



157 Chestnut St.

14 new construction condos for sale: 2 bed/2 full baths: 904sf-1,280 with private balconies. Garage parking roof deck Media room



WEDNESDAY, JANUARY 12, 2023

FREE

CHARLESTOWN

PATRIOT-BRIDGE —

MY FAVORITE WINTERY THINGS



The artists (back left to right) Ariana, Cate, Grace, Hazel, and Henry. Shown (front left to right) Mackenzie, Maddie, Will, Wes, and Vera.

Special to the Patriot-Bridge

During our Winter Recess Minicamp, our artist friends were asked to consider their favorite winter colors, patterns, and treats. The answers are represented in these vibrant 16x20 mixed media self-portraits. The artists, painted,

drew, colored, and arranged different layers and textures, making countless creative choices along the way. We hope this exhibit puts a smile in your heart and inspires you to reflect on your favorite things this season.

At Essem Art Studio, we spark joy and inspire creativity! We offer programming for little artists (18+

months - 13 years old), adult art nights, and private events/art parties. For more information, visit our website essemartstudio. com, follow us on Instagram @ essemartstudio, or email Chief JoyMaker, Sophia Moon · hello@ essemartstudio.com.

Wu announces Boston Saves January incentive

Special to the Patriot-Bridge

Mayor Michelle Wu announced an incentive to encourage families of Boston Public Schools (BPS) K2-3rd graders to take advantage of Boston Saves, the City of Boston's children's savings account (CSA) program. BPS K2 - 2nd grade families who log in to the program's online savings platform for the first time by January 31, 2023 will earn an extra \$25 for their child's account. This money, plus the \$50 provided in every Boston Saves account and any additional incentives families earn, can be used to pay for their child's future college or career training, providing a financial boost to their child's future. Boston Saves is a collaborative effort between the Worker Empowerment Cabinet (WE) and Boston Public Schools.

"Boston Saves is part of our efforts to connect Boston's young people and families with every economic opportunity possible," said Mayor Michelle Wu. "This collaborative program provides families with a chance to plan early and save even more for their children's future. As we start 2023, I encourage all of our newly participating families to log in to Boston Save's online savings platform and take advantage of this incentive."

"The Boston Saves program is one of the best ways to prepare for your child's academic and professional future," said Boston Public Schools Superintendent Mary Skipper. "It's never too early, or too late to participate, and the January promotion is the perfect time, if possible, to invest a little bit extra into your children's future. We encourage all of our families to take advantage because data shows students who are enrolled in the Boston Saves program are more-likely to enroll and attain a degree in college or a career-training program."

Boston Saves is a tool for working families to save and plan for their children's future college or career training by providing every BPS K2 kindergartner with a CSA automatically seeded with \$50. The incentive encourages families to take a crucial first step towards unlocking the program's many benefits. More than 1,300 BPS families earned a total of \$32,825 for their children's futures through

(Wu Pg. 11)

CNC CORNER

The Charlestown Neighborhood Council will hold an election on Saturday, February 4, 2023 to fill precinct seats and at-large seats. Nomination papers with instructions will be available at CNC02129. org, by email request to cnc02129@gmail.com, and in the Charlestown BPL Branch. Completed nomination papers must be postmarked or hand-delivered no later than January 25, 2023.

There are a total of seven (7) seats open for election: two (2) at-large seats and five (5) precinct seats (Precincts 3,4,6,7, and 8). At-large candidates may live anywhere in Charlestown while precinct candidates must live within the boundaries of the voting precinct that they will represent, if elected.

Every voting precinct in Charlestown has new boundaries and yours may have changed significantly enough to place you in a new voting precinct. To confirm your precinct to run for a seat or to vote in the February election, go to https://www.sec.state.ma.us/WhereDoIVoteMA.

We hope that you will take this opportunity to represent your neighbors, promote the well-being of Charlestown and its people, and ensure neighborhood participation in municipal affairs. If you are not running, please vote in support of your neighbors who are asking to represent you.

The Independent Newspaper Group Offices will be closed on

MONDAY, JANUARY 16

in observation of

MARTIN LUTHER KING,

IR. DAY

The office will reopen on Tuesday, Jan. 17

Deadlines for ads & copy is Friday, Jan. 13.

EDITORIAL

WE MUST NEVER FORGET THE LEGACY OF DR. MARTIN LUTHER KING JR.

For those of us of a certain age, it is hard to imagine that 2023 will mark 55 years since the assassination of Rev. Dr. Martin Luther King in Memphis while he was standing on the balcony of the Lorraine Motel on April 4, 1968. Recalling how we felt when he first heard the news of Dr. King's murder still brings chills and a deep sense of sadness that never has subsided.

For those who are too young to have been alive in that era of American history, there are a few things that everyone should know about Dr. King that should provide inspiration to all of us.

First, Dr. King was fearless. He knew from the inception of his rise to prominence of the civil rights movement that he would become a target for those who opposed change. Yet, even though he often told others that he believed his death would be imminent, he did not relent in his fight to continue his work in the civil rights movement.

Second, Dr. King stood for the rights of all Americans, not merely those of color. Indeed, he was in Memphis working with striking sanitation workers whose pay and working conditions he was seeking to help improve. He was an outspoken critic of the Vietnam War because he knew it to be an unjust war, not only for poor Americans who could not get a college deferment for the draft, but also for the people of Vietnam, whose homeland was being bombed into oblivion at great profit for the American military-industrial complex.

To be sure, Dr. Martin Luther King Jr. was not perfect. No person is or ever has been. Dr. King was just like any of us; he had his strengths and he had his weaknesses.

If Dr. King were alive in the present era, there is no doubt that he would have been in the forefront of the Black Lives Matter movement that highlighted the ongoing racism and economic inequality that oppresses Americans of all races today.

By any measure, Dr. Martin Luther King was a great man. His speeches ring as true today as they did two generations ago; indeed, his "I Have A Dream" and "I've Been to the Mountaintop" speeches are among the most powerful not only in American history, but in all of Western civilization.

All of us should realize from the example set by Dr. King that in each of us is the power to change the world. We may not be as gifted as Dr. King was with his oratory, but each of us has the capacity to inspire others, whether through our words or deeds, whether on a small or large scale, to make the world a better place.

Many of our fellow citizens have followed the path set by Dr. King and many more will do so in the years ahead. So as we celebrate Martin Luther King Day, let us recall not only his memory and the many things he accomplished, but the great things that his legacy is continuing to bring about more than two generations after his death.

"THAT WOULD NEVER HAPPEN HERE...." "OH WAIT -- IT DID!"

For those of us who have been around for a while, the spectacle that unfolded this past weekend in Brazil, where thousands of the fascist followers of former President Jair Bolsonaro stormed that nation's capitol buildings in a violent attempt to overthrow the government of the recently-elected President, Luiz Inácio Lula da Silva, was the sort of news that we regularly watched with indifference.

