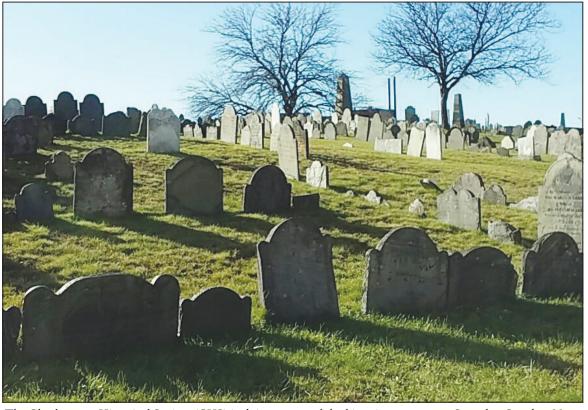
# CHARLESTOWN

#### TOUR WILL GET YOU INTO THE SPIRIT FOR HALLOWEEN



The Charlestown Historical Society (CHS) is doing a tour of the historic cemetery on Saturday October 29 at 4 pm. If you've never been to Phipps Burial Ground, next weekend is your chance. Join the tour with CHS Board Members Tim Riordan and Paul J. Lane.

Phipps Burial Ground was created in 1630, when Charlestown was a separate community from Boston and it is the oldest cemetery within Boston. It's one of the only parts of Charlestown that the Red Coats didn't burn to the ground on June 17, 1775.

The "Charlestown Carver" an anonymous stone cutter active in the 1660s, began an important regional style that was continued by the Lamson family for many generations. The cemetery was added to the National Register of Historic Places in 1974.

# Trick or Treating in Monument Square

Halloween at Monument Square is where each Charlestown child in attendance creates lifelong memories of Halloween at the Bunker Hill Monument.

This is our 37th year that the Monument Square generous Neighborhood area residents provide a fun, safe evening of trick-ortreating for all children, families, and friends of Charlestown. We collaborate with The National

Park Service, The City of Boston, Charlestown Mothers Association, New England Development/ Bunker Hill Mall, MASSPORT, Frank Celeste, Dunkin, Whole Foods and other generous donors to create this great Charlestown holiday for young and old.

The Tony Barrie Band leads the children in a parade; the residents dress in costume at their decorated homes as they distribute candy

to the many witches, ghosts,a nd other creatures and characters. The Boston Police provide traffic barricades block Monument Avenue and Monument Square to insure safety.

Please bring canned goods and cereal, and donations to the Harvest on Vine display by the Mon-

Your participation in this great tradition is appreciated!. We will gather at the Bunker Hill Monument at 5:00 pm at Monument Square on Monday, October 31, 2022. Join us for the parade and fun!

Your contribution will be greatly appreciated. (Mail to Charlestown Halloween 2022, Cambridge Savings Bank, One Thompson Square.)

Get ready to trick or treat!

# Constitution Inn developers agree to submit to Article 80 process development would be placed on By Stephen Quigley

The Boston Planning and Development Agency (BPDA) meeting that had been scheduled for Monday, October 24, concerning the controversial Constitution Inn project in the Navy Yard that would create 126 units of affordable housing for previously homeless persons was cancelled following the subsequent request of the developers agreeing not to waive the usual review process pursuant to Article 80 of the Boston Zoning Code.

The Article 80 process may include, but is not limited to, review of a project's impacts on transportation, public realm, the environment, and historic resourc-

This meeting had been scheduled to provide an opportunity for the public to comment on whether the BPDA should approve a request from the developer, Constitution Inn LLC, a partnership of the Planning Office for Urban Affairs of the Archdiocese of Boston and St. Francis House, to waive the Article 80 process for the Constitution Inn project.

Originally, the developer sought to waive Article 80, an announcement that first was aired at the community meeting held by the Charlestown Neighborhood Association. Many residents in attendance were highly-concerned that a community safety procedure would be overlooked and that the

the fast track.

following statement appeared on the BPDA web page after Monday's night meeting: "We look forward to keeping the community apprised of any new information as we receive it, as well as hearing from all of you soon at a future public meeting. As a reminder, all BPDA-sponsored Public Meetings will consist of a presentation from the development team, followed by question and answer where we welcome comments from those in attendance."

In a letter to the BPDA, William Grogan, President of the Planning Office for Urban Affairs, addressed the issue of waiving Article 80 regulations saying, "We sought a waiver for the Project from the requirements of Large Project Review for several reasons. First, the City of Boston has an affordable housing crisis, and the Project directly responds to the City's urgent need and desire to create more high-quality permanent affordable housing for individuals who are homeless or have experienced homelessness, as well as other individuals, couples and families. Second, our proposed redevelopment would not have any impacts on wind, shadows, environmental, or historic considerations. Finally, we sought to avoid a costly and time-consuming

(ARTICLE 80 Pg.3)

#### Charlestown streets closed on Monday for Halloween

Temporary parking restrictions and street closures will be in place for the annual Charlestown Halloween Parade in the interest of public safety on the following

Monument Square, Both sides, around the entire square/monu-

Monument Avenue,

## sides, from Monument Square to

Warren Street. Winthrop Street, Both sides, from Monument Square to Common Street.

Common Street, Both sides, from Winthrop Street to Adams

Adams Street, Both sides, from Common Street to Winthrop Street

#### **CNC CORNER**

CNC General Meeting, Tuesday, November 1, 2022 The Charlestown Neighborhood Council will hold an in-person, public meeting on Tuesday November 1, 2022, 7-9 p.m. at the Knights of Columbus, 545 Medford Street, Charlestown. Please bring your questions and neighborhood concerns to the meeting or email us at cnc02129@gmail.com. Follow the Charlestown Neighborhood Council on Facebook or Instagram (@cnc02129) for updates.

#### DiDomenico, McGonagle, and Ryan celebrate major progress on resilience

Special to the Patriot Bridge

On October 12, Mayor Katjana Ballantyne hosted Senator DiDomenico, Representatives McGonagle and Ryan, along with dozens of elected officials and agency staff to celebrate collective efforts to protect coastal cities along Greater Boston's Mystic River from sea level rise and extreme coastal storms. Senator DiDomenico worked with Representatives McGonagle and Ryan, along with other state legislators from the Mystic Watershed communities to secure millions of dollars in bonding authority to support the development of these critical coastal resilience projects.

The press conference featured spokespeople from every level of government who were critical to the success of this regional effort:

Congresswomen Clark and Pressley's offices,

Massachusetts Executive Office of Energy and Environmental Affairs and Department of Conservation and Recreation,

Senator DiDomenico along with other state legislators from Mystic Watershed communities,

Mayors, city managers and senior staff from Boston, Chelsea, Everett, Somerville, Cambridge, Medford, and Malden, and

Non-profit leaders from the Mystic River Watershed Association and GreenRoots.

"Climate change is creating severe and frequent natural disasters across our nation, and I am proud to have worked with my colleagues to secure funding to ensure that communities across our region are preparing for the effects of what that will look like for our area," said Senator DiDomenico, Assistant Majority Leader of the Massachusetts Senate. "This investment is critical for the well-being of our coastal communities, and it benefits the environment, workforce, our businesses, and residents. The importance of these resilience projects led by the Mystic River Watershed Association and the Resilient Mystic Collaborative is without question and I am heartened to see so many community partners and elected officials coming together to put a plan in place to address these impacts on our cities and towns."

"I want to thank The Mystic River Watershed Association for bringing us all together to acknowledge the work being done on the Mystic and Island End Rivers, Amelia Earhart Dam, Chelsea Creek, and into Boston Harbor," said Representative Dan Ryan. Collectively, we have put a stake in the ground on where our climate resiliency efforts in the Mystic River region should head. As we take a few minutes to

2070 1% Probability of Coastal Flooding

celebrate the major first steps we have taken on this journey, we also reflect on the awesome amount of work that lies ahead. With our community stakeholders leading the charge, I am confident the Mystic River state delegation and our federal partners in Congress, are quite adept at seeing this necessary vision become a reality!"

