 Sponsors

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# EBNHC opens applications for Nurse Practitioner Residency Training Program

East Boston Neighborhood Health Center (EBNHC) is pleased to announce it is accepting applications for its third cohort of residents to join its Family Nurse Practitioner (FNP) Residency Program. This residency program aims to expand the pool of primary care providers who are well-prepared and committed to serving underserved populations.

EBNHC was one of five health care organizations in the Commonwealth selected to participate in the Delivery System Reform Incentive Payment Program (DSRIP) Statewide Investments Family Nurse Practitioner Residency Training Program in 2021. Since then, the program has shown to be invaluable in the training of new Family Nurse Practitioners.

The residency is a highly structured year of intensive clinical training that provides mentorship in a high-performance model of care. Training includes primary care sessions with a preceptor in a community health center setting, specialty rotations, didactic sessions, and quality improvement training. By the end of the program, residents will have gained the competence, mastery and confidence needed to be a NP primary care provider that serves culturally diverse and clinically complex patients.

"We are thrilled to continue our Family Nurse Practitioner Residency Program," said Jackie Fantes, MD, FAAFP Executive Vice President, Chief Medical Officer at East Boston Neighborhood Health Center. "Our goal is to bridge the gap between academia and practice for new FNPs so that they feel competent and confident to hit the ground running as they enter the fast-paced world of health care. We want every patient to have a provider who empowers their decision making and respects their language, culture, race or ethnicity, and health care preferences."

The goal of the FNP training program is to ensure every new

provider is prepared, supported, and satisfied with their career in primary care. "When I started at EBNHC 14 years ago as a new NP, the support, training and mentorship I received shaped me as a clinician and has driven me to want to do the same for the next generation of providers," said Residency Program Director Katherine O'Brien, MSN, FNP-C. "This individualized residency, with an abundance of hands-on teaching, feedback and clinical mentoring, does just that."

Based at EBNHC sites in the South End, East Boston and Winthrop, the program will run from September 2023 to August 2024. The residency is a full-time, 12-month salaried position. Three slots are available. New Family Nurse Practitioners graduating in May 2023 or within the previous 18 months are encouraged to apply. Bilingual candidates preferred. Visit Family Nurse Practitioner Residency: Overview — EBNHC 2022 for more information and an online application.

East Boston Neighborhood Health Center (EBNHC) is one of the nation's largest Federally Qualified Health Centers (FQHCs) and the largest community health center in Massachusetts, serving over 100,000 patients and recognized by the Health Resources and Services Administration (HRSA) as a Health Center Quality Leader. For more than 50 years, EBNHC has offered access to comprehensive care for the underserved populations of Chelsea, East Boston, Revere, Winthrop, Everett and Boston's South End. EBNHC is dedicated to promoting and sustaining healthy communities, families, and individuals by providing accessible, person-centered, compassionate, and high-quality health care services to all who live and work in our service area. For more information, please visit [www.ebnhc.org](http://www.ebnhc.org).

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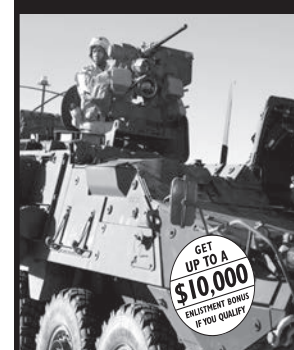


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## RSM (from pg. 1)

aligned with the missions of the RSM US Foundation and the Davis Love Foundation, the host organization of The RSM Classic. These efforts are supported by matching donations from the RSM US Foundation.

"Making an impact in the communities where we live, and work is one of RSM's greatest triumphs," a spokesperson said. Adding, "through Birdies Fore Love, our caring professionals go above and beyond to support children and families across the nation. Employee champions in each of our local offices coordinate fun activities to encourage participation and help meet our fundraising goals."

This year our Boston employees came together in a two-month window to raise \$597,000 for Charlestown organizations focused on "youth care and development". RSM is delighted to announce that the organizations & schools that will be receiving funding this year are:



Boys & Girls Club – Charlestown received \$60,000.