"Well, that's just one of those countries," we would think to ourselves self-assuredly, secure in the belief that something like that NEVER could happen in the United States. To be sure, we had Watergate, but that never never approximated the realm of a military junta or some other group forcibly seizing power from a democratically-elected government -- though we should note, the U.S. government often was behind that sort of thing

But as all of us know all too well, the violence that took place in Brazil was virtually a replay of exactly what happened at our Capitol two years ago on January 6, 2021, when a few thousand of our fellow Americans, urged on by an American president who similarly had just lost an election, stormed our Capitol building in an effort to thwart the counting of the Electoral College and the peaceful transfer of the Office of President

The political pundits continue to debate whether what happened on 1/6 was an anomaly or whether it will be the new normal. We can only hope that the democratic principles upon which our nation was founded will make it through what promises to be more turbulent days ahead.

GUEST OP-ED

Kevin McCarthy, President Joe Biden and Congress must work to solve problems

Dr. Glenn Mollette

Recently, in a Mexican restaurant in Houston, Texas, a patron shot and killed a man who was robbing other patrons. The robber was masked and brandishing what appeared to be a pistol. If the man who shot the robber is charged with murder for protecting himself and others from a potentially lethal threat, then we have a serious problem.

We have another problem. Millions of undocumented people have crossed our border from El Paso to San Diego and in between. America is being invaded. We do not have enough free housing, welfare and food stamps to support all these people.

Biden wants to mobilize 85,000 IRS agents who will find every dollar they can to support the millions of undocumented people roaming our nation. How many more dollars can the IRS squeeze out of your pocket? Do you have property that they can seize and sell for a few dollars? 85,000 agents will need to find something to do and most likely they will be checking up on everyone.

Arizona has been patching holes in their border with containers which has been working. Biden ordered that the containers be removed. Over one million undocumented people have crossed into America through Arizona during Biden's Presidency.

Can you imagine being a farmer or just living on the Southern Border? This is 24-hour a day nightmare for these landowners. Do you think anyone wants to

buy their property? These same people are coming to your community. They are looking for jobs and housing. They need money and food. Do you have plenty of affordable housing in your community? Do you have big free food banks to feed these people? If you need a reasonably priced apartment, I would suggest you snatch it fast because people are coming who need that apartment and they may have more help from the government than you do to underwrite the costs.

McCarthy, Biden, and Congress must bring back every job we have outsourced to China. We can no longer do business with China. The people who have been living in America the last few years need jobs and millions of new undocumented workers need jobs. By the way, do you remember when the United States Census was a once every ten-year job? Now, Census workers have to work year-round chasing down people who will not complete U.S. Government Census information. How many full-time census workers will it take to chase down all of these undocumented people?

If Biden, McCarthy, and Congress do not protect Social Security your town will probably have to close up. Over 70 million Americans count on Social Security income. Social Security is all or over half of all this number receives each month. As the buying power of the retired population suffers, each community suffers. The government collects social security taxes from people to subsidize us in our old age. Americans will be back into

abject poverty if they don't keep Social Security strong.

Affordable housing, medical insurance and jobs that pay over \$15 an hour must also be McCarthy and Biden commitments. We must be able to buy health insurance across state lines. State governments need to make it easier for working poor to have health insurance. We need real people to answer the telephones in the state and local governments. Websites need to be simple and seamless. Working poor Americans feel like their local states aren't that interested in helping them.

Making medical care more affordable will solve problems for everyone including the insurance companies. Publicly listing the cost of services and surgeries was a good idea that most medical providers don't seem to be following. Making pharmacy purchases from Canada easier is imperative for struggling Americans.

We have some problems in America. Biden, McCarthy and Congress have a lot to do. Name calling, and aggressive behavior in the House only makes for a few seconds of television stupidity. America has some problems. We need for McCarthy and Biden and Congress to step up and help us solve them.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.

The Independent Newspaper Group reserves the right to edit letters for space and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The Independent Newspaper Group publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The Independent Newspaper Group. Text or attachments emailed to editor@reverejournal.com are preferred.



THE CHARLESTOWN PATRIOT-BRIDGE,

Phone: 781.485.0588 © 2008 Independent Newspaper Group.

Eмап.; editor@charlestownbridge.com • Web Stre: www.charlestownbridge.com

Newsstand Price: Free / Subscription price: \$75 annually

President - Stephen Quigley - editor@charlestownbridge.com

Marketing Director - Debra DiGregorio - deb@reverejournal.com

News Briefs

MASS GENERAL BRIGHAM COMMUNITY HOMEWORK CARE VAN CLINIC IN CHARLESTOWN*

MGH The Brigham Community Care van will be at MGH Charlestown HealthCare Center, 73 High Street on January 26 from 4-6p.m.

You do not need to be a Mass General Brigham patient to receive services. We do not ask about your immigration status. The van will be offering free COVID-19 vaccines, antigen testing, and test kits, free flu vaccines for patients with health insurance and free blood pressure screening

Walk-in - no appointment needed; Weather permitting.

POSTAL EMPLOYEES WILL CELEBRATE **MARTIN LUTHER** KING JR. DAY

Post Offices across the commonwealth will be closed on Monday, January 16, as our employees pause to celebrate Martin Luther King Jr. Day. Street delivery on Monday will be limited to guaranteed overnight parcels and there will be no collection of

Full retail and delivery operations will resume on Tuesday, January 17.

FREE AFTER SCHOOL **TUTORING!**

All students Kindergarten through ninth grade can register for after school tutoring with highly qualified, fully certified, current Boston Public School educators for weekly in-person homework support. Homework club will run every week(except for dates on which BPS is closed for weather, school breaks or otherwise) through the end of the school year on Tuesdays and Wednesdays, 4:30pm-6:00pm beginning January 17.

Parents must register in advance in order to complete our liability waiver and receive weekly sign-up emails. Registration is on a rolling basis throughout the duration of the program. Registered families should expect to receive a weekly Google Document by the end of day each preceding Thursday. The maximum number of students will be eight per session. Students must bring their homework to the Learning Center for tutoring. Chromebooks available for students with online homework.

Please contact Blake Riley, cllclearningdirector@gmail.com, with any questions. You do NOT need to be a lacrosse family to

CHA Opens New Community Behavioral Health Center

Cambridge Health Alliance (CHA), a community health system serving Cambridge, Somerville, and Boston's metro-north communities, has opened a new Community Behavioral Health Center at CHA Cambridge Hospital (1493 Cambridge Street, Cambridge). CHA is now one of 25 designated Community Behavioral Health Centers that will be operating in Massachusetts.

The Community Behavioral Health Center (CBHC) is a new model of behavioral health care designed to expand access to routine, urgent, and crisis treatment for mental health conditions and substance use disorders. At CHA, key CBHC services include a 24-hour Access and Crisis Line (833-222-2030) and a Behavioral Health Urgent Care, open daily. CHA will also provide 24/7 mobile crisis services in individuals' homes, schools, or other community locations.