"Among the many victories these projects have achieved, I believe collaboration is chief among them," said Representative Joseph McGonagle. "For all these offices, community groups and other entities to rally around this cause is truly incredible. I am grateful to my legislative colleagues but especially to Julie Wormser and Patrick Herren of MRWA and Rep. Dan Ryan and Senator DiDomenico who have worked tirelessly to garner funds for these projects. As we see the effects of global warming and extreme weather in other parts of the country, it is absolutely essential that we do what we can to prevent such tragedies and protect our communities. We still have a lot of work to be done but I look forward to moving towards that end goal with this group."

To date, their collective efforts have raised over \$23 million in grants and bonding authority to support three critical coastal resilience projects underway in Somerville, Everett, and Chelsea. The map below shows the extent of saltwater flooding from a projected 2070 "hundred-year" flood, five feet higher than the record flooding in January and March 2018. The teal area is the area that will be protected through a multiyear regional flood resilience effort led by cities and towns in the Resilient Mystic Collaborative.

The press conference celebrates major progress made on the first three major flood pathways.

They are:

The Amelia Earhart Dam, which lies between Everett and Somerville and separates the salt water and fresh water portions of the Mystic River. Built in 1966 by the Metropolitan District Commission and now owned and managed by Mass DCR, the dam currently provides significant protection from coastal flooding to seven upstream communities. In the coming 10 to 20 years, the dam is expected to flank and overtop in major coastal storms. Storm hardening and elevating the dam to manage flooding to a projected 2070 1% storm is expected to cost approximately \$36 million and will substantially reduce the risk of coastal flooding to over 108,000 residents and \$60 billion in real estate value.

Congresswoman Clark secured a \$750,000 Community Project

grant to further regional coastal flood resilience planning and design, including for the dam.

State Senators DiDomenico and Iehlen and State Representatives Ryan, McGonagle, and Barber led the Mystic state legislative delegation in securing "no less than" \$8.5 million in state bonding authorization to provide required match for a future federal grant proposal.

Draw 7 Park is a Mass DCR nine-acre waterfront park located between the Amelia Earhart Dam and the Assembly Square Orange Line MBTA Station. It is one of 10 critical coastal flood pathways needing capital investment to prevent significant damage across ten communities. Beyond preventing coastal storm surges from flanking the Amelia Earhart Dam, this \$13 million project will link public transit to miles of bicycle/ pedestrian paths along and across the Mystic River, restore a living shoreline, and provide other recreational amenities for residents and visitors to Assembly Square.

State Senators DiDomenico and Jehlen and State Representatives Ryan, McGonagle, and Barber led the Mystic state legislative delegation in securing "no less than" \$4 million in state bonding authorization to add to \$1 million in secured

In addition, the Baker Administration is seeking \$30 million to connect a pedestrian bridge across the Mystic River between the Orange Line and Everett's Encore Casino.

The Island End River is home to the New England Produce Center, responsible for the distribution of virtually all of the fresh fruits and vegetables imported into New England and the Canadian Maritimes. Forming the bound-



#### **EXCELLENT SUBLEASE OPPORTUNITY**

1-4 offices available November 15, 2022 at The Schrafft Center, Charlestown, MA Great amenities: cafeteria, gym & more. Flexible, Furnished & Ready for you. Contact: Kelly 617-529-2644 email: robin82ward@gmail.com

## Wu announces new environmental standards for Boston

Mayor Michelle Wu announced a new policy to require that certain City projects include environmental benefits and stormwater mitigation through the use of green infrastructure. The policy establishes five new standard designs and the necessary accompanying maintenance resources to expand the implementation of small-scale green infrastructure installations in Boston. In dense urban areas where space in public sidewalks and roadways (referred to as the right-of-way) is limited, small-scale green infrastructure (GI) can be effective in reducing stormwater flooding, promot-

# As Halloween creeps closer, NFPA urges public to keep fire safety tips in mind

Halloween is a boo-tiful time of year, full of spooky celebrations and activities, but it also presents some real and scary fire safety hazards. As the holiday nears, the National Fire Protection Association® (NFPA®) is encouraging everyone to take simple precautions that can help ensure the holiday remains festively fun.

"As more people plan to celebrate the holiday this year, whether it be trick-or-treating or costume parties, we want everyone to know where potential fire risks exist so they can take the steps needed to minimize them," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA.

According to NFPA, an annual average of 770 home structure fires began with decorations between 2014 and 2019, resulting in one civilian fire death, 26 civilian fire injuries and \$13 million in direct property damage. More than two of every five (44 percent) of these fires occurred because the decorations were too close to a

heat source, such as a candle or hot equipment.

NFPA offers these tips and guidelines for enjoying a fire-safe Halloween:

Decorations: Many common decorations like cornstalks, crepe paper, and dried flowers are very flammable. Keep these and similar decorations far away from any open flames or heat sources, like candles, heaters, and light bulbs.

Candles: Using candles as decoration can be risky if not done correctly. Keep them in a well-attended area out of the path of potential trick-or-treaters. Remind children of the dangers of open flames, and make sure they are always supervised when candles are lit. Extinguish candles before leaving an area.

Jack-o-lanterns: Glow sticks or electric candles are the safest choice when it comes to lighting up your jack-o-lantern, but if you choose to use a real candle, do so with extreme caution. Light a candle inside a jack-o-lantern

using long fireplace matches or a utility lighter and keep it away from other decorations.

Costumes: Avoid fabric that billows or trails behind you, as these can easily ignite. If you are making your own costume, avoid loosely woven fabrics like linen and cotton, which can be very flammable.

Visibility: Give children flashlights or glowsticks for lighting, these can even be incorporated into the costume. If your child has a mask, ensure the eye holes are large enough for them to see clearly.

Smoke Alarms: This is a great time to make sure your smoke alarms are functional and up to date.

Exits: Exits are NOT an appropriate place for decorations. When decorating, ensure that nothing is blocking any escape routes.

"With a little added awareness and planning, people can enjoy a fun-filled Halloween and stay firesafe in the process," said Carli.

#### ARTICLE 80 (from pg. 1)

technical study process.

"We did not submit the waiver request to avoid a community engagement process. It has become clear, however, that, rather than being understood as part of an ongoing community engagement process as intended, our waiver request is viewed by some members of the community as an effort to circumvent community outreach.

"To demonstrate our commit-

ment to move the Project forward in an engaged manner, we are withdrawing our waiver request. We will continue to pursue direct and sustained community outreach to describe the Project in more detail, to address concerns around the permanent housing being created and around ongoing neighborhood-specific development issues, and to further engage in a dialogue with the community and ensure that everyone under-

stands the facts of the proposed Project. Along those lines, it is clear that misinformation is circulating in the community about the Project, and we would like to state the facts about the Project."

Because the proposed project will now be subject to the Article 80 review process, the first public meeting will be scheduled at the time of the developer's filing.

#### RESILENCY (from pg. 2)

ary between Everett and Chelsea, this industrial district generates an estimated \$7 billion annually in economic activity, and already floods during coastal storms and king tides. Over 15,000 low-income BIPOC residents live within this area; this \$70 million project will help protect their homes from coastal storms and sea level rise.

Congresswoman Pressley secured a \$750,000 Community Project grant to further the Island

End River project.

The state MVP program has invested \$4.2 million across three grants in this project.

State Senators DiDomenico and Jehlen and State Representatives Ryan, McGonagle, and Barber led the Mystic state legislative delegation in securing "no less than" \$5 million in state bonding authorization to provide required match for a \$50 million federal grant proposal that Chelsea and Everett are

applying for

These projects are the result of years of analysis and design by both individual communities and multiple municipalities working collectively. Each of the municipalities that championed these climate resilient projects is a founding member of the Resilient Mystic Collaborative (RMC), a watershed-wide voluntary partnership focused on regional climate resilience.

ing groundwater recharge, and filtering pollutants from runoff. Additionally, green infrastructure has numerous co-benefits, including increasing urban tree canopy, mitigating urban heat island effect, and enhancing ecological diversity.

"Today we are announcing Boston's first ever green infrastructure policy and in doing so setting a new standard for safer, more sustainable roadway infrastructure throughout the city," said Mayor Michelle Wu. "Together these elements will improve community safety, foster community engagement, and boost our climate resilience."

