



CHARLESTOWN

PATRIOT-BRIDGE



Photos by Seth Daniel

The Charlestown Coalition held its 12th annual Recovery Vigil on Saturday evening, Sept. 26, at the Peace Park – a new home for the long-time solemn tradition. Scores of residents came to remember fathers, sons, daughters, brothers and sisters who lost their lives to addiction and overdose. Here, those in attendance light candles in memory of those lost over the years. As a video played in tribute to those lost, Karly Poh lit her candle and remembered her loved ones lost. See Pages 8 and 9 for more photos.



Coalition holds 12th annual Candlelight Vigil in new location

By Seth Daniel

It was a new venue, but none of the meaning and weight of

the annual Charlestown Vigil was lost last Saturday, Sept. 26, when the Charlestown Coalition held its 12th annual Vigil in the Peace Park.



Rosa Hanks arranges the names of those lost on the large purple ribbon.

For the previous 11 years, the ceremony during Recovery Month has been held at Hays Park to remember loved ones lost to addiction and overdose. Those left in the wake of these individual tragedies included children, fathers, mothers, siblings and grandparents – all mourning over different people, but the same epidemic.

This year, Coordinator Shannon Lundin-White said they have chosen the Peace Park on Lowney Way as the new location going forward, as it is designed for the purpose of healing from grief.

“The Peace Park has brought us together this year,” she said. “So going forward we will have the Vigil here every year.”

Saturday’s vigil was marked by singing performances, a reflection by Lundin-White, and the

(VIGIL Pg. 8)

Hunger Pain

For many parents, feeding kids during remote schooling has been an unexpected challenge

By Seth Daniel

The hardest question for parents so far during the kick-off to the remote school year hasn’t dealt with difficult geometry problems, complex science concepts, or obscure English grammar.

Rather, it’s this question that comes once or twice a day – every day: ‘What’s for lunch?’

While parents have been gearing up all summer to have tech-

nology issues solved, and to make time to help with lessons, few were prepared for the stress of having to serve a planned-out lunch and snack every day – while also working full-time and doing the usual preparation for dinner.

And it’s causing massive stress already, many said.

Parents all over Charlestown have been confronted with this problem that started last spring

(LUNCH Pg. 4)

Councilor Campbell announces she will run for mayor in 2021

By Seth Daniel

City Councilor Andrea Campbell became the second confirmed, and likely third, candidate that will run for mayor of Boston in the 2021 City Election – making her announcement in the South End Sept. 24 in front of the public housing development where she grew up during the first years of her life.

Campbell had long been rumored to be running for mayor, and she was pegged almost immediately in 2015 after first being

elected for District 4 as a potential candidate someday.

That day was Thursday, as she kicked off her campaign with a video very early in the morning on Thursday, and then had her in-person event later that morning. She joins Councilor Michelle Wu, who announced earlier this month her intentions to run for mayor and has been canvassing the City in-person and online ever since. Mayor Martin Walsh is also expected to run for re-election,

(CAMPBELL Pg. 11)

SHORTER DAYS



The past few weeks have seen some glorious sunsets through the Bunker Hill/Zakim Bridge as the days shorten and the Autumn season comes in full force. Here, the sun sets in the last few moments of the day last Saturday evening in a vista of the Bridge from the temporary North Washington Street Bridge pedestrian walkway.

EDITORIAL

TRUMP'S TAXES: SHOCKING, BUT NOT SURPRISING

The recent disclosure by the New York Times of President Donald Trump's personal tax returns for nearly a 20-year period, up to and including his 2017 return (which Trump would have filed in April, 2018), presents evidence of the extent both of Trump's tax avoidance schemes and the precarious situation of his personal finances.

Trump always has stated his disdain for taxes. While it may be true that he has been able to avoid paying taxes because of loopholes that favor the wealthy, especially real estate developers, what really stands out is the bottom line figure of \$750 in taxes that he paid in BOTH 2016 and 2017.

Americans who make only the minimum wage pay far more in federal income taxes than Trump paid in 2016 and 2017.

In addition, anyone who has filed a tax return for more than one year knows that it is almost impossible to have the same bottom line figure in two consecutive years (which is especially true for someone like Trump, who has multiple business ventures), unless you go out of your way to manipulate the figures.

Another fact that is evident from the tax returns is that Trump is hardly the mogul billionaire he always has claimed to be. The tax returns demonstrate that Trump is a truly terrible businessman.

Just as Trump's casinos and other projects failed miserably in the late 1980s and early 90s, his high-end golf clubs around the world are a cash sinkhole for him today.

Most disturbing however, the tax returns demonstrate the extent to which Trump personally is deeply in debt. Trump has almost half a billion dollars in loans (that he personally guaranteed) coming due within the next four years, but few liquid assets available to cover this huge debt.

Given that we know Trump is the ultimate embodiment of a pay-to-play president, does anyone doubt that Trump's desperate need to curry favor either with a bank, an exceedingly-wealthy individual, or a corrupt foreign country in order to refinance his huge debt could compromise his sworn oath to protect and defend the Constitution of the United States?

Finally, the story in the Times makes it clear that for Trump, his re-election is highly personal. If he loses in November, he almost certainly will be facing heightened scrutiny by the IRS and federal authorities relating to his tax filings. He also will have no ability to leverage the office of President in order to obtain refinancing for his huge debt.

The danger lurking for our country is that we know that Trump will go to any extent to win the election -- and that does not bode well for our democracy.

SUFFOLK DA ROLLINS STEPS UP

The announcement this week by Suffolk County District Attorney Rachael Rollins that her office will be expanding the database (often referred to as LEAD) that is comprised of law enforcement personnel whose prior conduct could impact their credibility as witnesses in a court proceeding comes as welcome news to every citizen in the Commonwealth.

The LEAD (Law Enforcement Automatic Discovery) database includes officers who have had incidents of untruthfulness, criminal convictions, candor issues, or some other type of issue reflecting on their ability to perform their job impartially, including discriminatory or defamatory actions, language or conduct targeting any protected category or class, based on race; color; religious creed; national origin; immigration status; sex; gender identity; sexual orientation; pregnancy; ancestry; or status as a veteran.

Although the LEAD database has been in existence for a while, Rollins has expanded it with the addition of 115 officers to a new total of 136 names of law enforcement officers who work, have worked, or could work in Suffolk County.

The list includes former police officers in the cities of Boston, Revere, and Chelsea, as well as MBTA police and Massachusetts State Troopers.

We hasten to point out that the expansion of the LEAD database should not be seen as a reflection that in any way casts doubt upon the basic honesty and integrity of those who work in our police departments.

Even though a total of 136 officers (most of whom have resigned or retired) may seem like a large figure, it represents only a small fraction of the overwhelming majority of our men and women who wear a badge and who do their job, day-in and day-out, protecting our citizenry with honor, dignity, and compassion.

The criminal justice system is imperfect, even under the best of circumstances, for everybody involved, victims and defendants alike.

We applaud District Attorney Rollins for taking this step to ensure that every citizen of our state -- not merely Suffolk County residents -- receive a fair trial, which is an essential cornerstone of our democracy.

GUEST OP-ED

Not your typical school year

By School Committeeman

Michael O'Neill

As someone who has been front-and-center as a policy-maker in urban public education for more than a dozen years, I thought I had seen quite a bit over the years. The challenges of recessions, closings, superintendent changes, lawsuits and protests have been as much a part of my experience as have school openings, improved graduation and achievement rates, and increased focus on eliminating opportunity and achievement gaps.