With the new services in place, people will be able to get connected to behavioral health treatment more quickly -- with same-day evaluations, referrals, and evidence-based treatments. Patients will also have access to additional support as needed, including specialty care, case management, recovery coaches, and new peer support group programs.

"CHA is proud to be part of this exciting initiative to help people of all ages," said Carl Fulwiler, MD, PhD, interim chair and chief of psychiatry at CHA. "We expect these services will make a real difference in the lives of local individuals and families."

The Cambridge Health Alliance CBHC serves the communities of Cambridge, Everett, Malden, Medford, and Somerville. There are other designated CBHC sites for people in adjacent communities. CHA plans to open a second CBHC site in Malden later this

"The Community Behavioral Health Center will be essential in improving the health of our communities," said CHA CEO Assaad Sayah, MD. "The past few years have been difficult for everyone, leading to extraordinary demand for behavioral health care. By expanding access to evaluation and treatment, we will be able to decompress hospital emergency departments and provide more timely and more effective care. Most importantly, it gives us the ability to help people who might otherwise slip through the cracks of the healthcare system, allowing greater health equity."

Cambridge Health Alliance is an academic community health system committed to providing high-quality care in Cambridge, Somerville and Boston's metro-north communities. CHA has expertise in primary care, specialty care and mental health/ substance use services, as well as caring for diverse and complex populations. It includes two hospital campuses, a network of primary care and specialty practices and the Cambridge Public Health Dept. CHA patients have seamless access to advanced care through the system's affiliation with Beth Israel Lahey Health. CHA is a Harvard Medical School teaching affiliate and is also affiliated with Harvard School of Public Health, Harvard School of Dental Medicine and Tufts University School of Medicine.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Steinkrauss, Robert A	9 Eden St LLC	9 Eden St #2	\$1,385,000
Jody R Baum RET	Franzsen, Kara	12 Wood St #3	\$725,000
Duffey, Conor P	Kolano, Barry M	19 Prospect St #3	\$975,000
Gomes, Matthew R	Mulvaney, Kathleen M	45 1st Ave #406	\$272,323
Nardella, Elizabeth	Holt, Peter D	284 Bunker Hill St #4	\$1,400,000



253 Main St. • Charlestown • 617-241-5566 www.c21elite.com

Sales • Rentals • Free Market Analysis **Certified Buyer Agents**

Real Estate AUCTION



$7,674 \pm SF$ **BACK BAY ROW HOUSE**

291 BEACON STREET BOSTON, MA

Licensed Lodging House Vacant with Conversion Potential 3± Parking Spaces in Rear

> Friday, February 3 at 11am On-site

<u>Manning</u>

Info, Full Terms, Broker Reg & More at: www.JJManning.com 800.521.0111

Property Preview: Friday, January 27 (11am-1pm)

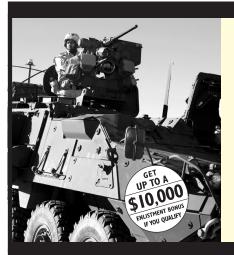


THINK OF IT AS AN OWNER'S MANUAL FOR YOUR MONEY.

The free Consumer Action Handbook. In print and online at ConsumerAction.gov, it's the everyday guide to protecting your hard-earned money. For your free copy, order online at ConsumerAction.gov; send your name and address to Handbook, Pueblo, CO 81009; or call toll-free 1 (888) 8 PUEBLO.

Being a smart shopper just got easier.

A public service message from the U.S. General Services Administration



ADRENALINE RUSH!

You'll also get career training and money for college. If you're ready for the excitement, join the Army National Guard today.



I-800-GO-GUARD • www.I-800-GO-GUARD.com

NFPA encourages prompt removal of Christmas trees

One-third (33 percent) of U.S. home fires involving Christmas trees occur in January. With this post-holiday fire hazard in mind, the National Fire Protection Association® (NFPA®) strongly encourages everyone to keep the festive memories and remove the hazards by disposing of Christmas trees promptly after the holiday season

"As much as we all enjoy the look and feel of Christmas trees in our homes, they're large combustible items that have the potential to result in serious fires," said Lorraine Carli, vice president of Outreach and Advocacy at. "The longer Christmas trees remain in homes, the longer they present a risk."

Carli notes that fresh Christmas trees, which continue to dry out

and become more flammable over time, are involved in a much larger share of reported Christmas tree fires than artificial trees.

According to the latest Christmas Tree Fires report from NFPA, 160 home structure fires began with Christmas trees, resulting in two civilian deaths, 11 civilian injuries, and \$12 million in direct property damage, on average each year between 2016 and 2020. Overall, fires that begin with Christmas trees represent a very small but notable part of the U.S. fire problem, considering that they are generally in use for a short time each year.

To safely dispose of a Christmas tree, NFPA recommends using the local community's recycling program, if possible; trees should not be put in the garage or left outside.

NFPA also offers these tips for safely removing lighting and decorations to ensure that they remain in good condition:

- Use the gripping area on the plug when unplugging electrical decorations. Never pull the cord to unplug any device from an electrical outlet, as this can harm the wire and insulation of the cord, increasing the risk for shock or electrical fire.
- As you pack up light strings, inspect each line for damage, throwing out any sets that have loose connections, broken sockets or cracked or bare wires.
- Wrap each set of lights and put them in individual plastic bags or wrap them around a piece of cardboard.
- Store electrical decorations in a dry place away from children

and pets where they will not be damaged by water or dampness.

For more information on home fire safety all winter long, visit "Put a Freeze on Winter Fires," a winter safety campaign NFPA promotes annually with the U.S. Fire Administration.

For this release and other announcements about NFPA initiatives, research, and resources, please visit the NFPA press room.

NFPA: 125 Years of Protecting People and Property

The National Fire Protection Association® (NFPA®) is a global self-funded nonprofit organization devoted to eliminating death, injury, property, and economic loss due to fire, electrical, and related hazards. The association began its work to solve the fire problem in a young, industrialized nation

in 1896 and has since become a global force known for advancing safety worldwide. NFPA delivers information and knowledge through more than 325 consensus codes and standards, research, training, education, outreach, and advocacy; and by partnering with others who share an interest in furthering the NFPA mission. In celebration of its 125th Anniversary, NFPA is hosting a Conference Series and other initiatives that reflect the association's steadfast commitment to advancing fire and life safety for the next 125 years and beyond. For more information or to view NFPA codes and standards for free, visit www.nfpa.

Edwards Appointed Senate Vice-Chair of the Metropolitan Beaches Commission

Senator Lydia Edwards, State Senator for the 1st Suffolk and Middlesex, has been appointed as Senate Vice-Chair of the Metropolitan Beaches Commission (MBC). The Commission is co-chaired by Senator Brendan Crighton of Lynn and Representative Adrian Madaro of East Boston.