This new policy will apply to curb extensions, also known as neckdowns, bulb-outs, or bumpouts. Curb extensions improve safety at crosswalks by reducing the distance to cross from one side of the street to the other and preventing vehicles from parking too close to crosswalks, making pedestrians more visible to drivers. Curb extensions can also be used to ensure that crosswalks are accessible for people with limited mobility or in wheelchairs. Due to Boston's compact nature, curb extension projects often result in the creation of small spaces not suited for other uses. Historically, these spaces have been paved with impervious materials.

"These new design standards will allow the City to continue enhancing our streets as public spaces for everyone," said Chief of Streets Jascha Franklin-Hodge. "These curb extensions help keep our neighborhood safe by slowing cars and making street crossing easier for pedestrians and now they can also benefit our quality of life by providing more green space in our City."

"Integrating green infrastructure into the City's projects as a standard will help us reduce stormwater flooding, create new green space and provide more shade in all of our neighborhoods," said Kate England, Director of Green Infrastructure. "We are also excited to introduce a volunteer program that will foster stewardship by creating opportunities for neighbors to come together and take care of these new features."

"Innovative green infrastructure policies offer an additional pathway to adapt to the impacts of climate change, such as stormwater flooding and sea level rise, while making our communities more resilient," said Reverend Mariama White-Hammond, Chief of Environment, Energy and Open Space. "I am excited to support these new design measures that will bring us closer to our collec-

tive goal of being a Green New Deal city."

The purpose of this policy is to aid the City in implementing preferred GI alternatives to current design practices and ensure adequate maintenance so that GI can be integrated as standard practice into large-scale capital projects in the future. The five design alternatives are as follows:

- 1 Right-of-way (ROW) Bioretention: Curb extensions may incorporate green infrastructure in the form of Rain Gardens, Bioswales, etc.
- 2 Infiltration Tree Pit/Tree Trench: Curb extensions may incorporate green infrastructure in the form of Infiltration Tree Pits or Infiltration Tree Trenches.
- 3 Porous Paving: Curb extensions may incorporate Porous Asphalt, Permeable Pavers, Porous Paver Installations, and Porous Concrete Slabs.
- 4 Subsurface Infiltration Area: Curb extensions may incorporate Stone Subsurface Infiltration Areas (with or without perforated
- 5 One-time Seeding: The area within the curb extension may be seeded once with a groundcover, low-grow fescue or wildflower mix.

Additionally, to help support the longevity of green infrastructure, two GI-specific maintenance contracts will be available for maintenance on new and existing public GI installations. The first is a contract for maintenance on porous paving installations. The second is a contract for landscape maintenance on "green" infrastructure features. These two contracts will provide much needed regular maintenance, including regenerative air vacuum sweeping for porous paving, as well as vegetation maintenance, replacement, and pruning for GI features in the right-of-way. They will also provide the flexibility required to perform maintenance as needed or requested by residents through the City's 311 system.

The policy will also establish a volunteer program to assist in the maintenance of select GI sites. Prospective volunteers will be able to sign up through an online portal to "adopt" a GI feature. This program will allow volunteers to aid in litter removal and/or seasonal cleanups for GI features where they live, work, and play.

This infrastructure will complement the City's network of nearly 36,000 catch basins connected to roughly 600 miles of pipes beneath our streets, which is maintained by the Boston Water & Sewer Commission.

## EDITORIAI

# THOSE 30 HOUSE DEMOCRATS: DID YOU SEND YOUR LETTER TO PUTIN TOO?

Earlier this week, a group of 30 House Democrats sent a letter to President Joe Biden urging him to seek a diplomatic solution with Russia to end the war in Ukraine.

"In conclusion, we urge you to make vigorous diplomatic efforts in support of a negotiated settlement and ceasefire, engage in direct talks with Russia, explore prospects for a new European security arrangement acceptable to all parties that will allow for a sovereign and independent Ukraine, and, in coordination with our Ukrainian partners, seek a rapid end to the conflict and reiterate this goal as America's chief priority."

Really? What planet are they living on?

There has been NO hint from Russian President Vladimir Putin that he is even remotely willing to negotiate an end to the war in Ukraine. To the contrary, he repeatedly has reaffirmed his commitment to "de-Nazify Ukraine," which is code for eliminating it from the map as a sovereign nation.

He continues to engage in nothing less than the genocide of the Ukrainian people, whether by directly murdering and raping innocent civilians and deporting women and children to Russia, or indirectly through the bombing of civilian housing, hospitals, and infrastructure.

Other world leaders have tried to talk to Putin, most notably presidents Macron of France and Erdogan of Turkey, but all to no avail. If Putin were willing to negotiate an end to the war, why would he be sending an additional 300,000 troops into Ukraine?

The letter from these 30 members of Congress has been applauded by one group in our country who call themselves CODEPINK, whose position on the war in Ukraine is as follows, "As a leading peace and antiwar organization, CODEPINK also asks that all members of Congress, regardless of political party, vote against future weapons and military dollars for Ukraine."

Essentially, organizations such as these are willing to give carte blanche to Putin to commit further atrocities in Ukraine. Theirs is precisely the sort of thinking that allowed Hitler to engage in his genocide that ultimately resulted in the Holocaust.

Just as it takes two to tango, so too, it takes two to negotiate at the peace table.

Until Putin gives some indication of being willing to end the war that he started, any hint of a lack of solidarity by our members of Congress with the Ukrainian people will serve only to prolong the war and encourage Putin to expand his aggression even more dangerously.

If these 30 Democrats are serious about ending the war in Ukraine (as opposed to just scoring points with random groups like CODEPINK), we assume that they also sent their letter to Putin.

We'll be eager to hear what he says to them.

#### ENJOY A HAPPY — AND SAFE — HALLOWEEN

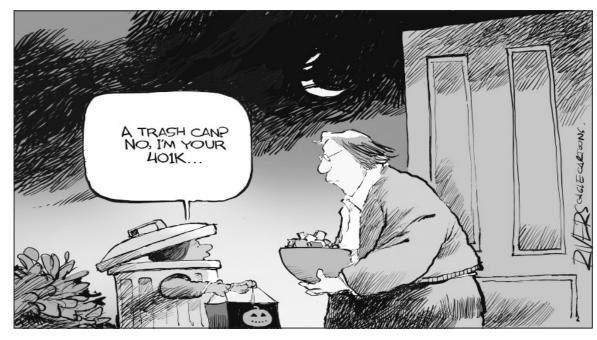
With the Halloween holiday on Monday, and with many celebrating it over the weekend, we urge all of our readers to take part in the holiday festivities in a safe manner.

Motorists should be extra cautious — by which we mean drive VERY slowly — for the safety of children who will be trick-or-treating in our streets.

Adults also need to be extra careful when "celebrating." Halloween has become a huge excuse for an adult party night (not that there's anything wrong with that), but unfortunately, far too many will have too much to drink and then will drive.

We urge all party hosts to ensure that their guests are not inebriated. Parents have to be extra vigilant to make sure that their high school children and friends are not drinking or behaving in a rowdy manner.

We wish all of our readers a happy — and safe — Halloween.



#### GUEST OP-ED

#### Real trick or treat could be November 8

Dr. Glenn Mollette

Halloween is coming but the real trick or treat may be November 8, the mid-term election. November 8 may feel more like Halloween this year than the traditional October date.

Who knows what will happen. Georgia, Nevada and Pennsylvania all have Senate races that could tilt the balance of Congressional power depending on who is elected. All three races are going down to the wire. In probably each state it will most likely be the next day before a winner is determined – if not longer.

The 2022 midterm election is shaping up to be one for the history books.

According to a new analysis from pollster Echelon Insights, an estimated 125.6 million Americans are expected to turn out in November's midterm contests. Such a figure would shatter the record set in 2018's midterms, which saw 53.4% of the eligible voting-age population cast their ballots, according to the Census Bureau.

Already voters are starting to come out in full force: As of Tuesday, Oct. 18, at least 2.8 million people already cast their ballots in the midterms, according to the United States Elections Project. That includes the more than 131,000 Georgia voters who cast their ballots early on the first day of early voting on Monday, Oct. 17, handily beating the previous first-day record for a midterm of 72,000, per state election official Gabriel Sterling.(Spectrum News NY)

Issues are driving Americans to the polls. Pewresearch.org found

the following to be priority concerns of registered Americans. The numbers with each issue represent a percent of primary concern of those surveyed

Economy. 79, Healthcare 68, Supreme court appointments 64, The coronavirus outbreak 62, Violent crime 59, Foreign policy 57, Gun policy 55, Race and ethnic inequality 52, Immigration 52, Economic inequality 49, Climate change 42, Abortion 40. Of course, you could conduct a poll in your community and the level of interest on any of these issues would probably be in a slightly different order. In almost every scenario the economy and inflation are paramount with voters.