- MGH Institute of Health Professions
  - SPLASH Program (at Harvard-Kent) – \$192,000
  - SAiL Program (at Harvard-Kent) – \$35,000
  - Kennedy Center Partnership – \$90,000
- Junior Achievement of Greater Boston – \$110,000

- Harvard-Kent Elementary School – \$50,237
  - Warren Prescott School – \$60,000
  - Boys & Girls Club – Charlestown – \$60,000
- Seven years ago, the RSM Boston office decided to shift the Birdies Fore Love strategy and focused on the needs of



Kennedy Center Partnership received \$90,000.



Junior Achievement of Greater Boston received \$110,000.



## Celebrate Catholic Schools Week 2023

January 29 - February 4  
#CSW23

*This year's theme is "Catholic Schools: Faith. Excellence. Service." Catholic schools have a specific purpose to form students to be good citizens of the world, love God and neighbor and enrich society with the leaven of the gospel and by example of faith.*

*As communities of faith, Catholic schools instill in students their destiny to become saints. Academic excellence is the hallmark of Catholic education intentionally directed to the growth of the whole person – mind, body and spirit. Finally, service is fundamental to Catholic education and the core of Catholic discipleship. Service is intended to help form people who are not only witnesses to Catholic social teaching, but also active participants through social learning.*

## Publishing January 25 & 26

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Email your rep. or call 781-485-0588

Deb DiGregorio - deb@reverejournal.com

Maureen DiBella - mdibella@winthroptranscript.com

Sioux Gerow - charlestownads@hotmail.com

Charlestown. The partnership that RSM Boston has since formed with the Charlestown Neighborhood continues to make a lasting impression on the at-risk youth living in one of the largest public housing projects in the US. Their aim is to reach every child in our neighborhood of Charlestown through many partnerships including Harvard Kent, Warren Prescott, the Boys and Girls Club of Charlestown, the Kennedy Center, and the MGH Institute of Health Professions. Through these partnerships, we are continuously working to understand the needs of the youth in Charlestown and how RSM can help.

"We are proud to announce that this year RSM crossed the

\$2,000,000 mark in funds given out to Charlestown organizations," a spokesperson added. "With the funds raised from this year's Birdies Fore Love campaign, we'll have given out \$2.2M to Charlestown organizations! It's truly amazing that we were able to accomplish this, given the pandemic, but our Boston office comes together year after year in support of the Charlestown community."

Among the local officials at the ceremony were Senator Sal DiDimenico, Representative Dan Ryan, City Councilor Gabriela Coletta, City Councilor at-large Ruthzee Louijeune and Charlestown liaison Elaine Donovan.

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# Qualified taxpayers can apply for residential exemption on on their real estate tax-bill

By Diana Coldren

Did you know that qualified taxpayers can apply to effectively save up \$3,456.50 on their real estate tax-bill for fiscal year 2023!

If the residential exemption does not appear on your Fiscal Year 2023 third quarter tax bill (recently mailed and due Feb. 1), you may still file an application by April 3 for the fiscal year 2023 exemption.

It is not too late to save on your Fiscal Year 2023 Boston Real Estate Taxes! The City of Boston operates on a fiscal year that starts on July 1 and ends on June 30. For Fiscal Year 2023, the maximum portion exempt from taxation is \$321,834.26. At a rate of \$10.74 per thousand, this translates to a potential savings in real estate taxes of \$3,456.50.

According to the City's Residential Exemption application, "Every

taxpayer in the City of Boston who owns residential property as of January 1, 2022 and uses that property as his or her principal residence for their calendar year 2021 for Massachusetts income taxes, may be eligible for the Fiscal Year 2023 residential exemption. In certain circumstances, you may be eligible if you obtained your principal residence between January 1 and July 1, 2022."

The printable online application is now available and the deadline for submission is Monday April 3, 2023. Even if you have received the exemption in the past, you may want to double check to see if the exemption is in still in effect for your property. It is important to review your tax bill every year to make sure the exemption is in force.

Example: If you qualify, and the total taxable valuation of

your home is \$2 million you will owe approximately \$21,480 (\$2,000,000 x tax rate of \$10.74 per thousand) without the residential exemption. With the exemption, your taxable valuation may be \$2 million minus the fiscal year 2023 residential tax exemption of \$321,834 resulting in a total taxable valuation of \$1,678,166. The tax owed would be \$18,023.50 (\$1,678,166 x \$10.74 per thousand) resulting in a tax savings of \$3,456.50. Please note that this example does not include the Community Preservation Tax or other factors that may impact your individual situation.