But nothing can compare to the shared challenges we are now experiencing for the 2020-21 school year as a result of COVID-19. In the midst of a global pandemic, urban school districts are trying to establish worthwhile remote learning while also working to reopen our schools in either a hybrid or full, in-person learning model. Additionally, we all are trying to learn from the recent focus on our social and racial inequities and their impact on our school and student communities, while also navigating the fiscal challenges that are certain to be pending from this health pandemic.

Thus, I was both nervous and energized to assume the position of Chair of the Board of Directors of the Council of the Great City Schools, effective July 1, 2020. From my six prior years as a member of the Executive Committee of the Council, including terms as Secretary/Treasurer and Chair-Elect, I had confidence that the organization was well prepared to help guide our member districts through these challenges, as well as to navigate the turbulence within the organization itself as we work through our own leadership adjustments, due to the pending 2021 retirement of Executive Director Dr. Michael Casserly. I also had the opportunity to work closely with my predecessor, Eric Gordon, the CEO of Cleveland Metropolitan Public Schools, so I knew the organization was in excellent shape from a governance and policy perspective. My faith in the organization that we all belong to has only deepened this summer.

During this time, I have noticed three themes emerging:

Like our students, we are build-

ing virtual peer networks and learning in new ways.

Many of us are rebuilding our peer networks virtually and are learning and growing in a new way. This became so clear to me recently as I had the opportunity to join each of the dozen-plus "job-alike" calls that the Council team has hosted every single week since mid-March when schools closed. These conversations among colleagues -- from Chief Financial Officers to Superintendents; from Chief Academic Officers to heads of ELL programs; from food service, facilities, communications and operations specialists to School Board members -- have allowed all of the participants to share with and learn from colleagues nationally who are facing similar circumstances and often are working on solutions that can be shared and emulated. Interestingly, the weekly meetings are allowing us to see, talk with, and get to know and respect national peers with whom we might typically see or meet only once or twice a year.

One particular example stands out for its value to those participating in these weekly calls. A conversation among approximately forty Chief Legal Counsels from our member districts revealed a shared legal concern on a major issue, and one counsel had particular expertise on how best to respond. After discussion, all on the call quickly agreed with the suggested course of action and decided to follow. Outside of these calls, it would have typically

required hours of legal research and advice to uncover the correct path, the cost of which was saved by those districts participating in the call.

This example multiplied many times over shows how members are building their national networks and from that experience reshaping how they listen, share and learn. I have no doubt that the districts that are actively participating are seeing the value of their membership in the Council come to life week after week, and I actively encourage all of our School Board representatives and Superintendents to invite your senior leaders to participate as often as possible, for the benefit of your district and your students.

Our collective work benefits us all to a greater degree.

The second thing I have noticed as an example of the benefit of our virtual peer networks is that the power of our collective work is even better than the sum of the parts. Many districts have both contributed to and shared the benefits of the Council's Strategic Support Teams (SST), when a team of experts from across the country visit one district, at their request, for an in-depth look at a department or area that needs improvement. While that effort has been affected by current travel restrictions, the collective power of the member districts' knowledge and expertise has borne fruit with the Returning to School Series reports. Working together,

(Op-Ed Pg. 3)



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CLERGY VIEWPOINT

FROM THE CHARLESTOWN CLERGY ASSOCIATION

What is the big deal?

By Very Reverend James Ronan, VF – Pastor, St. Mary-St. Catherine of Siena Parish

Maybe it is because she was a media darling and her person and life cultivated a huge following. Perhaps it is our recognition of the importance of the Supreme Court, the third estate, and the significance it has in the government and wellbeing of our nation. Wherever one stands on the political spectrum, Justice Ruth Bader Ginsburg contributed deeply to advancing the American Dream.

Gifted with an extraordinary intellect and love of the law, and blessed with a superb education, she used her gifts to address inequality in all forms. While she was especially recognized for addressing gender inequality in the workplace, her decisions and writings had far-reaching impact in the areas of racial inequality as well. She so forcefully opened

up the issues of equality for all Americans that consciousness of these critical matters became more and more central in the law and in our own lives.

From before the time I played Little League, it has always amazed me how each of us, no matter how young and little, have a sense of what is fair. We may not like it when it rubs against our personal actions, but there is a universal assent to that old saying: What's fair is fair!

Philosophers, theologians, jurists, and scholars through the ages have supported what is known as Natural Law Theory. This is a system of laws based on values intrinsic to human nature that each person can deduce through reason and faith.

In the middle ages, St. Thomas

Aquinas appropriated these theories from the Greek philosophers such as Aristotle and Cicero among the Romans. And our own Declaration of Independence has its underpinning in Natural Law, infused with Christianity's assertion of the dignity of each person.

Justice Ginsburg fought against sexism, racism, homophobia, xenophobia, and more for the equality of every person. Her popularity speaks deeply to our human core about fairness for all.

I believe each of us is created by God and within our very DNA we yearn for fairness, justice, harmony, hope, and love. Whenever the law of the land lifts up the essence of these longings, we want to stand and applaud.

OP-ED (from pg. 2)

a number of our districts have shared expertise and best practices in a range of topics that are of interest to every district. I encourage you to take a close look at these reports.

Can we seize this opportunity to redo how we provide education, especially to those most in need?

My third conclusion is that we are at a critical junction in public K-12 education. When this health pandemic passes, will we return to "normal," or will we have a "new normal" – and what does that even mean? I, for one, hope that we use this national crisis as an opportunity to think about the good that has come from this unusual situation, especially the more widespread acknowledgment of the inequities in our systems that we all knew existed but have been unable to overcome. From technology gaps to food and health inequities, the sunlight from this pandemic has finally made a wider society realize that we are not one nation, equal for all. How will we, our nation's top educators, react and adjust to this? I hope collectively we engage even more passionately to think

differently about how we provide education and how we can eliminate opportunity gaps. From the simple (there should never again be "snow days" but rather seamless "remote days" when there are weather challenges) to the more futuristic (allowing students from one high school to participate remotely in a specific class in another school or community college in a different part of your city), we now have an opportunity to rethink our challenges and imagine new solutions that were impossible six months ago.

I encourage members to participate in our upcoming virtual 64th Annual Fall Conference, scheduled for October 13-17. I thank the dedicated team from the Dallas Independent School District that was working so hard to host us and regret that we cannot attend in person. We do plan to schedule our 2024 conference to be in Dallas. However, rest assured the excellent Council team is laser-focused on providing a productive and worthwhile use of your time, so that we can all share and learn about the key issues facing us right now, even as we also look to learn and grow into new

education models for the future.

I close by reminding all of us that the challenges are great right now and the pressure is enormous. The eyes of a nation are on us, and we all know how the critical decisions we are making on a daily basis affect the students, families, staff and communities we serve. People react differently to the pressure we all feel, and our communities need us more than ever, even if they are finding unique ways -- both positive and negative -- of sharing those concerns with us. Yet, to paraphrase Teddy Roosevelt, we are not the critic, but rather that person in the arena. We all are striving collectively to do the right thing for our communities, and even with the mud in our face and dust in our eyes, we must keep before us that moral center of truth that brought us to this work in the first place and continue shining the light on the 8 million-plus youth we collectively serve.