The MBC was created in 2006 by the Massachusetts Legislature and is managed by Save the Harbor/Save the Bay to take an in-depth look at the Boston metropolitan region's public beaches. It is composed of elected officials and community leaders from Boston and the metropolitan region's waterfront neighborhoods and beachfront communities.

The MBC appointed a Senate Vice-Chair, House Vice-Chair, and Community Vice-Chair, in an effort to expand and diversify the collective leadership of the MBC. The team will lead the Commission's ambitious policy agenda in the upcoming legislative session to improve equitable access for communities to our public beaches, regardless of race, ability, gender, sexual orientation or language spoken.

Senator Lydia Edwards brings her connections to the 1st Suffolk and Middlesex as both a City Councilor and Senator, as well as her critical perspectives from residents in coastal communities, the district with the most extensive coastline in the state. Her record of supporting social justice is critical to the work of the MBC, as ini-



Senator Lydia Edwards with Save the Harbor/Save the Bay Executive Director Chris Mancini (Left) and Representative Adrian Madaro (Right) at Save the Harbor's 2022 Shamrock Splash.

tiatives to amplify the values and voices of people of color, people with disabilities and non-English speakers in the region's urban natural resources continue to grow.

"I'm honored to be appointed as the Senate Vice-Chair of the Metropolitan Beaches Commission," Senator Edwards said. "I look forward to working with my fellow commissioners on making our public beaches more accessible for all."

"Boston Harbor, the waterfront, and Constitution Beach are important to residents across East Boston," said Rep. Adrian Madaro. "We are so excited to have Sen. Edwards representing East Boston, Revere and Winthrop as a Vice-Chair of the Metropolitan Beaches Commission. Her work and passion for our community makes her a perfect addition to the Commission."

Rep. Joan Meschino, Massachusetts State Representative for 3rd Plymouth, was appointed as House Vice-Chair and Chris Byner, Program Director for the Boston Police Activities League, was appointed as Community Vice-Chair of the Metropolitan Beaches Commission.

"The incoming Vice-Chairs bring unique skill sets and perspectives that will certainly strengthen our leadership team," said Senator Brendan Crighton. "We are thrilled to have them on board and I look forward to working with them to make our beaches cleaner, safer, and more accessible."



Call your Ad Rep at (781) 485-0588

Or Reach them on Email! Tap on Your rep below to start sending an email!

Maureen DiBella | Sioux Gerow | Deb DiGregorio

BOSTON PARKS AND RECREATION HOSTS MAYOR'S CUP HOCKEY TOURNAMENT

Youth hockey teams from throughout the city battled for the title of "Boston's Best" at the 2022 Mayor's Cup Ice Hockey Tournament hosted by the Boston Parks and Recreation

Department in partnership with the Boston Bruins Foundation and P and G Gillette. The tournament began December 16 and ended December 31 with 134 games played at eight different rinks throughout the city. A total of 1,263 youth hockey players participated from seven different programs: Allston-Brighton; S.C.O.R.E Boston; Charlestown; Dorchester; Hyde Park; Parkway;

and South Boston, all competing for the Annual Mayor's Cup in 15 different divisions. Special thanks go to Boston College, the Massachusetts Department of Conservation and Recreation, and

FMC Ice Sports for the donated ice time and the youth hockey directors, board members, coaches, parents, and athletes who took part





Girls U14 - Charlestown

Squirt AAA - Charlestown

Photos by Jon Seaman:



Peewee AAA - Charlestown

TO ADVERTISE
IN THE
CHARLESTOWN
PATRIOT-BRIDGE
PLEASE CALL
781-485-0588

The City of Boston reminds you:

The legal drinking age is 21.



Thanks for not providing alcohol to teens.

Proudly sponsored by The Patrón Spirits Company.

WWW.DONTSERVETEENS.GOV

Harvest on Vine Emergency Food Pantry

January 2023
Friday, Jan. 13th - 3pm - Set-Up
Saturday, Jan. 14th - 10am - Distribution
1/30- Set-Up 3pm - Distribution 1/31-2pm

Director, Tom MacDonald 617-990-7314

CHARLESTOWN GYM HOCKEY

FINAL STANDINGS 2022/2023

	W	L	_т
Bryan's Pals	12	1	2
Duce 2	6	6	3
Halligan Club	5	8	2
A-1 Convenience	2	10	3

Players of the SEASON for 2022-23

A-1 Convenience - Coach Cesar Bryan's Pals - Coach Kerri Duce 2 - Coach Mikaela & Coach Gia Halligan Club - Coach Shane

We would like to thank all of the Coaches, John and Karen from the Boys And Girls Club and the parents for helping to make this another successful Gym Hockey Season.

Thank You,

Charlestown Gym Hockey Board

Swearing-In Ceremony

DIDOMENICO, SWORN IN AS STATE SENATOR

On January 4, Sal DiDomenico was sworn in for his 7th term as Massachusetts State Senator for the Middlesex and Suffolk district. DiDomenico's district now includes all of Charlestown, Chelsea, and Everett, and half of Cambridge.

Sen. DiDomenico has passed a wide range of legislation since being first sworn in over 12 years ago. These laws have provided funding for community organizations, school programs, and public projects in the district, expanded access to nutritious foods, supported working families by increasing cash benefits, fought back against the climate crisis, spurred economic development, protected our environment, and so much more.

"It is an incredible honor to be sworn in for another term as a Massachusetts State Senator," said Sen. DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "I want to thank the residents of Cambridge, Charlestown, Chelsea, and Everett for your confidence and trust in me once again. We have accomplished so much together, but there is still a lot of work to do, and I can't wait to continue fighting for everyone in my district and across our Commonwealth."

Sen. DiDomenico later joined his colleagues in unanimously voting to re-elect Karen Spilka as Senate President for the upcoming legislative session. "I was proud to



Shown at the swearing in ceremony are, Sal DiDomenico (son), Senator Sal DiDomenico, Senate President Karen Spilka, Tricia DiDomenico and Matthew DiDomenico.

vote for my friend, Karen Spilka, to continue leading the body as our Senate President. Senate President Spilka has been an incredible leader and I look forward to my continued partnership with her in the upcoming session."



ANNUAL MEETING Of The Kennedy Center

The Kennedy Center's mission is to provide individuals and families in need with services, opportunities, and the tools they require to lead productive and fulfilling lives.

The Kennedy Center will hold its Annual Meeting on January 23rd, 6:30pm

at the Knights of Columbus in Charlestown.

Members of the public are welcome to attend. If interested, please RSVP to tfuller@kennedycenter.org for a virtual meeting link in case of a COVID surge.

The Center also welcomes candidates for the Board of Directors (limited number of open seats).

A key responsibility of board members is to collaborate with the Executive Director in the planning of significant initiatives which support the positive impact of the Kennedy Center on children, families and seniors, especially those living with few financial resources. Candidates for board seats should write a letter of interest explaining how their skills and background (professional and/or personal) would support the Center's mission and add to the diversity of experiences which inform the Center's work.