Inflation has knocked on every American's door and has not been satisfied by a treat. Inflation at the rate of 8.2 percent, has been one hungry monster that has devoured American paychecks and pushed seniors back into the workforce. Available part time jobs are now being sought by seniors who need

the money.

A recent poll shows a dead heat between Sen. Catherine Cortez Masto (D-Nev.) and Republican candidate Adam Laxalt in the Nevada Senate race. In In Pennsylvania, it's Lt. Governor John Fetterman and R. Mehmet Oz who are now very close. In Georgia the Senate race has Raphael Warnock leading Herschel Walker but the Governor race between Governor Brian Kemp and Stacey Abrams remains close according to a Quinnipiac University Georgia poll.

Save some of your leftover Halloween candy for November 8. Have a bowl of popcorn for a real evening of trick or treat.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.



THE CHARLESTOWN PATRIOT-BRIDGE,

PHONE: 617.241.8500 © 2008 INDEPENDENT NEWSPAPER GROUP. EMAIL: editor@charlestownbridge.com • Web Stre: www.charlestownbridge.com

Newsstand Price: Free / Subscription price: \$75 annually

President - Stephen Quigley - editor@charlestownbridge.com Marketing Director - Debra DiGregorio - deb@reverejournal.com

### FRESH AND LOCAL

# One pan, five ingredients...

by Penny & Ed Cherubino

A few good things have come out of the pandemic. One tremendous change was that many chefs, recipe developers, cookbook authors, food vloggers, and publishers became advocates of simple-to-prepare food.

We have a theory about what brought about this change. Many professional food writers have always worked with assistants. Suddenly they had to do all the work themselves. They didn't have someone by their side to help with the shopping, chopping, and mopping. When you have to do all the prep work and the clean-up, authoring a one-pan cookbook is an appealing option.

#### Simple Favorites

The result is a bookshelf full of fantastic cookbooks that call for one pan, few ingredients, simplified steps, and great flavor from our most trusted authors.

Jamie Oliver has led the way in simplifying recipes on his video feed and in his cookbooks for years. His next book, "One: Simple One-Pan Wonders," won't be available in the United States until January. However, he's already sharing some recipes from the book on his YouTube channel.

Melissa Clark's latest offering is "Dinner in One: Exceptional & Easy One-Pan Meals." In a review of this book, Publishers Weekly wrote that this excellent work was "Guided by two questions—'Is there a way I could make this recipe easier, faster, and tastier? And what's the minimum number of pots, pans, and dishes I need to dirty to get there?'"

Some books simplify life for those with special diets. After watching an interview with Anna Jones, about her recent book, "One: Pot, Pan, Planet: A Greener Way To Cook For You And Your Family," Penny borrowed a copy from the library. This book is now on her Kindle wishlist. Jones is known as a voice for vegetarian cooking. In this book, she adds sustainability and simplicity to her menu.

If your diet is low-carb, low-sugar, paleo, or anti-inflammatory, a search should reveal some one-pan options from your favorite sources within your genre. There are so many resources in this one-pan field that we suggest you check all your favorite recipe sources. We found videos for one-pan meals and publications from all the major food programs like America's Test Kitchen, Martha

Stewart, Lidia Bastianich, and more.

#### Which Pan or Dish?

In addition to one-pan meals, there are cookbooks aimed at a specific pan or dish. This can be especially relevant to those just starting to outfit a kitchen or who don't have space for dozens of different pans. Any of these (with or without the pan) could make an excellent gift for someone going off to college or setting up their first home.

Our public library owns dozens of cookbooks for sheet pans, cast iron pans, casseroles, and Dutch ovens. You'll even find double-duty titles like the "Sheet Pan 5-Ingredient Cookbook." There are resources for those who love their Instant Pot, outdoor grill, pressure cooker, toaster oven, air fryer, or slow cooker.

Another simple cooking option is to make use of your microwave. There is an excellent book for that! David Chang and Priya Krishna teamed up to write "Cooking at Home Or, How I Learned To Stop Worrying About Recipes (And Love My Microwave)."

#### Use Your Library

Many cookbooks mentioned here are available from public

Sausage and peppers has few ingredients and can be made on a sheet pan or in a cast iron skillet.

libraries for instant download as e-books or on services like Hoopla. Not every highly recommended book will be a good fit for everyone. We always try to audition books by borrowing a copy before we make a purchase.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

# **OMPASS**

# THE INTERSECTION OF REAL ESTATE AND HOSPITALITY.



ARE YOU READY TO CHANGE YOUR STORY?

# CHAPTERS RECOVERY CENTER

Chapters Recovery Center Danvers, MA 978-991-1978

http://www.chaptersrecoverycenter.com/

# Scott Grigelevich & Marius Gallitano

g2Team 617-417-9399 | 617-852-3936 g2team@compass.com g2boston.com @ @g2Realty



S A LICENSED REAL ESTATE BROKER AND ABIDES BY EQUAL H

# Coletta offers a hearing order on the 2020 Zoning Board of Appeal law

Boston City Councilor Councilor Gabriela Coletta submitted a hearing order on An Executive Order Relative to the Zoning Board of Appeal signed into law on February 24, 2020 by then Mayor Martin J. Walsh.

"With the recent appointments of new members to the Zoning Board of Appeal (ZBA) it is crucial that as a City we work to ensure compliance and accountability to the Executive Order signed by former Mayor Marty Walsh in 2020," said Councilor Coletta. "The ZBA holds a critical role in deciding what our communities will look like presently and in the future. We must advocate for the ethics, transparency, efficiency, and community trust of the Zoning Board of Appeal."

Requirements of the 2020 Executive Order include but are not limited to:

Board members must recuse themselves on properties with conflict of interest within the past 5

Board members must submit annual statements of their financial interest in projects around the

Board members must undergo ethics training.

Enable on-line application and payment for permits and petitions

Enable email notification of notice to hearings, deferrals, and new hearing dates to those who sign up for notifications within 18 months of the order

Update and improve online subscription list for residents within specific geographic zones within 18 months of the order.

Update and improve existing

database such that it is searchable and contains all pending applications, deferrals, and decided petitions, including decisions themselves, within 18 months of the

Designate an ombudsperson to answer questions and inform members of the public about Board procedures and the process by which they can provide testimony, within 45 days of the order.

It also prevents board members from voting on projects in which they had a financial interest within the last five years. Board members also are barred from having substantial business dealings on projects they voted on for two years after the vote.

Councilor Coletta seeks to confirm that the Inspectional Services Department (ISD) and the Department of Innovation and Technol-

call for

ogy are following the protocols directed by then-Mayor Walsh's Executive Order. The Councilor plans to work extensively with her City Council Colleagues and the Wu Administration to make certain the City is carrying out the requirements related to ethics and transparency as well as those related to the modernization, function, and efficiency of the board.

Highlights of the Order Include: "WHEREAS, Terms of the Executive Order include Ethics and Transparency measures where "each member shall disclose all properties or project which they or their business associates have business dealings, ownership interests, or investments, and which are likely to be before the Board for any reason"; and

WHEREAS, On

ber 26th, 2022, Mayor Michelle Wu appointed new members to the Zoning Board of Appeal in support of said reforms from this order and to address community mistrust with the process; and

WHEREAS, In order to build a city that is affordable, environmentally resilient, and equitable, members of the Zoning Board of Appeal must regulate zoning rules that take into account transportation planning, community development, affordable housing creation, sustainable development and architectural design, and construction; and

WHEREAS, To that end, it is integral that the City of Boston ensure all reforms from the 2020 Executive Order are addressed and implemented when appointing new members and when making systemic changes to the Zoning Board of Appeal; NOW, THERE-FORE BE IT

ORDERED: That the appropriate Committee of the Boston City Council hold a hearing to discuss the implementation of Zoning Board of Appeal reforms from the 2020 Executive Order and that the relevant departments be invited to testify.