Michael O'Neill has been a member of the Boston School Committee since 2008 and is the current Chair of the Board of Directors of the Council.

Flynn Insurance presents donation to Harvest on Vine pantry



Harvest on Vine Director Tom MacDonald accepting the donation from Justin Flynn of Flynn Insurance last Friday morning on Main Street.

By Seth Daniel

The Flynn Insurance Agency was proud to help support the Harvest on Vine food pantry last week by making a \$2,000 contribution on behalf of the agency and its staff.

Amidst the difficulties of COVID-19, partnering with local charity and non-profit organizations is as important as ever, the agency said. The Flynn Insurance Agency, with over 35 years in the Charlestown community, is committed to supporting those who are most in need.

"During these difficult times with so many affected by COVID, individuals and families have had to rely on the good work of Harvest on Vine," said Justin Flynn, owner of the Flynn Insurance Agency. "The generosity and kindness of people and organizations like Tom and Harvest on Vine have helped so many in the community, and we're pleased

to be able to support them. It's a small way that we can help during these challenging times."

Tom MacDonald of Harvest on Vine said the donation would be put to immediate use.

"We thank the Flynn Insurance Agency and Justin Flynn," he said. "the money will go to helping the neediest families in Charlestown. We'll be able to buy all fresh produce for the next distribution with this money. The need in Charlestown is still great for many families."

Based in Charlestown, Harvest on Vine is dedicated to helping its community by providing twice-a-month distribution of food to Charlestown residents in need of food assistance.

To donate food or funds to Harvest on the Vine please stop by Harvest on Vine food pantry at 49 Vine Street in Charlestown. To learn more about the Flynn Insurance Agency, visit www.flynnins.com or call 617-242-1200.

Charlestown Compassionate Fund

Applications are available
as of Oct. 1st at

253 Main St., Charlestown MA
(Elite Realty)

or

The Kennedy Center, 23 Molton St.

Call 617-284-8866 x1153

Visit www.charlestownbridge.com

LUNCH (from pg. 1)

during emergency remote learning, but came more of a pressing issue the past week when school started again and there were perhaps months of remote learning ahead.

Parent Ames Forish said last spring was an eye-opener, and she was caught off guard completely by it – and is so far hoping that the start of the school year will be more organized.

“My off guard moment happened quickly,” she said. “I was working overtime last spring. Almost week one, I realized I needed to get them breakfast. Then I was like, ‘Wait why you are interrupting my zoom call at 10 a.m. because you are hungry?’ I said, ‘I am sorry Blake that you eat lunch at 10:45 a.m. in school, but you just had a snack.’ Then my 11-year-old ate lunch at 1 p.m. Then there was more interrupting work calls at 3 p.m. for another snack. Then I realized quickly I needed to have some type of dinner on the stove around 4:30 p.m. or else they would eat a gallon of ice cream, which happened numerous times. There were more snacks all evening, and then a second dinner around 7 p.m. So quickly I realized I had to build time in an already very busy work schedule to pull this all off.”

Becky Adamonis, president of the Harvard Kent Parents Association, said the problem with lunch has been universal – whether kids are going to the school for the lunch distribution or having lunch and snack at home – accom-

modations have to be made by parents that they never considered beforehand.

“Honestly I need help with not only meals but snacks,” she said. “I am unclear how kids were able to function in the school building without having a snack every 45 minutes. I have been trying to make extras at meals and using leftovers for lunches or just sandwiches for something quick... Since our kids have been home our food bills have almost doubled. I know actual food costs have gone up, but we are buying more because we need to prepare so many more meals in the home. I personally wish they extended the EBT food assistance program; I know many families used that to help with these new costs.”

Adamonis said there has also been the problem of having two kids on two different schedules – meaning they have lunch at a different time and have recess at a different time. That means double the lunch effort, and double the recess supervision while she also tries to get something accomplished at her work.

“For us between morning break to last lunch we need to figure out coverage in my house from 11 a.m. to 1:45 p.m.,” she said. “I only wonder why can’t they figure out a way to have a universal lunch break so siblings can be together for their lunch and recess and parents only have to figure out a way to cover a smaller extended period of time.”

Forish said the situation has amounted to an absolute challenge for parents working from home, or trying to bounce between home and an office – but especially those that are going to work daily.

“On top of working, navigating home-schooling and keeping the house relatively held together, figuring out how to feed two boys ‘healthy’ food is an absolute challenge,” she said. “One of the side challenges is they eat constantly and our grocery bill has definitely increased by at least one-third with them home.”

Like most things COVID-19, remote school lunch is an issue no one expected to have to confront, but one that was dumped on the laps of parents who figured out how to innovate on the fly.

Registered Dietician Anne Lukowski, of MGH Charlestown Clinic, said the most prescribed innovation for getting good, healthy meals on the remote lunch table is one that is obvious – bringing structure and striving for organization.

One of the things that has become obvious to her, she said, is that being in home school for kids (and even working at home for adults) results in more of a desire to eat. With a pantry only a few steps away – and the mind telling one to take a break – food is an easy remedy.

“Planning and preparation are definitely half to three-quarters of the battle,” she said. “If you have the right ingredients around,

then you can make larger batches when you cook...Structure and preparation are keys. I think instituting a structure and routine this fall is important. When kids are in school, they can’t go to eat when they want...I think a lot of times with kids and adults, you need a mental break and food seems like the logical choice.”

She said look ahead and have a plan for lunches for the week, as well as snacks. Kids are used to seeing the school lunch menu when in school, so that will be familiar to them – and unlike school, they can even participate in the planning of what they’ll eat. Consistent times for breakfast, lunch, and two snacks a day are good ways to start the plan.

Then, Lukowski said, another key element is making sure the foods that are being served provide the right “fuel” to keep going through the day. Carbohydrates in bread and pastas are short-term fixes for hunger, she said, and trying to get more protein and fiber in the offerings will take the edge off of what kids think is hunger.

“The pasta dishes and carbs don’t sustain the appetite,” she said. “If you have the pasta dishes and find proteins and vegetables to add to it, that will help you feel full longer. Proteins and fiber are digested slower and that gives you more energy over a longer period of time.”

For snacks, instead of just crackers and Goldfish, she suggested adding in string cheese, carrot sticks and Greek yogurt.

Mother Kari Cavanagh said

having smaller children has proven difficult, but she has managed so far this school year by giving them a defined structure – as Lukowski suggested.

“Last spring they had more snacks in the day because they were home,” she said. “Then it became a habit. It was a small battle to fight, so it just wasn’t worth the fight at the time. Then over time it became expected. As we approached the school year in September, we knew we needed structure.”

With a K-1 students and a 4th grader at home, she said they sat them down and announced the free-for-all was over. They began letting them know what was for lunch and that there was not another option. They agreed on two snacks a day, and they put those snacks out on the table at the beginning of the day – with no switches or trades allowed.

“We anticipated they would fight it and it wasn’t that bad though,” she said. “They didn’t love it, but they followed it...They have tried to go in to the cabinet a few times and we drew a strong boundary. It really ended up being about drawing a firm boundary and sticking to it.”

Forish said she tries to focus most of her attention on breakfast and lunch, and dinner is a variety of frozen foods and her talented husband’s cooking. Still, it has been an off-guard moment for her and most others as well, she said.

“From day one back in March, feeding two boys all day caught me off guard,” she laughed.