Other responsibilities of board members include:

- Provide oversight of financial and legal commitments undertaken by the Center to ensure full compliance as a 501©3 nonprofit and to ensure the sustainability of the Center and its mission.
- Serve as an ambassador for the Kennedy Center at community events and fundraisers
- Participate in one Board of Directors meeting per month from 6:30-8:00 pm (except July and August)
- Participate in at least one committee, at the discretion of the President of the Board. Committees include Building/Facilities, Nominating/Governance, Fundraising, and Finance

Please email letters of interest to the Executive Director, Thara Fuller, tfuller@kennedycenter.org and the Board President, Eileen Ward, eileenward1974@gmail.com

Contact for questions: Thara Fuller 617-241-8866 tfuller@kennedycenter.org



Shown are Senator Jamie Eldridge, Senator Sal DiDomenico, Senator Jo Comerford, Senator Julian Cyr, Lieutenant Governor Kim Driscoll, and Governor Maura Healey.



Pictured with Staff, Sen. Sal DiDomenico (second from left) Martina Matta, Christie Getto Young, Ayla Thorntona, and Eli Fenichel.



Give now.



Hayden sworn in as the Suffolk County District Attorney

Special to the Patriot-Bridge

Kevin R. Hayden was sworn in as the Suffolk County District Attorney on Monday, January 9, at Roxbury Community College.

Hayden was appointed by Governor Charles Baker to the fill the unexpired term of Rachael Rollins who was appointed United States District Attorney for Boston by President Joseph Biden. The following is Hayden's Inaugural Address:

Good evening. It's so wonderful to see everyone gathered here. I'm truly honored and humbled to stand before you for my inauguration and swearing in as the elected District Attorney for Suffolk County.

There are some thank you's I need to offer up at the outset. First, thank you to all my supporters. Whether you volunteered on my campaign, made a contribution, put a sign on your lawn, or simply voted for me and encouraged others to do so, I thank you. I thank you for believing in me and for believing in a vision of what's possible in Suffolk County.

Thank you to my Transition and Community Advisory Committee for your support. I look forward to the important foundational work we'll do together.

Thank you, Ralph Martin for hiring me way back in 1997 and for your many years of mentorship, support and friendship.

Thank you, Governor Baker for the confidence you had in me to appoint me as the interim D.A. and for your guidance and leadership.

Thank you, Senator Collins and Representative Tyler for your incredible support.

Thank you, Chief Justice Budd for doing the honor of swearing me in this evening.

Thank you, all our police officers in Boston, Chelsea, Revere and Winthrop, and at the MBTA and State Police, for your selfless service

Thank you to all of my staff at the District Attorney's Office for your tireless commitment to justice, public safety and the welfare of our Suffolk County residents. You are the greatest group of public servants working for the best D.A.'s Office in the Commonwealth, and perhaps even one of the best in the nation. For all my A.D.A.'s here I look forward to the honor of swearing you in at the conclusion of this program.

Thank you to all of the elected officials here today, my partners in government. I look forward to continuing to partner with all of



From left: Kevin Hayden, Carson Hayden, Michelle Hayden, Jordan Hayden and Supreme Judicial Court Chief Justice Kimberly Budd.

you as we work to make Suffolk County even greater.

Thank you to all the residents of Suffolk County and your commitment to what is right...good... fair...and just...and your concern for public safety and the support of those impacted by crime.

Thank you to my mom, Charlene Roberts-Hayden, for your unconditional love and constant prayer. All my life you've been faithful, all my life you've been so so good.

Thank you to my wife Michelle and my sons Jordan and Carson. I love you more than words can express. To my beloved Michelle, I am nothing without you, and to my 2 sons you make me so proud every day.

I want to start by sharing a story of a chance meeting I had with a young man just before Christmas, and a card I received on the first day back in the office in 2023.

[Tell story of meeting young man from Power Corps Boston on the steps of West Roxbury District Court – Career development program paying and preparing young adults in need of support for a career in the green industry].

[Read card from survivor.] Over the years I've witnessed many testimonies like this and I'll touch upon them again later in my address.

When I returned to the office about a year ago it was exciting and surreal. The honor of returning to where my career began... to an office and county that has always had my heart...to a calling to serve as leader of this great office...was extraordinary and is still somewhat difficult to even put into words

But I CAN put into words some

of the things we've done already.

We created the Boston First Program to focus on firearm violence, gun trafficking and unsolved shootings.

We created a new Civil Rights Unit with prosecutors in the district and superior courts.

We established a community engagement team to create neighborhood partnership, collaboration and trust that will achieve a level of community-based prosecution never seen before.

We launched our Services Over Sentences Program to provide true assistance and real alternatives to prosecution for those battling with substance use disorder at Mass and Cass and even beyond.

And while I believe we're off to a great start, there's much left to do. The statistics for last year showed a continuing drop in serious crime in Boston, but an increase in gun arrests involving youth and an alarming spat of violence this fall. I believe we must deal with crime comprehensively and collaboratively to get to the root of the problem.

We will create the Suffolk County D.A. Youth Engagement Council, made up of young people from throughout Suffolk County, to gain a deeper and better understanding of the factors at play in youth violence, and how to create effective prevention strategies.

We will also create the Emerging Adult Alternative Resolution Program in collaboration with the Center for Law, Brain & Behavior at M.G.H. and Harvard Medical School. This program will offer real, comprehensive alternatives to prosecution for Suffolk County's young adult population.

We'll be seeking additional funding to expand our Services Over Sentences program to tackle the opioid epidemic. We've already seen great outcomes since we launched last summer, and we want to help even more people in their paths to recovery.

Our Transition and Community Advisory Committee will assist in the development of our strategies to address crime intervention and prevention, and enhance community trust and operational transparency and accountability.

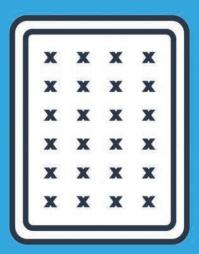
The Suffolk County District Attorney's office has been nationally recognized for decades now thanks in large part to the incredible work of my predecessors. Ralph Martin gained country-wide recognition for bringing the office out of the courts and into the neighborhoods. Dan Conley built

on that while creating the Juvenile Alternative Resolution program and establishing specialty courts to help veterans and others with sentencing alternatives. Rachael Rollins added data-driven outcomes and historic accountability with the Crime Strategies and the Integrity Review Bureaus.

And I declare here today that our best and brightest days of community safety...and neighborhood security...and systemic reform still lay ahead. When we unite in faith and hope... when we work together in faith and hope... we can achieve amazing results.

Faith is the substance of things hoped for, the evidence of things not seen. Even when we can't see it we must know that our hope is never mere nor meager. When all

(Hayden Pg. 9)



CURBSIDE MATTRESS RECYCLING IS HERE!