The Boston City Council will hold a hearing at a later date. Members of the public are encouraged to provide written or oral comments.

For additional information, including how to testify, please contact the Office of Councilor Gabriela Coletta by phone at (617) 635-3200 or by email at elizabeth. sanchez@boston.gov.



# 18th Annual PATRIOTS

GAME DAY 'TAILGATE STYLE' Fundraiser

vs. **New York Jets** 

Sunday, November 20th, 2022 12 - 5 PM Kickoff @ 1:00 PM

RSM - 80 City Square



\$85 per person Advance Sales Only TICKETS ONLINE at

www.bgcb.org/find-your-club/charlestown-club/

Ticket Price Includes: **OPEN BAR** Beer - Wine **Bloody Mary Bar** 

CATERING provided by Michael & Kari Cooney of BREWERS FORK & DOVETAIL

#### For more information please contact:

Derek Gallagher, Executive Director Charlestown Boys & Girls Club

P: 617.242.1775 E: dgallagher@bgcb.org

Sponsored by Government Insight, Diversified Automotive, Charlestown Mothers Association, Nutter Law, RSM, Monument Restaurant

You're invited to the 37th annual

All proceeds benefit Charlestown Elderly **Programs. Drawing will be held on November** 

5th at Monument Restaurant 3-5p.m.

Friends of Charlestown's Elderly

\$100 per ticket - only 200 tickets will be sold \_

Jimmy Carroll 617-686-2239

Mary Carroll 617-777-0699

Paul Sullivan 617-242-4775

MONUMENT SQUARE HALLOWEEN PARADE & TRICK OR TREAT



5:00PM MONDAY GATHER AT THE TOP OF MONUMENT AVE AT THE MASSACHUSETTS GATE

5:30PM THE TONY BARRIE BAND WILL LEAD THE MONUMENT SQUARE HALLOWEEN PARADE

> TRICK OR TREAT MONUMENT SQUARE AREA

> > SOCIAL DISTANCE AND MASKS







The free Consumer Action Handbook. It's in print and online at ConsumerAction.gov. Order your free copy online at ConsumerAction.gov or write to Handbook, Pueblo, CO 81009.

# Museum celebrates 225 years of "Old Ironsides" with a Party

On Saturday, October 22, the USS Constitution Museum marked the 225th birthday of Constitution and the Museum's own 50th birthday by inviting the public to join the celebration through a Birthday Block Party in the Charlestown Navy Yard.

The free event was a community affair, with family-friendly activities and entertainment hosted by the military branches, veteran organizations, and the Museum's own hands-on educators. A portion of the Navy Yard was transformed into a USS Constitutionthemed nine-hole miniature golf course, where everyone could test their putting and Constitutiontrivia knowledge. People of all ages got into the game, including a friendly challenge between USS Constitution Commander BJ Farrell, the Ship's Executive Officer, and the volunteer 1812 Marine Corps. Kids took part in fun activities, too, including the chance to shoot "Alka-Seltzer cannons" as they recreated the historic War of 1812 battle with the HMS Guerriere. The crowd enjoyed the sounds of the U.S. Navy Band's President's Duo and were treated to two cakes, baked as a gift to the public by the crew of Constitution and expertly cut with swords by Museum President Anne Grimes Rand and CDR Farrell.

The public celebration was the culmination of multi-day events

honoring the 225th Birthday of "Old Ironsides." It also commenced the Museum's fiftieth year serving alongside her, sharing and engaging people of all ages and backgrounds in the storied legacy of the Ship. Rand elaborated, "When we started the Museum fifty years ago, we sought to inspire people with the stories of 'Old Ironsides.' We have opened our doors to welcome all who want to learn, reaching nearly 10 million people in five decades. Moving forward, we want to invite people to engage in new ways that will foster curiosity, learning, and civic leadership." The Museum will continue to honor Constitution and this mission all year through new initiatives designed to engage people directly to actively take part in honoring service and making history.

About the USS Constitution Museum

The USS Constitution Museum serves as the memory and educational voice of USS Constitution by offering award-winning exhibits where all ages can have fun while learning and exploring history together. The Museum's mission is to engage visitors in the story of Constitution to spark excitement about maritime heritage, naval service, and the American experience. The Museum is open seven days a week with a paywhat-you-wish admission poli-



Photo credit: USS Constitution Museu

USS Constitution Museum President and CEO Anne Grimes Rand (left) and USS Constitution Commander BJ Farrell demonstrate their sword-wielding skills while cutting cakes celebrating the 225th birthday of the Ship and the 50th birthday of the Museum.

cy, and the Virtual Museum is open 24/7. The USS Constitution Museum is a 2022 winner in USA Today's 10Best Readers' Choice in the "Best History Museum" category and Boston Parents Paper's Family Favorites in the "Historic Sites & Tours" and "Museums & Attractions" categories. For more information, visit usscm.org.



#### EARN INTEREST WITHOUT RESTRICTIONS FROM A NEW MILESTONE SAVINGS ACCOUNT.

Saving is hard. We get it. Life gets in the way. That's why we created the Milestone Savings Account. With an amazing **2.50% APY\*** and no restrictions, reaching those financial goals gets a lot easier. Stay liquid. Earn while you save. And do it easily with a **New Milestone Savings Account**. Go to **everettbank.com** for details.

419 BROADWAY. EVERETT, MA 02149
771 SALEM ST. LYNNFIELD, MA 01940
WWW.FVFRETTBANK.COM

617-387-1110 781-776-4444 MEMBER FDIC | MEMBER DIF



Right by you.

# Local watershed organization adds two new experts to the Board of Directors

The Mystic River Watershed Association (MyRWA) is pleased to announce the addition of Stephanie Carvalho and Victor Castro the Board of Directors on October 12, 2022.

Stephanie Carvalho (she/ella) grew up in and is a resident of Revere, MA. Her background is in the nonprofit and education sectors and currently works in labor/workforce development at Women Encouraging Empowerment (WEE), a local social services nonprofit, where she helps build regional partnerships and technological infrastructure to help local people secure their basic needs and good jobs. In addition to her day job, she is a volunteer Program Coordinator for Latino Outdoors Boston, a member of the Revere Public Library Board of Trustees, and the founder of the Revere Free Store. Stephanie is also an AmeriCorps Alumna and has a deep passion and commitment to public service, workers' rights, and equitable community development. In her spare time, she enjoys reading, photography, being outdoors, and biking to Revere Beach to see the sunrise.

"I was introduced to the Mystic River and the work that MyRWA does through some amazing col-



Stephanie Carvalho of Revere

laborative projects with Latino Outdoors over the past few months! I've been introduced to and inspired by MyRWA's community-centered methods that drive their climate resilience research and recreation opportunities in neighborhoods along the Mystic and am excited to learn more," said Stephanie. "As a board member, I'm excited to highlight and advocate for the creation of new bicycle path infrastructure and public transit accessible greenspaces, as well as work on language



Victor Castro of Charlestown

access initiatives, support workers, and help expand access to the waterfront, especially within the Lower Mystic Watershed!"

Victor Castro (he/him) is a resident of Charlestown and a Research Data Scientist at Mass General Brigham where he works on developing methods for analyzing large, real-world datasets and understanding and addressing the impact of health disparities on underserved populations. He is currently pursuing a Ph.D. in Population Health from Northeastern University. Victor serves on the Charlestown Little Mystic Steering Committee working to engage the Charlestown community in revitalizing and activating the Little Mystic Channel. Victor can often be found paddling and fishing on the Mystic River with one of his three kids.

"I live and work within a mile of the Mystic River in Charlestown, yet I only recently discovered the incredible beauty of the river and its wildlife," said Victor. "As a board member I'm excited to be a part of helping to preserve the river and expand opportunities for people to access, connect, and engage with the beautiful Mystic."

At the Mystic River Watershed Association annual meeting, Nasser Brahim, Senior Climate Resiliency Specialist at Woods Hole Group, Erik Hansen, Chief Sustainability Officer at Wynn Resorts, and Mark Jacobson, Co-owner of Paddle Boston, which has two rental locations on the Mystic, were also re-elected to second-terms on the Board of Directors. The board, which is now 13 members strong, is charged with organizational oversight, leadership in strategic planning and connecting to the wider community. MyRWA is led by professional staff and also organizes thousands of volunteers working together on a project-by-project basis.