Virtual Meeting

PLAN: Charlestown Community Meeting

Thursday, October 8

6:00 PM - 7:30 PM

Zoom Link: bit.ly/2ZP1P8y

Toll Free: (833) 568 - 8864

Meeting ID: 160 677 6126

Tuesday, October 13

6:00 PM - 7:30 PM

Zoom Link: bit.ly/2FJDCcN

Toll Free: (833) 568 - 8864

Meeting ID: 160 675 6007

Event Description

Based on feedback received at the January 30th Open House and the August 27th Open Office Hours, the PLAN: Charlestown neighborhood planning initiative will host a workshop on October 8th 6-7:30pm on the topics of history and open space. Preservation experts will present a history of Charlestown’s built environment, and Parks and Recreation staff will present on the topic of public open space. Participants will then be asked to give initial feedback on these important topics. A mapping tool will allow members of the community to identify historic parts of the neighborhood, and areas where more open space is needed.

The presentations, instructions, and online mapping tool will be online and open for feedback through November 1st. The PLAN: Charlestown process will also hold an Open Office Hours on October 13th from 6-7:30 pm to review meeting materials, and help stakeholders with any technical difficulties using the mapping tool.

Contact:

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bostonplans.org | [@bostonplans](https://www.instagram.com/bostonplans)

Teresa Polhemus, Executive Director/Secretary

CHARLESTOWN BEAT

OUI

09/21/20 - As a result of a motor vehicle accident on Bunker Hill Street, an individual was placed under arrest for operating a motor vehicle under the influence of alcohol.

Vandalism

09/22/20 - A victim on Prospect Street reported unknown person(s) damaged the gate and locking mechanism of the fence surrounding her property.

Possession of a Firearm

09/26/20 - Officers responded to Third Avenue for a report of a person with a gun. Police located the individual, and as a result of the subsequent investigation, a .38 caliber Smith and Wesson handgun was recovered. The individual was then placed under arrest.

Larceny- Building

09/26/20 - A victim on Cambridge Street reported unknown person(s) entered his apartment building and stole bike tires, and a video of the incident is available to police for review.

TO ADVERTISE PLEASE CALL

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Charlestown residents guide Storybook Ball's transformation to virtual

Andrea and Justin Rosen of Charlestown will co-chair the 2020 Storybook Ball, Boston's signature philanthropic gala in support of MassGeneral Hospital for Children (MGHfC).

Due to the COVID-19 crisis, this year's gala has evolved to an online event, engaging audiences young and old with a virtual experience unlike any other. Storybook Ball, celebrating its 21st anniversary, will be held on Saturday, October 17, 2020, and will shine a spotlight on the entire staff at MGHfC and the dramatic pivot they made to care for adults and families who were impacted by the pandemic.

"Storybook Ball has a rich history of celebrating the expertise and compassion that MGHfC brings to children and families," said Andrea Rosen, who is co-chairing for her second year. "With this year's transformation to a virtual gala, we move from the ballroom to the living room, engaging our attendees with that same energy and spirit that makes

this such a significant event for the local community."

In the early spring, as COVID-19 swept through the city, MGHfC shifted its focus from pediatric care to adult and family-centered care, handling the scores of adults and children who were flooding hospitals across the region. For the entire staff, this sudden and unprecedented change brought many unique challenges. But what remained constant was the consummate compassion and expertise that has defined MGHfC from day one.

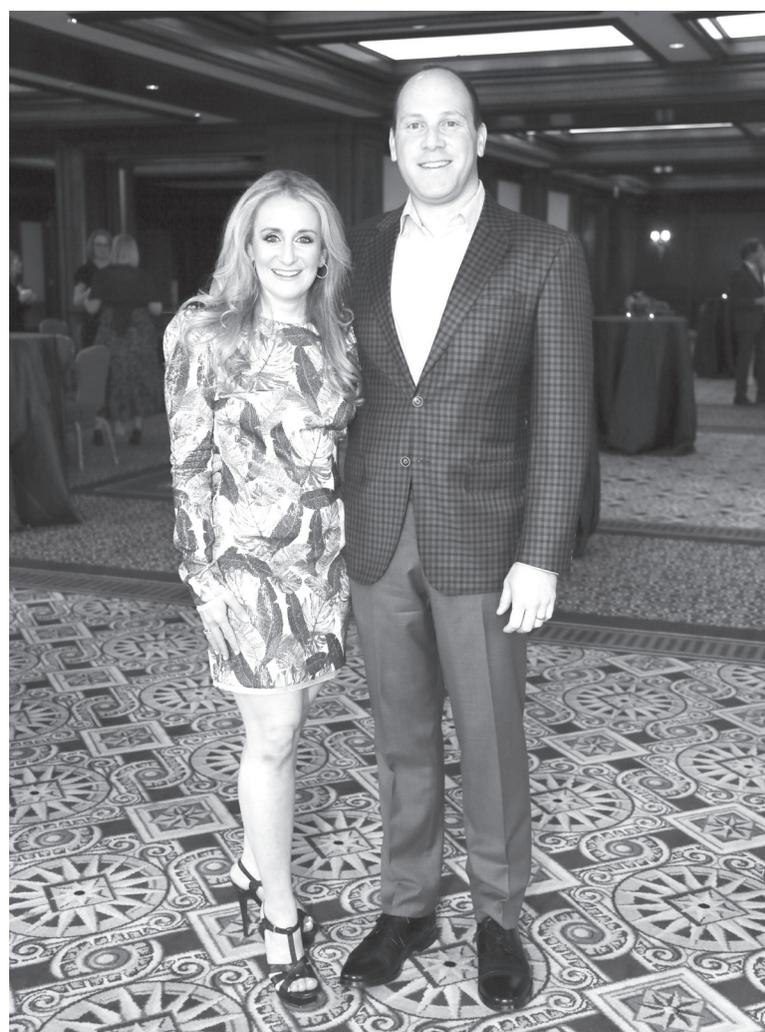
"For many of our providers, this was the first time in many years that they cared for adults," said Ronald Kleinman, MD, Physician-in Chief, MGHfC. "Staff like our NICU team transitioned seamlessly from caring for neonates one day to caring for adult patients with COVID related complications the next. Through these challenging, scary and stressful times, the spirit of our team has never changed. We could not be prouder to lead this

team, which has gone above and beyond to support Mass General and our community in a time of great need."

While attendees of this year's Storybook Ball will not be gathering in a traditional ballroom setting, they'll discover an equally enchanting experience online with an evening inspired by the classic children's tale "Rainbow Fish." With a story reading, magician, musical performance plus interactive online games and auction, the festive atmosphere for young and old will be felt in living rooms and kitchen tables across the area as attendees and families join others at their own virtual "table."

Since 1999, the Storybook Ball has raised over \$31 million in support of the outstanding care and research at MGHfC. This year's fundraising focus will provide MGHfC with funding for the areas needed most as it recovers from the COVID-19 surge.

To be part of the virtual experience on October 17, visit storybookballboston.org.



Charlestown's Andrea and Justin Rosen guide the 21st anniversary of the Storybook Ball as it transforms to a virtual gala on October 17.

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Assisted Living Community

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- Daily personal care assistance & so much more.

9 West School St., Charlestown | 617-241-0328 | ZelmaLaceyHouse.com Inquire in advance for reasonable accommodations. Info contained herein subject to change w/o notice.