How can I apply for the exemption or see if the exemption has been applied for my property?

Visit the City of Boston assessing site at <https://www.cityofboston.gov/assessing/search/>.

Or use the QR code below to

take you to the site with the link to the application. Type in your address, click on the "details" link, and if eligible, click on the link to the application in the abatements/exemptions section. You can also verify if it has already been applied.

Applications need to be mailed to:

Assessing Department  
1 City Hall Square, Room 301  
Boston, MA 02201-2011

or submitted in person at City Hall by the Monday April 3, 2023, deadline. You may have to note the date your deed was recorded. You can find this date online at <https://www.masslandrecords.com/suffolk/> or by calling the Suffolk County Registry of Deeds office at (617) 788-8575.

When will I receive the Exemption?

The third Quarter tax bill is the earliest that a resident can confirm

that they are receiving a residential exemption. Once an application is approved, you will receive a credit toward your fiscal 2023 taxes. If taxes have already been paid in full, the amount of overpayment will be refunded to the homeowner. You are encouraged to call the taxpayer and Referral Assistance Center to check the status of your application. See contact info below.

Questions?

Please contact the city of Boston taxpayer and Referral Assistance Center at (617) 635 4287. Please have your ward and parcel number available to help the staff member access your information. This number is located on your tax bill.

*Diana Coldren is a real estate agent with Compass and a longtime resident of Beacon Hill.*

WU (from pg. 1)

zations, particularly in underserved communities, and make transformative, new investments that will deepen the connection to arts for all our residents."

The grant will direct funds to build capacity for arts and cultural organizations working in partnership with communities in Boston most impacted by the pandemic, particularly communities of color. Grant amounts will be between \$600,000 and \$3 million. Distributed over four years, the grants will provide investments in the cultural sector that will give organizations a path to thrive and sustain in Boston, create long term opportunities for all of Boston's communities to have access to the arts, and strengthen the local arts ecosystem with new and unprecedented investments.

Boston-based arts and cultural organizations that have both budgets under \$3 million and 501(c)(3) status or fiscal sponsorship can apply. Priority will be given to organizations located within or working with communities disproportionately impacted by the COVID-19 pandemic. Organizations will also be evaluated on their demonstrated commitment to equity, the representation of the communities with which they work in their visions, missions, and programming, and their active partnerships within their communities.

The funding structure of the Cultural Investment Grant is divided into three tiers to include a range of arts and cultural organizations for which these funds will be transformative. The amount of funding allocated to each tier

is informed by an organization's operating budget:

- At least three grassroots organizations with operating budgets under \$500,000 will each receive up to \$600,000 over four years.

- Up to two organizations with operating budgets between \$500,000 and \$2 million will each receive \$1 million over four years.

- Up to two organizations with budgets between \$2 million and \$3 million will each receive \$3 million over four years.

"Creativity is vital to a healthy, equitable, and thriving community, and investing in increased access to the arts and creative expression throughout the city is crucial," said Kara Elliott-Ortega, Chief of Arts and Culture. "We hope this transformative funding enables cultural organizations to anchor themselves in their communities and build sustainable futures for lasting impact."

"This grant opportunity will amplify and empower grassroots organizations, creatives, and cultural leaders who continuously keep Boston's rich, diverse history front and center," said Mariangely Solis Cervera, Chief of Equity and Inclusion. "This is the first step in creating sustainable solutions for celebrating and preserving local arts and culture."

"This grant for Boston's arts and culture organizations is both a pivotal moment and a necessary direction for our city," said Catherine Morris, Director of Arts and Culture at the Boston Foundation and Founder and Artistic Director of BAMS Fest. "Our local organizations are not only the backbone of our neighborhoods but are vital

lifelines to ensuring that programs are accessible, available and affordable; and that the next generation of cultural workers, artists, leaders and the like have pathways to economic freedom, space, career development, and creative autonomy. We, at the Boston Foundation hope that this type of grant opportunity inspires people to see the value and contribution that local organizations provide, and invest in the people within the arts and culture ecosystem, so that it remains sustainable, strong, and deeply connected."