Starting in January 2023, the City of Boston is launching a free, curbside mattress and box spring recycling service Citywide.

To learn more and find out how to prepare your mattress for collection, visit boston.gov/mattress-recycling

CITY of BOSTON



Public Works

INAUGURATION DAY



State Sen. Lydia Edwards is pictured on Inauguration Day Jan. 4 at the State House with some of her colleagues in the Senate. From left, are Sen. Pavel Payano, Sen. Liz Miranda, Senate President Karen Spilka, Sen. Lydia Edwards, and Sen. Adam Gomez.



Celebrate Catholic Schools Week 2023

January 29 - February 4 CSW23

This year's theme is "Catholic Schools: Faith. Excellence. Service." Catholic schools have a specific purpose to form students to be good citizens of the world, love God and neighbor and enrich society with the leaven of the gospel and by example of faith.

As communities of faith, Catholic schools instill in students their destiny to become saints. Academic excellence is the hallmark of Catholic education intentionally directed to the growth of the whole person – mind, body and spirit. Finally, service is fundamental to Catholic education and the core of Catholic discipleship. Service is intended to help form people who are not only witnesses to Catholic social teaching, but also active participants through social learning.

Publishing January 25 & 26

3x5 or 2x8 Color \$200.00 Per Paper 3x5 or 2x8 Color \$750.00 4 Papers 3x5 or 2x8 Color \$1,000.00 8 Papers

The Revere Journal • The Winthrop Sun Transcript • Chelsea Record Everett Independent • East Boston Times Free Press • Lynn Journal Charlestown Patriot Bridge • North End Regional Review

Deadline: Thursday, January 19th

Email your rep. or call 781-485-0588

Deb DiGregorio - deb@reverejournal.com

Maureen DiBella - mdibella@winthroptranscript.com

Sioux Gerow - charlestownads@hotmail.com



Charlestown Neighborhood Council

Special Election - February 4, 2023

The Charlestown Neighborhood Council will hold an election on Saturday, February 4, 2023 to fill <u>five precinct seats</u> (Precincts 3,4,6,7, and 8) and <u>two at-large seats</u>. At-large candidates may live anywhere in Charlestown while precinct candidates must live within the boundaries of the voting precinct that they will represent, if elected.

Nomination papers with instructions will be available at on our website, by email request to **cnc02129@gmail.com**, and in the Charlestown BPL Branch. Completed nomination papers must be postmarked or hand-delivered no later than January 25, 2023.

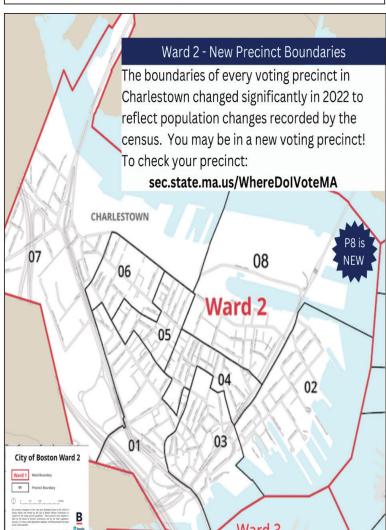
We hope that many of you will take this opportunity to represent your neighbors, promote the well-being of Charlestown and its people, and ensure neighborhood participation in municipal affairs.

If you are not running, please vote in support of your neighbors who are asking to represent you!

IG: @cnc02129 FB: @I

FB: @Boston02129

Website: cnc02129.org





Our readers are always seeking local resources.

Call for a great rate on a long term

COLOR campaign for your business.

Sioux Gerow charlestownads@hotmail.com
781-485-0588 x106

DIDOMENICO JOINS FAMILY AND FRIENDS AT HEALEY/DRISCOLL INAUGURATION



Senator Sal DiDomenico and Governor Maura Healey.



Senator Sal DiDomenico (left) with Representative Judith Garcia and Rep. Garcia's Aide Manuel Teshe.

On January 5th Senator Sal DiDomenico, accompanied by family and friends, attended Governor Maura Healey and Lieutenant Governor Kim Driscoll's inauguration at the State House and celebration at the TD Garden. The momentous Garden celebration included performances by musical groups from throughout Massachusetts including the Everett High School Marching Band.

"I want to congratulate my friends, Governor Maura Healey and Lieutenant Governor Kim Driscoll, on their historic inauguration," said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "It was great to see so many friends joining the celebration and witnessing the musical talents of Grammy Award winner Brandi Carlile, our very own Everett High School Marching Band, and so many other wonderful performances. I cannot wait to partner with the Healey/Driscoll team to accomplish great things for the residents of the Commonwealth."



Senator Sal DiDomenico (center) with his son, Matthew DiDomenico and wife, Tricia DiDomenico.



Governor Healey (right) and Lieutenant Governor Kim Driscoll.

HAYDEN (from pg. 7)

other senses sleep our eye of hope is the first to awaken and the last to shut. Today more than ever, we must hold unswervingly to hope. But hope for what? Well one main hope for me is the multiplication of overcomers.

If you've heard me speak at all recently you already have a flavor of what I'm about to say. But I'm determined to speak this message into existence. An overcomer is defined as someone who prevails over opposition, difficulties, conflict, or attack. An overcomer is someone who knows weeping may endure for a night but joy comes in the morning. An overcomer is

someone with a spirit who won't allow themselves or others to be defeated by tragedy or adversity... and thus ultimately triumphs.

An overcomer won't suffer alone and seeks to find refuge, solace and peace in the sharing of fellowship with others. Whether you're a homicide survivor who has lost a loved one to violence, or a survivor of rape, human trafficking or sexual assault who now ministers to others, someone who's gotten sober and triumphed over substance use disorder who now mentors or sponsors another, or are a returning citizen who has turned your life around and is now

helping others do the same, YOU ARE AN OVERCOMER! You will help transform Suffolk County. It is by and through the spirit of overcomers the curse of violence in Suffolk County will be broken. I believe when the power at work in restored overcomers is poured out and multiplied, miracles will happen, deliverance from the clutches of crime and violence will become manifest. The mission of this office will be to always fight for you and stand with you each and every day.

I thank all of you, I am humbled by the opportunity you have given me, and I stand ready to lead this wonderful office. Thank you.

SEND US YOUR NEWS

The Patriot-Bridge encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com.