CHARLESTOWN GYM HOCKEY

Weekly Standings September 26, 2020

	W.	L.	T
Bryan's Pals.	3	0	0
MPTA.	2	1	0
A-1 Convenience.	1	2	0
Duce 2.	0	3	0

Players of the week for 9/26/2020

A-1 Convenience - Cameron P., Logan F., Donovan F., Cash U.
Bryan's Pals - Jeff f., Keegan M., Jameson D., David K.
Duce 2 - Reilly H., Shane H., Ainsley B., Griffin B.
MPTA - Miles McK., Camden B., Billy N., Margaret A.

Gym Hockey needs your support, if you'd like to help by making a donation or volunteering, please call Jimbo Tucker (617) 803-5344

Boston Declared Sept. 29, Command Master Chief Jans Valdespou Day

By Seth Daniel

The City of Boston declared Sept. 29, 2020 as Command Master Chief Jans Valdespou Day during a celebration of Hispanic Heritage Month at USS Constitution.

City of Boston Commissioner of Veterans' Services Robert Santiago delivered the surprise proclamation on behalf of Boston Mayor Martin Walsh while serving as the guest speaker during the ship's Hispanic Heritage Month celebration.

The proclamation was a testament to Cuban-native Valdespou's outstanding service to his country for over 23 years, including his time as the senior enlisted advisor aboard America's Ship of State.

"Love is the foundation of all great things," said Valdespou about the proclamation.

The proclamation from the mayor is as follows:

"CMDCS Valdespou has served honorably in many roles in the United States Navy for over 23 years; AND

"Jans Valdespou has served

both ashore and afloat, participating in many deployments and training Sailors to enhance their readiness and ensure mission effectiveness; AND

"His contributions include participating in humanitarian missions off the African coast as a crew member onboard USS Emory S. Land (AS 39); AND

"Jans is an example of the American dream. Jans immigrated to the United States from Cuba and has tirelessly served the U.S. Navy with honor, courage, and commitment; AND

"He was selected from a very competitive pool of candidates to the position of Command Senior Chief onboard USS Constitution, America's Ship of State, and oldest commissioned warship afloat in the world commissioned and homeported here in Boston; AND

"Jans Valdespou's advancement to Command Master Chief Petty Officer is the most prestigious enlisted rank for a U.S. Navy Sailor to attain. Being a Command Master Chief means that you are the senior enlisted advisor, the Captain's right hand, and the Sailors' advocate; NOW



Command Master Chief Jans Valdespou.

"I, Martin J. Walsh, Mayor of the City of Boston, do hereby proclaim September 29, 2020 to be Command Master Chief Jans Valdespou day in the City of Boston.

"I encourage all my fellow Bostonians to join me in recognizing Jans Valdespou's service to the country and his continued service as Command Master Chief in the United States Navy."



City Veterans Commissioner Roberto Santiago – a former sailor that served on the USS Constitution – with current Command Master Chief Jans Valdespou onboard the ship Tuesday to commemorate Hispanic Heritage Month.

FRESH AND LOCAL

British classics

Australia. Be sure to try the braised lamb shank and curried vegetable versions.

Another British pie mecca is the Cornish Pasty Company in the Back Bay. They've tucked British favorites like chicken tikka masala, cheese and onion, cottage pie, and bangers and mash into a crust to eat on the go. You can even order a side of mushy peas.

For some British pies, like shepherds, cottage, or fish pie, the "pastry" consists of left-over mashed potatoes.

Sausage and Bacon

While you are enjoying your BLT, your British counterpart says, "Hold that lettuce and tomato. I'll have a bacon butty." Also known as a bacon sandwich, bacon bap, bacon sarnie, or rasher sandwich, it's merely buttered, toasted bread with bacon.

Tucking sausage into a crust is comforting for the British. Sausage rolls may contain meat sausage or meat substitutes. Vegetarians look for leek, potato, and cheese, or mushroom versions.

Toad-in-the-hole is sausage

cooked in Yorkshire pudding batter. Bangers-and-mash is sausages served with mashed potatoes.

Of course, we can't forget that plate called the full English or Irish breakfast. We judge these meals by the quality of the meat. We want lean rashers instead of streaky bacon, a tasty banger, and well-made and seasoned black and white pudding. Those are a combination of meat and oatmeal for the white, with blood added for the black. Try it before you shove it aside. It's delicious.

Baked Goods and Desserts

Scones are plentiful across our region. Sadly, few are the small, simple ones ready to slather with clotted cream and jam you will find at a good English high tea. Crumpets are rare. That said, both are good recipes for a new baker to master.

Ed discovered that he's a fan of the Eaton mess we had last year at Alcove near the Zakim Bridge. This particular mess is a lovely pile of meringue, whipped cream, and fruit. It's similar to that other Brit fave, the pavlova, but less struc-



The new menu at Cornwall's in Kenmore Square includes this flaky-crust Cornish pie served with a side salad and brown gravy.

tured. If you make it in layers in a big glass bowl and add cake, and gelatin you have a trifle!

Other "puddings" we're on the hunt for are spotted dick, sticky toffee, Christmas, and bread & butter puddings. We already love the custard tarts we buy from the bakeries in Chinatown.

The next time you're ready to order fish and chips at your favor-

ite pub, scan the rest of the menu to see what other British favorites you might try. And, if you're ordering take out or delivery, many of the alternatives we've covered will fare better on the trip home.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