"It is wonderful to start this year with an announcement like this," said Elsa Mosquera, Principal and Co-Founder of Agora Cultural Architects. "This is an absolutely extraordinary initiative because it acknowledges the transformative value that arts and cultural organizations have in their communities. This type of support represents an enormous opportunity for these organizations to have the economic stability they need to carry out their mission in an organized way, with well-paid cultural resources, while simultaneously amplifying the work they carry out in their communities."

"Boston needs to invest in organizations and artists that have been working to provide high quality and culturally responsive programming the BIPOC community for a long time, like Veronica Robles Cultural Center (VROCC), which serves more than 200 Latinx artists in the city and provides them with a venue and paid opportunities to showcase their talent," said Veronica Robles, Executive Director of Veronica Robles Cultural Center.

"We are very excited about the transformative investment in Boston's cultural sector through this \$10 million multi-year funding opportunity."

"Across the City of Boston in the last few years, creativity and culture have been instrumental in strengthening bonds and providing connection and healing," said Cynthia Woo, Director of Pao Arts Center. "Art is embedded everywhere in our lives, in places we may not expect or take for granted. The arts have the power to bring people together for important conversations and to share joyful experiences. You'll find arts, culture, and

creativity as crucial components of programs at community centers, in religious spaces, and in public spaces and parks. The City's new investment in communities of color is a much needed start to supporting work that has been vital to the wellbeing of our neighborhoods, including Pao Arts Center's own Chinatown neighborhood, as we move forward to visioning a Boston that is not merely surviving, but thriving."

Interested organizations are invited to submit a Letter of Inquiry (LOI) by February 1, 2023 at 11:59 p.m.

## OBITUARIES

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# BPHC launches Boston COVID-19 wastewater surveillance program

The Boston Public Health Commission (BPHC) today announced the launch of its COVID-19 wastewater surveillance program that will utilize samples from 11 manholes across the city for more localized estimates of circulating COVID-19 virus and its variants in Boston.

The 11 testing sites are in Brighton, Back Bay, Charlestown, Dorchester, East Boston, Hyde Park, Jamaica Plain, Mattapan, Roslindale, Roxbury, and South Boston.

BPHC chose these locations because they provide broad coverage of Boston's communities and optimize ease of access to the manholes with high population densities, allowing for a detailed

understanding of how COVID-19 is affecting different neighborhoods. This data will enable BPHC to respond to the COVID-19 pandemic with more precise interventions for communities with high or rising levels of virus. Prior to this program, BPHC relied solely on wastewater data generated by MWRA and BioBot that measured the concentration of COVID-19 virus particles for the Greater Boston area. The new Boston-specific testing sites will provide a more detailed local view of COVID-19 in Boston neighborhoods.

"This exciting new wastewater surveillance program will enhance our ability to respond to the many ongoing challenges presented

by COVID-19," said Dr. Bisola Ojikutu, Commissioner of Public Health and Executive Director of the Boston Public Health Commission. "We recognize that COVID-19 continues to have a disproportionate impact within communities throughout Boston. Our goal is to use these data to inform our strategies and ensure equity in our responses."

The new testing program is a partnership between BPHC, the Boston Water and Sewer Commission (BWSC), and Cambridge-based Biobot Analytics, a world leader in wastewater epidemiological services. This partnership began in October 2022, with the three organizations working closely to identify the most opti-

mal test sites and pilot the data collection and analysis methods.

"We are thrilled to partner with the Boston Public Health Commission on its COVID-19 wastewater surveillance program," said Mariana Matus, CEO & Co-founder of Biobot Analytics. "Boston is a true trailblazer for investing today into the public health infrastructure of tomorrow. The launch of these new wastewater testing sites will create granular data that is more actionable for local officials and will help with the planning of resource allocation and interventions and increase public awareness."

"BWSC is pleased to collaborate as a resource and partner with the BPHC and

Biobot Analytics to identify sites for COVID-19 surveillance in effort to protect all who live, work, and visit the City of Boston," said Henry F. Vitale, Executive Director of Boston Water and Sewer Commission.

Wastewater sample gathering will take place twice a week and the publicly available online data will be updated accordingly to help keep the public informed about the COVID-19 risk levels in their communities. These data can be accessed by visiting [boston.gov/government/cabinets/boston-public-health-commission/covid-19-boston#wastewater-reports](https://boston.gov/government/cabinets/boston-public-health-commission/covid-19-boston#wastewater-reports).