Mystic River *About* the Watershed Association: The Mystic River Watershed Association works to improve the lives of the more than 600,000 residents of Mystic River communities through its efforts to protect and restore water quality, natural habitat and open space throughout the 76 square mile watershed. For more information see www.MysticRiver.org.

To place a memoriam please call 781-485-0588

#### VOTE EARLY BOSTON

Saturday, October 22 - Friday, November 4, 2022

#### **SATURDAY, OCTOBER 22, -SUNDAY, OCTOBER 23 | 11 A.M. - 7 P.M.**

**BCYF Paris Street Community Center** 112 Paris Street, East Boston, MA 02128

**BCYF Quincy Community Center** 

885 Washington Street, Chinatown, MA 02111

Thelma D. Burns Building

575 Warren Street, Dorchester, MA 02121

**Another Course to College Cafeteria** 

612 Metropolitan Avenue, Hyde Park, MA 02136

Margarita Muniz Academy

20 Child Street, Jamaica Plain, MA 02130

**Dewitt Center** 

122 Dewitt Drive, Roxbury, MA 02120

**Boston Public Library -**

Central Branch (Johnson Building)

700 Boylston Street, Back Bay, MA 02116

**Jackson Mann School** 

500 Cambridge Street, Allston, MA 02134

Richard J. Murphy K-8 School Cafeteria

1 Worrell Street, Dorchester, MA 02122

#### TUESDAY, OCTOBER 25 | 12 - 8 P.M.

Saint Nectarios Greek Church (Banquet Hall) 39 Belgrade Avenue, Roslindale, MA 02131 **BCYF Tobin Community Center (Lower Level)** 

1481 Tremont Street, Roxbury, MA 02120

#### THURSDAY, OCTOBER 27 | 12 - 8 P.M.

Florian Hall

55 Hallet Street, Dorchester, MA 02122

The Institute of Contemporary Art Boston

25 Harbor Shore Drive, Boston, MA 02210

#### **SATURDAY, OCTOBER 29, -**SUNDAY, OCTOBER 30 | 11 A.M. - 7 P.M.

Harvard/Kent Elementary

**School Gymnasium** 

50 Bunker Hill Street, Charlestown, MA 02129

James F. Condon School Cafeteria

200 D Street, South Boston, MA 02127

**BCYF Perkins Community** 

**Center Gymnasium** 155 Talbot Avenue, Dorchester, MA 02124

Mildred Avenue K-8 School Gymnasium

5 Mildred Avenue, Mattapan, MA 02126

**BCYF Roche Community Center Gymnasium** 

1716 Centre Street, West Roxbury, MA 02132 Fenway Park (Gate A)

4 Jersey Street, Fenway, MA 02215

**BCYF Shelburne Community** 

**Center Gymnasium** 

2730 Washington Street, Roxbury, MA 02119

The Salvation Army Kroc Center

650 Dudley Street, Dorchester, MA 02125

**Honan-Allston Branch Library** 

(Community Room)

300 North Harvard Street, Allston, MA 02134

#### TUESDAY, NOVEMBER 1 | 12 - 8 P.M.

Saint Nectarios Greek Church (Banquet Hall) 39 Belgrade Avenue, Roslindale, MA 02131

**BCYF Hyde Park Community Center** 

1179 River Street, Hyde Park, MA 02136

#### THURSDAY, NOVEMBER 3 | 12 - 8 P.M.

St. George Orthodox Church of Boston 55 Emmonsdale Road, West Roxbury, MA 02132

The Institute of Contemporary Art Boston

25 Harbor Shore Drive, Boston, MA 02210

#### **BOSTON CITY HALL**

#### **WEEK 1 | OCTOBER 24 - 28**

Monday, October 24 | 9 a.m. - 5 p.m. Tuesday, October 25 | 9 a.m. - 8 p.m. Wednesday, October 26 | 9 a.m. - 5 p.m. Thursday, October 27 | 9 a.m. - 8 p.m. Friday, October 28 | 9 a.m. - 5 p.m.

#### WEEK 2 | OCTOBER 31 - NOVEMBER 4

Monday, October 31 | 9 a.m. - 5 p.m. Tuesday, November 1 | 9 a.m. - 8 p.m. Wednesday, November 2 | 9 a.m. - 5 p.m. Thursday, November 3 | 9 a.m. - 8 p.m. Friday, November 4 | 9 a.m. - 5 p.m.

boston.gov/ballot-dropboxes

**CITY** of **BOSTON** 



Election

#### High schools invited to participate in GBH's High School Quiz Show

High School Quiz Show®, the academic tournament for Massachusetts high school students from Boston public media producer GBH, has opened registration for its qualifying event called Super Sunday.

Following two years of virtual Super Sunday events, High School Quiz Show will welcome teams from across the Commonwealth in-person to GBH's studios in Brighton, Massachusetts for Super Sunday on November 6, 2022. The highest-scoring teams will move on to compete in Season 14 of the televised academic tournament; the final bracket will have 16 teams. The deadline to submit a team for participation in the Super Sunday event is November 1. Additional information and registration information can be found at https://www.wgbh.org/ quiz-show/register.

"High School Quiz Show is excited to welcome students back to GBH's studios for Super Sunday," said Executive Producer Hillary Wells. "This highly anticipated annual event is a wonderful opportunity for Massachusetts students and coaches to meet counterparts from across the state and be acknowledged and celebrated for their academic prowess. The High School Quiz Show team, from producers to sponsors, look forward to supporting the hard work and dedication of these students."

All Massachusetts high schools, including public, private, parochial and home schools are eligible to take part in Super Sunday. Each team must include at least one adult coach, four student team members and two student alternates. Gameplay has been adapted for Season 14 to enhance the team aspect of the competition.

Season 14 of High School Quiz Show will premiere on February 4, 2023 on GBH 2 and will be available to stream on the High School Quiz Show YouTube channel and at highschoolquizshow.org. High School Quiz Show is endorsed by the Massachusetts Department of Elementary & Secondary Education and the Massachusetts PTA. Major funding for High School Quiz Show is provided by Safety Insurance. Additional funding is provided by the Museum of Science, Massachusetts Teachers Association, Xfinity, UMass Amherst, Eastern Bank and Subaru of New England.

For more information, visit highschoolquizshow.org and follow the show on YouTube, Facebook, Twitter and Instagram.

#### **About GBH**

GBH is the leading multiplatform creator for public media in America. As the largest producer of content for PBS and partner to NPR and PRX, GBH delivers compelling experiences, stories and information to audiences wherever they are. GBH produces digital and broadcast programming that engages, illuminates and inspires, through drama and science, history, arts, culture and iournalism. GBH is the creator of such signature programs as MASTERPIECE, ANTIQUES ROADSHOW, FRONTLINE, AMERICAN NOVA, EXPERIENCE and Arthur and Molly of Denali and a catalog of streaming series, podcasts and on-demand video. GBH's television channels include GBH 2, GBH 44, GBH Kids and national services GBH WORLD and Create. With studios and a newsroom headquartered in Boston, GBH reaches across New England with GBH 89.7, Boston's Local NPR; CRB Classical 99.5; CAI, the Cape and Islands NPR station and as a partner to NEPM in Springfield. Dedicated to making media accessible to and representative of our diverse culture, GBH is a pioneer in delivering media to audience members who are deaf, hard of hearing, blind and visually impaired. With PBS LearningMedia, GBH creates curriculum-based digital content for educators nationwide. GBH's local programming includes Boston Public Radio, Greater Boston, Stories from the Stage, Open Studio with Jared Bowen, Basic Black and High School Quiz Show.



High School students with Liz Friar on High School Quiz Show.

#### MBTA Expands Pay- Per-Use Limited Fare Program to Local Employers

The MBTA announced partnerships with Kendall Square Association (KSA) members Google and Sanofi, the City of Boston, and retailers in Assembly Row to provide employees of those organizations with local bus and subway passes through the Pay-Per-Use limited fare program. During this program, a select number of employees from Google, Sanofi, the City of Boston, and retailers at Assembly Row will have unlimited access to subway and local bus services with their trips fully funded by their employers or for Assembly Row retail employees funded by Assembly Connect for the duration of the Pay-Per-Use limited fare program initiative.