By Penny & Ed Cherubino

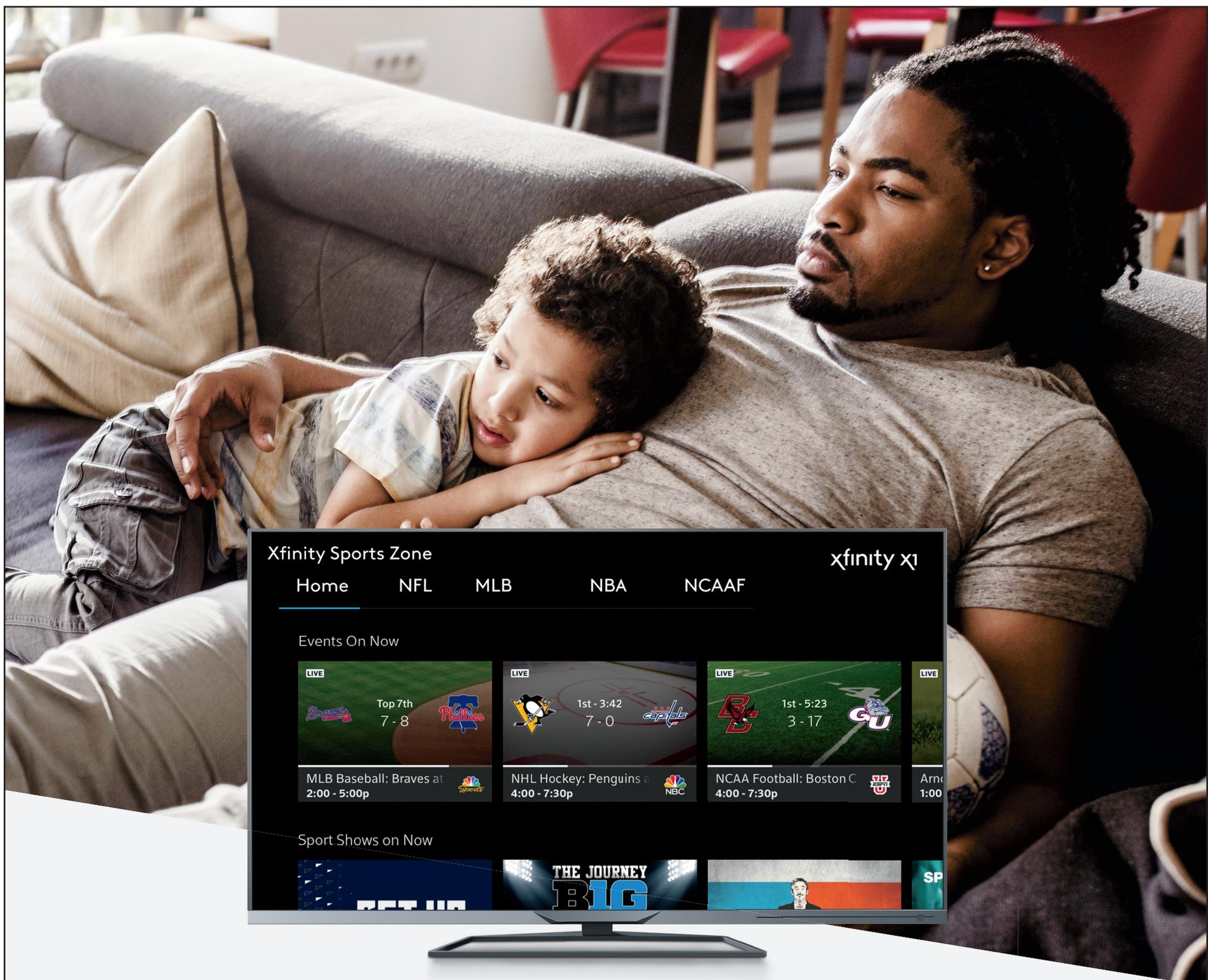
It's generally agreed that Chefs like Yotam Ottolenghi, Ruth Rogers, Jamie Oliver, Fergus Henderson, and Prue Leith have improved British food perception. We love the innovation these British chefs have created. However, we do enjoy British classics and are looking forward to trying more British comfort food.

Wrapped in Pastry

The Great British Baking Show has introduced many viewers to that country's pie culture. Contestants have made game pies, steak and kidney pies, pork pies, and pastries by the dozen.

We're particularly fond of the Cornish pie that appeared on the new menu at Cornwall's in Kenmore Square when they reopened after the shut-down. It has a buttery, flaky crust, is filled with meat and vegetables, and is large enough for big appetites.

East Boston has KO Pies at the Shipyard, where you can explore how the pies evolved when the people making them moved to



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VIGIL (from pg. 1)

always-powerful reading of 'We light this candle for you' by Ronnie Doe.

Gathered just yards from the highway and the noise of the city, there was peace and quiet in the minds of everyone as they lit a candle to remember so many in Charlestown who have been lost to the opiate epidemic. As the candles burned on, a professional

video with photos of those lost played for nearly 15 minutes to music.

Not a word was uttered in that time.

But several tears were shed.

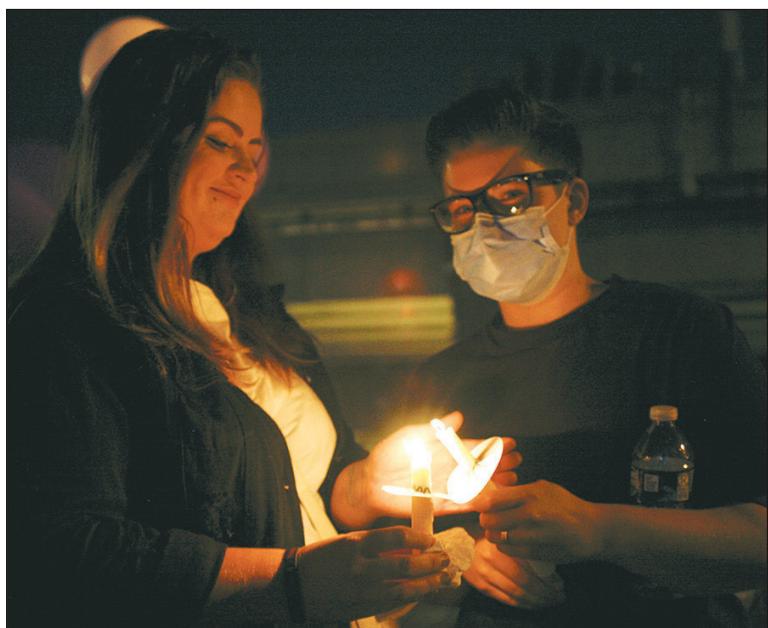
"When they are gone, we tend to forget the many hard times, and we remember the good time," said Lundin-White.



Laneigh Lundin-Monaco was there to remember her father, Timothy Monaco, and her aunt and uncle, Kelly and Matthew Monaco.



Karly Poh and Amanda Merino lit candles of remembrance for loved ones. Both are part of the GRASP program.



Casey Allen and Kerrin Houlihan light candles of remembrance.



Caitrin Houlihan read a portion of the names of those lost.



Singing Amazing Grace were Robin Tagliaferro, Kaylie Webb and Michael Webb.



Ginaya Murray, Erica Greene and Frank Quinn.



Susan Rawlinson came to the Vigil to remember Ashley Paquin this year.



DJ Smokie Cain provided the music and the audio-video presentation, but more importantly was there to remember his son, Michael Cain, who passed in 2015.

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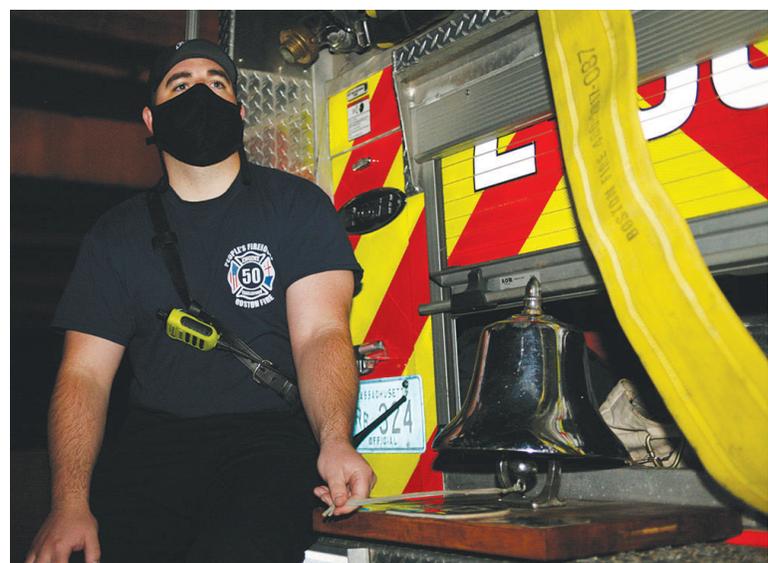
Jillian Corbett, Neil Gillis, David Matson and Nicole Matson.



Charlestown's poet Ronnie Doe reads a special version of his poem, 'We Light This Candle for You.'



From the Turn It Around group, (front) Ariana Flynn, Elizabeth Miranda, and Serennity Figueroa. (Back) Brandon Myers, Brianna Arroyo, Khalid Ali and Feisal Ali.