## Aquarium offering in-person educational programs for growing number of homeschooling families

This winter and spring, the New England Aquarium is offering special in-person educational programs for the growing number of homeschooling families in the state. More than 13,000 children were homeschooled in Massachusetts during the 2021 to 2022 school year, according to the Massachusetts Department of Elementary and Secondary Education. Pre-pandemic, the number of children learning at home averaged nearly half that, around 7,000.

The Aquarium's homeschool programs are available monthly from January to March.

- Tuesday, January 31: Giant

Ocean Tank - An educator and diver will talk at the top of the Giant Ocean Tank from 9:00 to 9:45 a.m. about the species that live in the four-story, 200,000-gallon tank that more than 1,000 marine animals call home.

- Tuesday, February 28: Shark Science - Enjoy early access to the Trust Family Foundation Shark and Ray Touch Tank beginning at 9:00 a.m. A member of the Aquarium's shark research team will share facts about sharks and answer questions from visitors about shark science, tagging, and more.

- Tuesday, March 28: Marine Mammals - An educator and

marine mammal trainer will share the exciting world of seals and sea lions with visitors, providing biofacts and information about enrichment, feedings, animal well-being from 9:00 to 9:45 a.m. Then, visitors will join a harbor seal training session.

Tickets for the educational programs are \$10 per student—in addition to the cost of admission—and include one complimentary adult entry into the Aquarium. Each session is limited to 20 children. The Aquarium is also offering discounted admission for homeschool families on Tuesdays through the end of March (\$12 for children and \$21 for adults),

with February 21 excluded from the promotion. Tickets can be purchased by calling the Reservations Department at 617-973-5206 daily between the hours of 9:00 a.m. and 4:30 p.m.

The Aquarium is committed to providing interactive and informative programming for students in homeschool programs. In addition to the onsite special programs, the Aquarium has a host of activities on the institution's website that help visitors explore the Aquarium more deeply, encourage content learning, and improve science skills as well as support math and literacy development.

Some of the special program-

ming includes ecology, ethology, or zoology. Each activity includes a list of recommended materials to bring with you and educators are available to help with those investigations. Visit [www.neaq.org/learn/home-school-programs/](https://www.neaq.org/learn/home-school-programs/) for more activities.

The New England Aquarium is a global leader in marine science and conservation, working to safeguard ocean animals and habitats. With more than one million visitors a year, the Aquarium is one of the premier visitor attractions in Boston and a major public education resource for the region.

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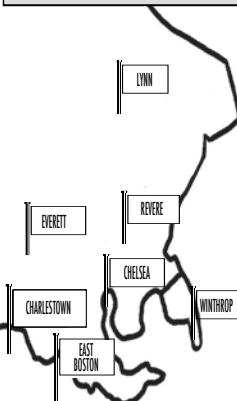
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# CHARLESTOWN BEAT

**COMMUNITY ROOM:** The 2nd floor Community Room at 20 Vine St. is available to neighborhood groups for meetings.

Please call Christine Vraibel at 617-343-4627 or email christine.vraibel@pd.boston.gov to reserve.

**POLICE RELATED INFO:** Contact the District A-1 Community Service Office at 617-343-4627.

## Investigate Person

01/12/2023 – At about 11:50 a.m., the officer assigned to the front desk of District A-15 headquarters received multiple calls from unknown citizens reporting that they received phone calls coming from the District A-15 phone number (617-343-4888).

The callers say they had received a call from "Officer Kevin Grant," requesting they pay

a court fee of varying amounts. Some callers stated that the supposed officer said "inappropriate images" had been found on their computers, and to appeal these charges, the callers would need to pay a fine.

The front-desk officer has received multiple daily calls over the last three weeks with a similar script. The Boston Regional Intelligence Center( BRIC) was

notified of the incident.

## Drug - Possession/Sale

01/14/2023- At approximately 8:50 p.m., officers on random patrol in the area of Pleasant Street, observed a gray Hyundai operating at a high rate of speed and failing to stop for a stop sign.

Police activated their cruiser's blue lights and attempted to conduct a motor vehicle stop, but

the motor vehicle accelerated its speed as the driver attempted to flee the scene. Officers remained close behind the vehicle until it eventually stopped at 25 Prescott St.