Since 2016, the MBTA has partnered with MIT to operationalize a post-paid institutional fare program that charges the institution based on usage of their employees' transit passes. The MBTA is excited to extend the fare program to Google, Sanofi, the City of Boston, and retailers at Assembly Row this fall. The Pay-Per-Use limited fare program initiative is expected to run for 24 months, whereupon the MBTA will evaluate expanding it further as we transition to the new fare collection system.

"We've been so excited to partner with the MBTA and expand on the proven success of the Access MIT model to provide this service to two more of our KSA members—Sanofi and Google," said Beth O'Neill Maloney, Executive Director of the Kendall Square Association. "Our members are innovating around their commuter culture, parking assets, and carbon footprint as a part of their commitment to sustainability."

"Mayor Wu is deeply committed to advancing reliable, affordable, and sustainable transportation across the City of Boston," said City of Boston Chief People Officer Alex Lawrence. "This work includes making multimodal options accessible to our workforce. Through this pilot program, we will gain valuable insight about MBTA usage that will help us make transit related decisions in the future. We are so excited to partner with the MBTA in early 2023."

"By subsidizing transit passes for retail employees we're helping retailers attract and retain essential workers for whom the costs of parking and transportation are often prohibitive," said David Webster, Federal Realty Investment Trust, President Assembly Connect.

"The benefits and policies that employers offer their employees play a key role in what mobility choices their employees make," said MBTA General Manager Steve Poftak. "We are thrilled to partner with the City of Boston, Google, Sanofi, and Assembly Connect to support their employees' use of transit. By studying this limited expansion of the program that Massachusetts Institute of Technology (MIT) helped pioneer, we aim to guide further development of flexible fare programs for employers as we transition to the new fare collection system."

Many employers in the greater Boston area provide their employees with transit benefits through the MBTA's Perg for Work program, offering pre-taxed (sometimes fully or partially) funded transit passes to employees. This Limited Pay-Per-Use fare program works with employers and TMAs such as Assembly Connect that want to fully subsidize their employees' transit trips to incentivize employee use of transit when commuting to work. Participating employees at Google, Sanofi, the City of Boston, and retailers at Assembly Row will have unlimited access to MBTA Subway and Local Bus services with their trips fully funded by their employers or by Assembly Connect for the duration of the Pay-Per-Use limited fare program initiative.

For more information, please visit mbta.com, or connect with the T on Twitter @MBTA and @MBTA\_CR, on Facebook / TheMBTA, or on Instagram @ theMBTA.



## ADRENALINE RUSH!

You'll also get career training and money for college. If you're ready for the excitement, join the Army National Guard today.



I-800-GO-GUARD • www.I-800-GO-GUARD.com



EMERGENCY ALL BLOOD TYPES NEEDED



# Home health leaders express concern over proposed Medicare cuts

Home health leaders across Massachusetts are deeply concerned with the recent Proposed Rule to update the Home Health Perspective Payment System (HHPPS) for CY 2023 issued by the Centers for Medicare & Medicaid Services (CMS) in June. With Medicare proposing a permanent 7.69% cut to Medicare home health services, plus billions of dollars in additional cuts, the delivery of high-quality home healthcare to millions of American seniors could be jeopardized, including 103,929 Medicare beneficiaries across Massachusetts.

A recent analysis of the proposed Medicare cuts found that in Massachusetts, the total estimated impact of the 7.69% cut will be nearly \$45 million dollars in 2023. The impact of the proposed \$3 billion nationwide "clawback" for home healthcare provided in 2020 and 2021 would be nearly \$70 million with another anticipated cut of \$41 million for care provided in 2022. The analysis also found that 40% of Massachusetts's home health agencies will be operating at margins below zero after the 2023 cut.

Nationwide, the proposed 7.69% cut alone equates to a \$1.33 billion cut from Medicare home health in 2023. With Medicare forecasting additional cuts of more than \$2 billion in 2024 and the years beyond, the total impact of the cuts is expected to total \$18.15 billion nationally over the next ten years.

Access to Medicare home health care services is vital to the health, safety, and rehabilitation of older Massachusettsans. If these cuts are implemented there is a chance that half of America's home health agencies will be at risk of closure, meaning nearly half of the 174 home health agencies in Massachusetts could be at

"The delivery of quality home health services to older persons and families across Massachusetts is already challenging enough considering the impacts of the pandemic and the realities of high inflation, rising labor costs, increasing fuel prices, and other serious economic challenges," said Jake Krilovich, executive director of the Home Care Alliance of Massachusetts. "Despite increased demand for services and dwindling resources, Medicare has proposed further restricting our ability to meet the care needs of Massachusetts seniors through unfair and harmful cuts. I urge all our lawmakers in Massachusetts congressional delegation - with the November mid-term election around the corner - to act immediately to prevent the implementation of these cuts."

Bipartisan lawmakers in Congress have introduced The Preserving Access to Home Health Act of 2022 (S.4605/H.R. 8581), which would protect access to home health by delaying home health cuts until 2026. According to a recent survey, nearly 9 in 10 voters over the age of 65 believe it is important for Congress to pass legislation that prevents these cuts.

For more information on the impact of these cuts and the legislative effort to prevent them, visit https://pqhh.org/the-issues/ medicare-cuts/.

## Girl Scouts of Eastern Massachusetts announces 2023 Leading Women honorees

Girl Scouts of Eastern Massachusetts (GSEMA), the largest girl serving organization in Massachusetts and 9th largest Girl Scout council in the United States, will honor five remarkable women who serve as exemplary role models for today's Girl Scouts. As one of Boston's premier leadership recognition event for women, the Leading Women Awards celebrate the outstanding contributions of women in eastern Massachusetts.

Beth Chandler, President & CEO, YW Boston, Melodie Knowlton, Senior Director of Community Affairs & Global Head of STEAM Education, Vertex Pharmaceuticals, Amy Latimer, President, TD Garden, Isis Ortiz-Belton, Vice President, Eastern Bank and President, ALPFA Boston and Jane Steinmetz, Boston Office Managing Principal, EY will all be honored at the Leading Women Awards celebration on March 23, 2023 at Sheraton Copley Boston. These five women have set outstanding examples on the tenacity of women's courage, confidence, and character.

In addition, GSEMA will recognize P&G Gillette with its Corporate Change Maker Award, which is given to corporations that demonstrate a significant dedication to female leadership development through financial support and service to the organization. Since 2020, P&G Gillette has partnered with GSEMA on an array of initiatives from virtual programming during the pandemic on how they engineered face shields for doctors to being annual sponsors and participants of our STEM Conference and Golf for Girl Scouts tournament.

"This year, we celebrate a milestone year for our Leading Women Awards. For 30 years, we have honored women who are making differences in their communities and serving as amazing role models for our Girl Scouts," said Barbara Fortier, CEO, Girl Scouts of Eastern Massachusetts. "Each one of these women represents the diversity of leadership in the community and beyond, and promote

inclusion and opportunity for girls and women. Our Girl Scouts need women like them to look up to and I am excited to hear from them at our event."

The event features a fireside chat moderated by NECN Commentator Sue O'Connell. Additionally, our Leading Women will be joined by five accomplished Girl Scouts, to discuss how their experiences helped them leverage tools to create independence, find the courage to fail and keep trying, and use their power to do good.

To learn more about the Leading Women Awards and/or to sponsorship/purchase tickets. please visit www.gsema.org/leadingwomen.

For more information on Girl Scouts of Eastern Massachusetts. please visit their website, www. gsema.org, or follow their social media channels, Instagram, Facebook, Twitter, and LinkedIn, for the latest updates on the organi-

#### **BUSINESS DIRECTORY**



Chimneys · Fireplaces Cellar Floors • Restoration French Drains • Repointing

Free Estimates, Lic. & Ins.

**Local References** Phil - 617-230-3490

TO **ADVERTISE** PLEASE CALL 781-485-0588



Fully Insured Quality Work Reasonable Rates Free Estimates

reccapainting@hotmail.com 781-241-2454





.....

OPEN HOUSE?
STICK IT!

**FUNDRAISER?** STICK IT!

**NEED-TO-KNOW** INFO? STICK IT!

4-COLOR

Keep your name in the eyes of our thousands of readers!