OBITUARIES

All obituaries and death notices will be at a cost of \$150.00 per paper.
Includes photo.No word Limit.
Please send to obits@reverejournal.com or call 781-485-0588

CONSTRUCTION UPDATE

North Washington Street Bridge construction look-ahead through January 21

This is a brief overview of construction operations and impacts for the North Washington Street Replacement Project. MassDOT will provide additional notices as needed for high-impact work and changes to traffic configurations beyond those described

Contraflow Pilot

- Beginning, Monday, January 9 2023, MassDOT will be implementing a pilot contraflow traffic setup on the temporary bridge during evening peak traffic (3:00 p.m. to 7:00 p.m.), Monday through Friday for 6 months.
- The temporary bridge's current roadway set up provides 1 northbound lane and 2 southbound lanes. As part of the contra-flow pilot during evening peak traffic there will be 2 northbound lanes and 1 southbound lane.
- Traffic monitoring will be in place to determine if the contraflow traffic setup is effective in improving traffic flow.
- The contraflow will not be in place during holidays or inclement
- Police details, lane markings, temporary barriers, traffic cones, signage, and other tools will be used to control traffic during set up and operation of the contra-

Scheduled Work

- Weld repairs wrap up
- Installation of bridge deck formwork at North Abutment
- Installation of electrical conduits on bridge structure
- Installation of steel support
- Installation of marine wooden
- Installation of sidewalk steel and formwork

Work Hours

• Most work will be done during weekday daytime hours (6:00 a.m. – 4:00 p.m.)

Travel Tips

For everyone using the temporary bridge, please help share the space: walk to the right, walk bikes, and be mindful of people coming from both directions, if walking in a large group.

Drivers should take care to pay attention to all signage and move carefully through the work zone. Police details, lane markings, temporary barriers, traffic cones, signage, and other tools will be used to control traffic and create safe work zones.

The Tudor Wharf Walkway (under the bridge next to the water in Paul Revere Park) will be intermittently closed for safety during construction operations, with access provided via the Water

Street underpass. The Boston Harborwalk under the bridge and eastern/harborside bridge sidewalk remain closed until rebuilt.

The contractor is coordinating with the TD Garden and local police to provide awareness and manage traffic impacts during events. For your awareness, the following TD Garden events are scheduled during this look-ahead

- BRUINS: 1/12 at 7:00 p.m., 1/14 at 7:00 p.m., and 1/16 at 1:00
- CELTICS: 1/9 at 7:30 p.m., 1/11 at 7:30 p.m., and 1/19 at 7:30
- ALL OTHER EVENTS: 1/21 at 9:00 a.m.

How can I find more informa-

Stay up-to-date and informed by following the @MassDOT twitter account and Mass 511 for realtime updates, visiting the project website, or emailing us with any

You can also sign up to receive project updates via email by clicking this link.

Project website: gov/north-washington-street-bridge-replacement

Project email: NorthWashingtonStreet@dot.state.ma.us

STICK TO IT! Share your message in our paper with a STICKY NOTE

OPEN HOUSE? STICK IT!

FUNDRAISER? STICK IT!

NEED-TO-KNOW INFO? STICK IT!

Keep your name in the eyes of our thousands of readers!



Sticky size: 3 in. x3 in. Shown sized to scale above covers approx. 2 columns

Copy for a Sticky due 3 weeks prior to run date

Four Options to Choose From

7,000 COPIES \$600 | 7,000 COPIES \$700 | 12,000 COPIES \$800 2-COLOR

12,000 COPIES \$900

4-COLOR STICKIES CAN BE A COMBINATION OF COLORS. 2-COLOR STICKIES CAN BE MADE WITH ANY 2 COLORS

Call or Email Your Rep Today!

781-485-0588 ext. 103:Maureen 101:Deb 110:Kathy 125:Sioux

Reading on a Screen?? Click on Your Rep's name to start sending them an email!

BUSINESS DIRECTORY

Ryan Masonry

Chimneys · Fireplaces Cellar Floors • Restoration French Drains · Repointing

Free Estimates, Lic. & Ins.

Local References Phil - 617-230-3490

JOHN J. RECCA

Interior/Exterior

Fully Insured

Quality Work

Reasonable Rates

Free Estimates reccapainting@hotmail.com

781-241-2454



Licensed & insured Complete electrical services www.johnpmchughelectric.com Jmchugh447@gmail.com 617-320-7703

√ PAIÑTING TO ADVERTISE Commercial/Residential PLEASE CALL 781-485-0588

• Revere • Everett • Winthrop • Lynn • East Boston • Chelsea • Charlestown



Classified

More Than 100,000 Readers Each Week

REAL ESTATE Sales • Rentals

· Auto Sales · Yard Sales

• Miscellaneous

HELP WANTED -PCA

Personal Care Attendant EVERETT - Personal Care attendant needed. 5 shifts available are: 3-7pm. Fri-Sat-Sun, and 8am-2pm Sat & Sun . Please call Susan 617-389-6190 1/18

FOR RENT

2 Bdrm Revere Beach Blvd Ocean View Heat & Hot Water incl. Parking Space, section 8 accepted, Available Now. \$2500. Call 781-558-8640 leave message. 1/11-2/7

OFFICE SPACE

REVERE - Broadway Office Space, 2nd floor. \$500 includes utilities and parking. 781-864-9958 1/31

Visit www.charlestownbridge.com

CHARLESTOWN BEAT

COMMUNITY ROOM: The 2nd floor Community Room at 20 Vine St. is available to neighborhood groups for meetings.

Please call Christine Vraibel at 617-343-4627 or email christine.vraibel@pd.boston.gov to reserve. POLICE RELATED INFO: Contact the District A-1 Community Service Office at 617-343-4627.

Leaving Scene - Property

01/08/2023 - At about 5 p.m., police responded to a radio call for report of a hit-and-run to a motor vehicle at 68 Old Landings Way.

Upon arrival, the responding officer spoke with the victim, who stated that her 2019 Honda Civic was damaged while parked at the aforementioned address. The victim said she parked the vehicle in front of her residence at 1 p.m. on Jan. 7, and at about 11:30 a.m. the next day, she noticed the damage to the vehicle.

The officer observed extensive

damage to the back left-hand side of the car that appeared consistent with being struck by another motor vehicle.

The victim stated that she spoke to the housing management, who will attempt to provide security footage of the incident.

District A-1 detectives were expected do a follow-up investigation into the incident.

Vandalism

01/09/2023 - At approximately 8:30 p.m., an officer entering the front doors of District A-15 noticed damage to the door frame and glass.

The officer observed a small cement block split into three pieces on the ground a few feet from the doors but hadn't noticed any damage to the front doors at any point in previous day's first half tour. The damage visible comprised marks and grooves made to the glass from the impact of the cement block, as well as dents, marks, and scrapes to the metal of the doors from multiple contacts.

The officer observed no further damage to any other doors, windows, or sides of the building.

AD SIZE

in pixels

W: 160px

H: 600px

WU (from pg. 1)

last year's January incentive.

When a family logs in to the Savings Center, they can:

- See the money in their child's Boston Saves account
- Link their own financial account to the Savings Center to track all their savings for their child in one place
- Earn more money for their child's Boston Saves account by taking simple steps like reading with their child, or saving regularly

Additionally, Boston Saves motivates families to earn more money for their child through regular incentives, and provides financial education and resources that make saving easier and helps families get ahead. Since the program began, Boston Saves has provided funds more than \$1,040,000, including \$113,000 in family-earned incentives, to more than 18,580 students.