At that time, the male operator of the vehicle opened the driver's side door and began to flee on foot. Officers followed quickly behind the male suspect and, after a short foot pursuit, stopped him

in the area of Rutherford Avenue and Devens Street.

Police subsequently recovered two large bags of white crystal rock-like substance believed to be crystal methamphetamine. The suspect was arrested and transported the suspect back to District A-1 headquarters for the booking process.

## LEGAL NOTICE

### LEGAL NOTICE

COMMONWEALTH  
OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT  
CITATION GIVING  
NOTICE OF  
PETITION FOR  
APPOINTMENT OF  
GUARDIAN FOR  
INCAPACITATED  
PERSON PURSUANT

TO G.L. c. 190B,  
§5-304  
Suffolk Probate  
And Family Court  
24 New Chardon St.  
Boston, MA 02114  
Docket No.  
SU23P0060GD  
In the matter of:  
Frieda Bauer  
Of: Charlestown, MA  
RESPONDENT  
Alleged Incapacitated  
Person

To the named Respondent and all other interested persons, a petition has been filed by Massachusetts General Hospital of Boston, MA in the above captioned matter alleging that Frieda Bauer is in need of a Guardian and requesting that Evelyn Rummell of West Palm Beach, FL (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on

or before 10:00 A.M. on the return date of 03/02/2023. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

**IMPORTANT NOTICE**  
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.  
Date: January 11, 2023  
Felix D. Arroyo,  
Register of Probate

1/19/23  
CT

### LEGAL NOTICE

COMMONWEALTH  
OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Suffolk Division  
24 New Chardon St.  
Boston, MA 02114  
(617) 788-8300  
CITATION ON  
PETITION FOR  
FORMAL  
ADJUDICATION  
Docket No.  
SU23P0068EA

Estate of:  
John E. Cotter, Jr.  
Date of Death:  
10/18/2021

To all interest persons:  
A Petition for Formal Appointment of Personal Representative has been filed by Shelley C. Murphy of Scituate, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.  
The Petitioner requests that: Shelley C. Murphy of Scituate, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

**IMPORTANT NOTICE**  
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 02/22/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty days (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**  
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.  
Date: January 11, 2023  
Felix D. Arroyo,  
Register of Probate

1/19/23  
CT

### LEGAL NOTICE

COMMONWEALTH  
OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND  
FAMILY COURT

Suffolk Probate and Family Court  
24 New Chardon Street  
Boston, MA 02114  
617-788-8300

LETTERS OF AUTHORITY  
FOR PERSONAL REPRESENTATIVE  
Docket No.  
SU22P2614EA  
Estate of:

Suzanne Marie Irwin  
Also Known As:  
Suzanne M. Irwin, Sue Irwin  
Date of Death:  
08/17/2022  
To Elizabeth Schlosser  
19231 Peninsula Shores Drive  
Cornelius, NC 28031  
You have been appointed and qualified as Personal Representative in Unsupervised administration of this estate on November 21, 2022. These letters are proof of your authority to act pursuant to G.L.c.190B.

**CERTIFICATION**  
I certify that it appears by the records of this Court that said appointment remains in full force and effect. IN TESTIMONY WHERE-OF I have hereunto set my hand and affixed the seal of said Court.  
November 21, 2022  
Felix Arroyo,  
Register of Probate

1/19/23  
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# FRESH AND LOCAL

## Home economics

By Penny & Ed Cherubino

Home economics is commonly defined as “cooking and other aspects of household management, especially as taught at school.” From the early 1900s, this subject was promoted for females. In the 1960s, the women’s rights movement objected to the traditional stereotype that girls should be taught cooking and homemaking and boys woodworking and mechanical skills.

Today, in places where this subject is taught, it’s referred to as “family and consumer sciences” (FCS) and is open to all students. In a recent interview, Ben Mer- vis, author of “The British Cook- book,” related that his interest in food came from an assignment in his “home economics” class.

His exposure to household management resulted in a career path. It might provide the skills needed to be a great single par- ent, partner, caregiver, or healthier human for a different person.

### Vital Life Skills

Feeding yourself and your family food that is healthy,

nutritious, safe, and within your budget takes more education than you can obtain by watching a few TikTok videos or following food influencers on Instagram. Training in these vital life skills could result in better decisions about how we spend our food dollars, differenti- ate between good nutritional information and puffery, and min- imize food waste. These topics are essential to our personal well-be- ing, economy, and environment.