Sticky size: 3 in. x3 in. Shown sized to scale above covers approx. 2 columns

Copy for a Sticky due 3 weeks prior to run date

2-COLOR

Four Options to Choose From

7,000 COPIES \$600 | 7,000 COPIES \$700 | 12,000 COPIES \$800 2-COLOR 4-COLOR

> 4-COLOR STICKIES CAN BE A COMBINATION OF COLORS. 2-COLOR STICKIES CAN BE MADE WITH ANY 2 COLORS

12,000 COPIES \$900 Call or Email Your Rep Today!

781-485-0588 ext. 103: Maureen 101: Deb 110: Kathy 125: Sioux

Reading on a Screen?? Click on Your Rep's name to start sending them an email!

#### News Briefs

#### IT'S TAILGATE TIME!

The 18th Annual Patriots Game Day Fundraiser for the Charlestown Boys and Girls Club will be held on November 20, 2022 as the Patriots take on the NY Jets. Join the fun and support the Club at RSM in City Square with an Open Bar and catering by Michael & Kari Cooney of Brewer's Fork and Dovetail. Doors at noon, kickoff 1pm. Advance tickets only are \$85 per person, online at: www.bgcb.org/findyour-club/charlestown-club/ or contact Derek Gallagher at the club 617-242-1775 or dgallagher@bgcb.org.

#### **BECOME A FRIEND OF** THE LIBRARY

The Friends of the Charlestown Branch of the Boston Public Library (BPL), established in 1953, is a non-profit organization comprised of dues-paying members that support the needs of our neighborhood's library, its staff, patrons, and the local community. When you become a friend of the Charlestown Branch of the BPL, your annual membership dues and generous donations fund a variety of programs and activities for the entire community - author

visits, concerts, art and culture programs, and more. Friends also support our local library in ways the central BPL cannot, providing funding for furniture and lighting improvements, piano upkeep, restoration of our historic paintings, the purchase of hundreds of books, and the maintenance of several Little Free Libraries around our community. Become a Friend of the Charlestown Library and signal your commitment to lifelong learning and enjoyment in our community.

Visit http://www.friendsofcharlestownlib.org/ for more information.

#### CHARLESTOWN BEAT

COMMUNITY ROOM: The 2nd floor Community Room at 20 Vine St. is available to neighborhood groups for meetings.

Please call Christine Vraibel at 617-343-4627 or email christine.vraibel@pd.boston.gov to reserve. POLICE RELATED INFO: Contact the District A-1 Community Service Office at 617-343-4627.

#### Violation of the Auto Laws

10/10/22 – At about 12:49 a.m., police ran a CJIS (Criminal Justice Information Services) inquiry on a Blue Dodge Challenger idling in the area of Medford and Polk streets.

The vehicle was occupied, and officers were on directed patrol to monitor the area due to recent shootings and gang activity. Police attempted to stop the vehicle, but the operator didn't comply and instead led them to Mystic Avenue in Sommerville.

After a foot pursuit, the operator was arrested and charged.

With Suspended Operation, Reckless Operation, Failure to Stop for Police, Resisting Arrest, and Possession of Alcohol in a Motor Vehicle.

The suspect was transported to Area A-1 headquarters and booked in the usual manner.

#### **Investigate Property**

10/11/2022 - At approximately11:50 a.m., police responded to a radio call for a disturbance at 99 Cambridge St.

Upon arrival, officers spoke to a witness, who stated that the man seated at the table had his cellphone stolen about 20 minutes before police arrived.

A witness noted that the victim had gone outside to have a cigarette, right before a male suspect picked up the victim's phone and charger as he pretended to throw something away. The witness stated that the suspect immediately left the restaurant and walked towards Sullivan Square. Officers searched the area for the suspect, yielding negative results. An Area A-1 detective was scheduled to conduct a follow-up investigation.

#### • Revere • Everett • Winthrop • Lynn • East Boston • Chelsea • Charlestown



# **Independent Newspaper Group**

Call: 781-485-0588 Fax: 781-485-1403

**7 COMMUNITIES** 

Classified

More Than 100,000 Readers Each Week

RECRUITMENT

· Auto Sales • Yard Sales Miscellaneous

#### **HELP WANTED**

**EAST BOSTON - Disabled** adult needs personal care attendant for evenings and weekends.

Pay is \$17.71 hour. Call Tom at 617-304-7243 or email at tnesbitt@ workinc.org.

11/3

**DEADLINES: For** classified line ads, deadlines are Monday by 4 p.m. Call 781-485-0588

#### **APT FOR RENT**

2 Bdrm Revere Beach Blvd Ocean View Heat & Hot Water incl. Parkina Space

**Available Now** 

\$3,200 781-286-6617 Leave me a message

CHELSEA.. 3 & 4 bedroom, gas stove, street parking, near school, section 8 ok, available Oct 31, 2022, starting at \$2800. Call Jav 781-884-1133.

**SELLING YOUR AUTO?** Call for our 4 week special! Call 781-485-0588 or fax the ad to 781-485-1403

#### FOR LEASE

Space Available! **Excellent Sublease oppor**tunity 1-4 offices Available Nov 15, 2022 The Schrafft Center Charlestown, Ma Great amenities, cafeteria, gym & more. Flexible, Furnished & Ready for you. Contact Kelly @617-529-2644 / email robin82ward@gmail.com 11/17

#### CHARLESTOWNDOGS HOSTING 8TH ANNUAL HOWL-O-WEEN DOG PARADE AND CONTEST



CharlestownDogs is pleased to host its 8th annual Howl-o-ween Dog Costume Parade and Contest, at Paul Revere Park this Saturday, October 29 beginning at 11am. Judges will award prizes for the top 3 best costumes. Coffee will be provided. All are welcome! (rain date: Sunday October 30, 11am)

5 reasons to have your decorative arts appraised now

- Authentication
   Valuation
- Documentation Compilation Organization

20% off for appraisal services



Call us now to protect your art investments at (617) 948-2577 • david@manziappraisers.com

www.manziappraisers.com Serving Greater Boston and New England

**Emergency** 

# Harvest on Vine

We serve over 300 Charlestown families each month. At Thanksgiving, numbers increase to close to 600 families.

For a donation of \$35, you can provide a Thanksgiving meal to a family in need.



**ABRAHAM LINCOLN POST 11 G.A.R.** 9th ANNUAL VETERANS DINNER & **SCHOLARSHIP AWARDS** Thursday, November 10 KofC 6:30



The evening is FREE for Veterans (plus 1) and a \$20 suggested donation for extra guests. Seating is limited so please RSVP promptly. RSVP to 1-857-452-1763 or email ablpost11@gmail.com.

For more information about placing an ad in the Program book with a dedication to your loved one or just to honor our vets, please contact Diane Grant 617-549-9786 or dianegrant2@gmail.com. Both businesses and residents welcome to place an ad.

Full explanation of rules for submission for the scholarship can be found at www.MemHallVeteransDinner.org along with all forms you will need. You can also email ablpost11@gmail. com and we can send you the forms for application. If you have any questions, please call Joe Zuffante at 617-477-7494



Celebrating
women in
business—

# PRIME 11000

ON NEW LINES OF CREDIT FOR THE FIRST 12 MONTHS

cambridgesavings.com/women-in-business

Line of Credit offer valid from 10/01/2022 through 10/31/2022 and may be withdrawn at any time. Offer good for a new Small Business Line of Credit between \$10,000 and \$1,000,000. Maximum loan exposure cannot exceed \$1,000,000 per business entity, including subsidiaries. Offer subject to credit approval, applicable terms and conditions including that the Line of Credit must remain at a zero (\$0) balance for at least thirty (30) consecutive days during each ongoing twelve (12) month period. You must not currently have a CSB Small Business Line of Credit or have had one in the last 12 months. You must apply during offer period (10/01/2022 through 10/31/2022). Introductory interest rate for the Small Business Line of Credit is Prime plus 1.00% for the first 12 months. After 12 months, the interest rate converts to Prime plus 2.00%. The Prime Rate as published in the Wall Street Journal is a variable rate and subject to change, Prime Rate as of 09/01/2022 is 5.50%.

SBB-0143c Rev. 9/22



Always you.