Mark Flynn of Engine 50 Charlestown – The People's Firehouse – rang a bell during the reading of the names of those lost.



Shannon Lundin-White gave a reading that reflected the feelings of those left after the losses of loved ones to addiction and overdose.



Meaghan Doherty, Sean Boyle, Bianca Davis, Shannon McMahon and Kara Kelley.

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Charlestown artist picked to paint utility box in downtown effort

By Seth Daniel

Charlestown's Jasmine Lee has spent almost her entire life in the Town, and while she calls Mishawum Apartments her first home for quite some time, she has found a second home in Boston's Chinatown - where she has been selected by the Downtown Business Improvement District (BID) to paint a utility box as part of the 'Tasteful Boston' initiative this month.

Lee, 28, moved to Charlestown when she was only two and she and her family lived in the Bunker Hill Development for some time -



The full concept of Jasmine Lee's utility box mural downtown.

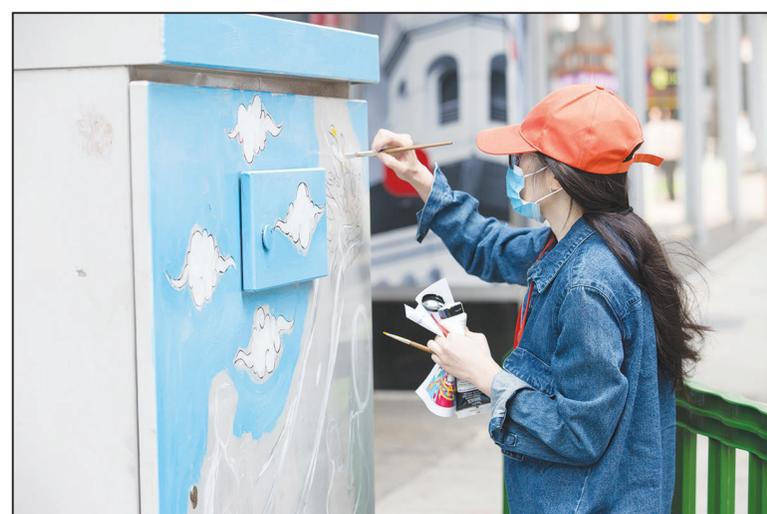
and she said life was very difficult. When she was older, they moved to Mishawum, and the family has

lived there ever since. However, she always left Charlestown for her schooling, going to the Josiah Quincy School and Boston Arts Academy for high school. For her undergraduate, she attended Tufts University in Somerville, and she is currently at Boston University Graduate School of Public Health - where she is on track to graduate next May.

Being chosen to paint the utility box in Chinatown right outside of the Chinatown Orange Line Station has brought her full circle to the Josiah Quincy and her younger days, she said.

"When I was younger a lot of students from Charlestown would go to the Josiah Quincy in Chinatown," she said. "It was a bi-lingual program then and many of the teachers spoke Chinese so my parents liked that. I think going to Chinatown and going to the after-school programs there helped me as well because they provided activities related to art making. Those were the times I was really, really happy to not do my homework. I think that's where I got into the artistic space and was looking to do more art."

Now she's just steps away from her beginnings putting her art out



Charlestown artist Jasmine Lee working on the utility box outside the Chinatown Orange Line Station that is part of the Downtown Business Improvement District (BID) 'Tasteful Boston' initiative starting Friday, Oct. 2. Lee has spent almost her entire life in Charlestown, currently living in Mishawum, and said she is trying to combine the worlds of art and community health together.

in public for everyone to see. On October 2 the Downtown BID unveils "Tasteful Boston," an outdoor public art installation in which a dozen regional artists

transform 12 BID-area utility boxes into striking works of art that celebrate iconic elements of the city's storied culinary history. The artists, whose proposals were chosen by a panel of judges from nearly 50 applicants, have been painting the boxes over the last few weeks, serving up slices of Boston food history, including takes on famous coffee and candy companies, the foods of diverse cultures, indelible food locations across the city, and some of Boston's best-known dishes.

Lee's piece reflects on her time in Chinatown with family, using bright colors to conjure up the images of her memories that included dim sum brunches, com-

munity banquets and the plethora of bakeries and Boba shops she frequented as a high school student.

"Growing up, my parents had come here in the late 1980s and Chinatown was a safe-haven for them," she said. "I wanted this utility box painting to show the warmth and openness of growing up in Boston and going to Chinatown throughout my life...I think it will be heartfelt to have someone like me working on this. I was born in Boston, went to school in Boston and I'm still in Boston."

High school, she said, was also a formative time as well.

Her mother had been resolute for her to go to Boston Latin for high school, but secretly Lee said she had begun looking at Boston Arts Academy in the Fenway. She

(LEE Pg. 11)

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B Mayor Martin J. Walsh

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CAMPBELL (from pg. 1)

and has said he would likely make his campaign intentions known in January.

Campbell's announcement was bolstered by her personal story of rising up from public housing and the foster care system as a child to attend Princeton and become a lawyer and Council President. However, that story was also countered by the loss she has experienced in losing her mother to a car accident, having her father in prison for a lot of her life, and seeing her twin brother, Andre, in and out of jail frequently – dying while in custody awaiting trial eight years ago.

She said she would be the leader who understands Boston from all angles and would fight to make it a more equitable city.

"I know the pride and the pain of being from the City of Boston," she said. "But I also know what's possible in Boston because by the Grace of God and the opportunities given to me, today I stand before you as a girl that grew up in public housing in the South End with a family torn apart by incarceration and loss – as the first black woman to be elected president of the City Council of Boston. Today I kick off my campaign to be the first black mayor and the first woman mayor of the City of Boston."

She said she has the life experience and understanding to tackle issues of inequity, over-policing in some neighborhoods, inequality in the public schools and the lack of health care access the brought COVID-19 to bear more harshly in some parts of Boston and not others. She said she would be the leader that all residents are looking for to tackle those issues.

"Leadership that understand what equity truly means and looks like," she said. "I am running for mayor to be that leader. I know a reputation of a world-class city with a growing economy and emerging industries and thriving neighborhoods means absolutely

nothing if a child growing up in public housing in the South End or Roxbury or Franklin Field will never be able to access that opportunity."

She also added that while many think Boston is different than other places, it may not be so different for certain residents – particularly in her district that encompasses Dorchester and Mattapan.

"I often hear in Boston we're different; that in Boston we're better than those places when it comes to police violence and blatant racism – and that our response to the pandemic has been an example for the rest of the country," she said. "But while many Bostonians, we and I, take pride in the history of this city, Boston has not delivered on the promise of being the best. If you talk to the people in my district – largely a community of color –...they'll tell you the fear of being stopped and being shot while black by police is just as real here as anywhere else. They'll tell you Boston has a reputation of a racist history. I love this city as my father did before me, who was born here too. I do realize that this is not just a reputation nationally, but a reality locally. Plain and simple Boston does not work for everybody."

Additionally, she touched on one of her pet issues for many years, and that is public education and the inequities from neighborhood to neighborhood. She said downtown schools are far better than those in her district, and that's something that has existed far too long.

"Even today, the disparity in access to good public schools is shocking," she said. "Families that live in downtown neighborhoods are 80 percent better chance of getting into a high-quality school. If you live in Mattapan where my husband and I are raising our children, you have a 5 percent chance. And for our young people that do not get to attend an exam school, only six out of 10 graduate high

LEE (from pg. 10)

had auditioned for violin and visual arts and made it in for both. Finally, the deadline came to sign up, and she broke the news to her mother.