Going back to that definition of home economics, we like the idea of teaching anyone who wants to learn how to be the CEO and CFO of an organization called a household. In addition to classes held in schools, community-based continuing education could make it possible for anyone suddenly responsible for feeding themselves and others to learn how to do it well. This might include young people on their own for the first time, seniors who need to adapt to cooking for one, or those who become single parents and need to feed a family.

### So Much To Learn

WBUR reported on the dimin-



*This photo of a home economics class was taken circa 1900–1919 when it was thought that only women needed the skills to manage a home.*

ished availability of home econom- ics classes and teachers. In that article, they quoted Carol Werhan, an FCS educator and member of the board of the American Asso- ciation of Family and Consum- er Sciences. The article’s author, Tove Danovich wrote, “...cook- ing taught through FCS courses is more about having the confidence to experiment in the kitchen than becoming a trained chef. ‘People don’t need to have perfection — you have to know what are the failures that are OK.’ ‘Burnt edges can be cut off. Overcooked meat can still be served.’ Werhan said.”

### Valuable Lessons

Learning that you must practice a skill to master it and that failure along the way is to be expected is a valuable lesson. The WBUR article also talked about students seeing the relevance of what they were doing and learning in FCS classes. At first, they may not realize they are using mathematics, chemis- try, resource management, finan- cial acumen, and organizational skills to follow a recipe or set up a menu. Still, before long, they see the connection.

Once, these skills were passed from generation to generation as

they shared space in multi-genera- tional households and large con- nected families. However, now we also hear of cases where the young are teaching their older family members to make better choices for the family and the envi- ronment. Any knowledge we can provide through FCS education at school or in the community can help ensure we have a new gener- ation of home-ec teachers, young and old.

*Do you have a question or topic for Fresh & Local? Send an email to [Penny@BostonZest.com](mailto:Penny@BostonZest.com) with your suggestion.*



## The Kennedy Center

**Annual Meeting  
January 23rd, 6:30pm**

at the Knights of Columbus in Charlestown.

**Members of the public are welcome to attend.**

**If interested, please RSVP to [tfuller@kennedycenter.org](mailto:tfuller@kennedycenter.org) for a virtual meeting link in case of a COVID surge.**

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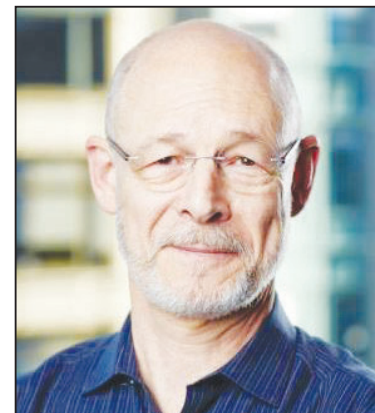
## Hearing health and hearing loss with Steven D. Rauch, MD

Hearing loss is the invisible disability that half of us 75 and older experience every day. Join Dr. Steven Rauch – clinician, researcher and educator – for a fascinating discussion of how hearing works, how and why it fails and what we can do about it.

Steven Rauch, MD is Professor and Vice Chair for Clinical Research of the Otolaryngology Department at Harvard Medical School. He is the Vestibular Division Chief at the Massachusetts Eye and Ear Infirmary and a member of the Otolaryngology Division of Massachusetts General Hospital. Dr. Rauch provides medical care to patients with hearing and balance disorders. His research and speak- ing are focused primarily on com-

bined disorders of hearing and bal- ance, including Meniere's disease, autoimmune inner ear disease, sudden deafness, acoustic trauma, and migraine. He consults with biotech and pharmaceutical firms designing clinical trials for inner ear drug development and delivery. Dr. Rauch is also a Professor in the Liberal Arts Department at Berklee College of Music, where he teaches an undergraduate course on Health and Wellness.

This Zoom webinar is pre- sented by Beacon Hill Village in partnership with Boston Public Library as part of their Living Well Ending Well series. Registra- tion required at [https://beaconhillvillage.org/content.aspx?page\\_id=4002&club\\_id=332658&item\\_](https://beaconhillvillage.org/content.aspx?page_id=4002&club_id=332658&item_)



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