Research shows that the mere presence of savings can motivate post-secondary success. In one study, low-income children with less than \$500 in an account dedicated to higher education were three times more likely to enroll in college and four times more likely to graduate from college.

"Boston Saves is a great initiative from the City of Boston to help families learn about the importance of saving," said Erin DiCarlo, parent of two Boston Saves' students at the Adams Elementary School. "With financial literacy often lacking in schools, this program helps teach families to have their children begin saving for their future at a young age. It also gives students an incentive to read!"

The Boston Saves incentive will be applied to the accounts of all students whose families have logged in to the Savings Center for the first time since November 2022, when the platform first became available to current K2 kindergarten families. Currently, all K2-3rd grade students in BPS have Boston Saves accounts. Families of students in select older grades may also have accounts (and thus be eligible for the promotion) if they were part of the Boston Saves pilot program or joined a pilot cohort. Families that have eligible children should have received an email from bostonsaves@boston.gov with a direct link to log into their child's account. Parents/guardians who believe their child is eligible (K2-3rd grade BPS students) but did not receive an email can contact the Boston Saves team at bostonsaves@boston.gov with their child's name, grade and school. Find more information about Boston Saves including eligibility requirements at BostonSavesCSA.

Managed by the Mayor's Office of Financial Empowerment, Boston Saves is the City of Boston's children's savings account (CSA) program. Starting in K2 Kindergarten, Boston Saves provides each student with a CSA automatically seeded with \$50 for their future college or career training. The program also provides opportunities for families to earn additional Boston Saves Dollars for their child's account and to take advantage of financial education resources that make saving easier.

The Worker Empowerment Cabinet (WE) leads the City's work in advancing the well-being of all working Bostonians in both the public and private sectors by linking worker empowerment policy and programs to create a safe, healthy, and climate resilient city

Extend your Business's reach with Online Advertising!

Clients and Customers are just a click away!

> \$300⁰⁰ per month per site







NEWSPAPERS

REVEREJOURNAL.COM •WINTHROPTRANSCRIPT.COM LYNNJOURNAL.COM • EVERETTINDEPENDENT.COM EASTIETIMES.COM • CHELSEARECORD.COM CHARLESTOWNBRIDGE.COM • BEACONHILLTIMES.COM NORTHENDREGIONALREVIEW.COM • THEBOSTONSUN.COM JAMAICAPLAINGAZETTE.COM • MISSIONHILLGAZETTE.COM

Combo Rates available! Buy any 3 sites, get 4th FREE please send in "png"

format

Call 781-485-0588 to get started!

LEGAL NOTICE

LEGAL NOTICE

OF MASSACHUSETTS THE TRIAL COURT PROBATE AND **FAMILY COURT Suffolk Division** 24 New Chardon St. Boston, MA 02114 (617)788-8300 CITATION ON PFTITION FOR ORDER OF COMPLETE SETTLEMENT Docket No. SU16P2457EA Estate of:

Nesly Joseph

Date of Death: 10/09/2016 A Petition for Order of Complete Settlement has been filed by R. Alan Fryer of Dover, MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, and other such relief as may be requested in then Petition. IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 02/07/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: December 29, 2022 Felix D. Arroyo, Register of Probate

CITY PAWS

Extrasensory dogs

By Penny & Ed Cherubino

Do you ever suspect that your dog has some form of extrasensory or telepathic powers? When one of us is out, our Westie Poppy races to the door long before the sound of footsteps in the hall or a key in the lock should alert her to an arrival.

This "power" is so common that scientist Rupert Sheldrake wrote a book about it, "Dogs That Know When Their Owners Are Coming Home: And Other Unexplained Powers of Animals."

Penny read it years ago and reread it recently in light of all the current research on this topic. Sheldrake quickly explained when the information about dogs' special powers was anecdotal stories vs. evidence and controlled studies.

In addition to knowing when you are coming home, Sheldrake also discussed emotional support and therapy dogs' abilities to comfort people. He noted service dogs' ability to alert people to seizures or drops in blood sugar. And discussed how sensitive animals might predict earthquakes and other disasters.

Better Senses!

Writing in Psychology Today, Jessica Pierce, Ph.D., explained, "The sensory world of dogs overlaps with ours, but also extends well beyond ours in some areas. Smell is the most obvious sensory modality in which dogs excel, having a far more powerful nose and a much larger area of the brain dedicated to processing olfactory information than humans. Dogs can also hear sounds that we cannot hear and will pick up on different visual information than we do."

This keen sense of smell enables service dogs to alert their humans to an oncoming seizure, change in blood sugar level, or an anxiety attack. They learn to differentiate between a person's familiar scent and the change that precedes an episode.

Animal-Human Bond

Both scientists agree that some of what seems extrasensory is due to the strong bond between dogs and people. Dogs evolved to depend on and please people. They have special skills (and even a particular section of their brain) dedicated to reading our intentions, moods, and needs. Pierce writes, "...dogs are not psychic, but they might as well be. They have incredible skills when it comes to reading, predicting, and intuiting the feelings and intentions of their human companions."

Sensing Disaster!

Dogs seem to sense the approach of thunderstorms and earthquakes. Scientists speculate that this may be due to a heightened sensitivity



A keen sense of smell enables some service dogs to alert to an oncoming seizure, change in blood sugar level, or an anxiety attack. (Photo by: Ralph Kayden)

to changes in barometric pressure as a storm approaches. You may notice your dog's agitation long before you hear thunder. As for earthquakes, most dog alerts have happened a short time before humans. This, again, might be more sensitive proprioceptors or sensory receivers in their joints.

Dogs Pay Attention!

Dogs have the advantage of having less on their minds than we do, with fewer distractions and responsibilities. Their approach to the world is more mindful. Mindfulness lets them use their senses better and react to what they perceive as a danger or a way to get what they need.

If you've ever watched a dog focus on a squirrel or a treat in someone's hand, you have seen examples of single-minded attention to one thing.

When was the last time you saw your dog try to multitask? Dogs

can teach us to pay better attention to what our senses tell us. Perhaps we can repay our canines by learning to read their signals, communications, and, therefore, their needs and wants by paying the kind of attention to them that they do to us.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.



EARN INTEREST WITHOUT RESTRICTIONS FROM A NEW MILESTONE SAVINGS ACCOUNT.

Saving is hard. We get it. Life gets in the way. That's why we created the Milestone Savings Account. With an amazing **3.50% APY*** and no restrictions, reaching those financial goals gets a lot easier. Stay liquid. Earn while you save. And do it easily with a **New Milestone Savings Account**. Go to **everettbank.com** for details.

419 BROADWAY. EVERETT, MA 02149 771 SALEM ST. LYNNFIELD, MA 01940 WWW.EVERETTBANK.COM 617-387-1110 781-776-4444 MEMBER FDIC | MEMBER DIF



Right by you.