"It came down to the time when you needed your parent to sign the paperwork, and that's when I told her," said Lee, with a laugh. "I told her I wanted to go to BAA because my passion for art is

such a big part of my life. It's why I'm doing this today."

All was well in the end, but Lee did take a different turn at Tufts when she double majored in American Studies and Community Health – while double minoring in Asian American Studies and Chinese language. Now, she's getting her Master's Degree at BU.

But art is not forgotten, clearly



Councilor Andrea Campbell announced her intention to run for mayor of Boston in the 2021 City Election next year during a rally in the South End on Thursday, Sept. 24. Campbell hit hard on the inequities in the city, and how her personal story growing up in Boston will help her lead the City toward a more equitable place.

school. The BPS school I went to opened up doors for me...Those are opportunities that didn't exist for thousands of my peers, and didn't exist for my twin brother, and do not exist today for many students around this city."

In questioning from the media, Campbell said she works well with Mayor Walsh – and has especially done so during COVID-19. However, she said she is running because there needs to be more action on inequities.

"For me, the mayor's race is about eliminating inequity in the City," she said. "It's not just rhetoric, but it's done with action. I'll certainly be someone who takes action."

Campbell also received heavy questioning from the media – in light of the Brionna Taylor Grand Jury decision in Kentucky last week – about policing issues. Campbell has been very active

since being elected on policing issues, and provided the biggest push from the Council to get officers to wear body cameras.

She said she is not interested in abolishing the police, but she said the funding of the police needs to be questioned – that with the backdrop that she was one of the councilors that voted against the City Budget earlier this year.

"I don't think defund means abolish our Police Department," she said. "Defunding means to me taking away portions of the overtime budget that is over \$70 million and investing it in people..."

She finished by saying Boston is at a crucial moment, and she is running because she feels she is the home-grown leader that can attest to the past, and lead into the future.

"Boston is at a crucial moment this year," she said. "We can and must confront our own history of

exclusion, segregation and marginalization if we are to transform the city to truly serve all of our residents equally. To that we need new leadership. People are looking for those that need it the most – people overlooked and undervalued by their government. They are looking for leadership that is intentional about eradicated systemic inequities and systemic racism."

The City Election is still more than one year away, but several of the more talked-about candidates are beginning things early to get a jump on fundraising and to be ahead of any changes in the power structure if Joe Biden is elected U.S. President this fall.

Early this week, Campbell's campaign reported raising \$50,000 in the 24 hours after making her announcement.

displayed as she prepares to unveil her first utility box project. In reality, she said she wants to combine the worlds of health and art – though it's still a work in progress pulling that off.

"I'm trying to combine the world of art and the world of health, but I'm still in the process of figuring that out," she said.

"Art gives you a sense of foun-

dation where you can explore the issues going on in communities you haven't heard about," she said. "Art can help people exist in that conversation through a mural or a public art piece like the utility box. I think I'm still trying to figure out how that space works."

Lee finished up the work on her utility box Monday, and it will be part of the 12-box premiere this

Friday as part of 'Tasteful Boston.'

Updated information about "Tasteful Boston," including a walking map of the 12 utility box installations, will be available at www.tastefulboston.com as well as the Downtown Boston BID's Facebook, Twitter, and Instagram pages.

COVID-19 infection rate up 2.5 percent in Charlestown

By John Lynds

Charlestown's COVID-19 infection increased 2.5 percent last week but still remains well below the citywide average.

According to the latest Boston Public Health Commission (BPHC) data released last Friday the neighborhood's COVID infection rate went from 121 cases per 10,000 residents to 124.1 cases per 10,000 residents. The citywide average is 247.8 cases per 10,000

residents.

Last week the BPHC reported that 5,778 residents were tested for COVID-19 and 1.4 percent of those tested were COVID positive. The overall citywide average is 2 percent of those tested for the virus. The data shows that overall since the pandemic began only 4.3 percent of residents tested were found to be COVID positive.

Citywide positive cases of coronavirus rose nearly 3 percent last week from 16,703 cases to 17,186 cases. So far 14,174 Boston res-

idents have fully recovered from the virus and one additional resident died last week bringing the total of fatalities in the city to 762.

During his daily press briefing on the virus Friday, Mayor Martin Walsh said Boston's positive test rate is at 2.7%, roughly level with the week before.

"Our daily average for new positive tests is 49, down slightly from the week before," he said. "We have seen a slight increase in our hospitalization numbers, but it has not crossed our threshold for

major concern. We are monitoring it carefully, and the City will continue to bring resources to where they are needed."

The Mayor said we need everyone to remain vigilant with face coverings, hand washing, and social distancing to help keep the numbers under control.

"On Monday of this week, Boston Public Schools kicked off the new school year with online learning for all students," said Walsh. "I want to remind everyone that the plan is to gradually

introduce in-person learning starting with the highest need students, and the youngest students."

The Mayor said the city will only move forward with in-person learning if the COVID-19 data stays within a certain threshold, and will only hold in-person learning if Boston's positive test rate is below 4 percent.

"We will continue to monitor all data closely, and make adjustments if needed," he said.

NEW Health honored by Health Resources & Services Administration

NEW Health, a federally qualified health center and an affiliate of Massachusetts General Hospital and Boston Medical Center, has been recognized as a 2019 National Quality Leader and Health Center

Quality Leader by the Quality Improvement Awards of the Health Resources & Services Administration (HRSA), a federal agency of the U.S. Department of Health and Human Services.

NEW Health, with sites in the North End and Charlestown, is the only Massachusetts community health center to be recognized as a National Quality Leader for two consecutive years.

As a National Quality Leader, NEW Health ranked in the top one to two percent of all health centers in the country in one or more of the clinical quality measures that promote behavioral health

and heart health in 2019. NEW Health is also a Health Center Quality Leader, which means the center achieved the best overall clinical performance among all health centers and was recognized in the Gold tier (top 10 percent) for clinical quality measures in 2019.

Overall, NEW Health is ranked in the top 4 percent of all 1500 community health centers nationwide. Given this recognition, NEW Health has been granted \$175,000 by the U.S. Department of Health and Human Services to further strengthen quality improvement activities.

Most recently, NEW Health also opened two COVID-19 testing sites for the communities in which it operates; the sites launched this summer and will continue to operate as long as they are needed. The sites are open to all existing patients, as well as all Charlestown and North End residents; testing is available without a referral and even to residents who are not exhibiting symptoms. Testing is covered by all major health insurance providers; if patients have no insurance or insurance does not cover, the tests are still provided for free.

Both NEW Health locations on Hanover Street in Boston's North End and at 15 Tufts Street in Charlestown are also open and accepting new patients for services in departments including Adult Primary Care, Pediatrics and Adolescent Primary Care, Behavioral Health, Dental Care, Vision, Podiatry, Obstetrics and Gynecology (OB/GYN), Radiology, and Lab. Staff continue to follow strict guidelines and cleaning protocols to guarantee a safe environment for patients to receive care. Appointments can be made by calling 617-643-8000 for the North End location and 857-238-1100 for the Charlestown location.

For the Record

BPS HYBRID MODEL/PHASED-IN REOPENING

BPS is moving forward with a responsible, phased-in plan to start the school year. This approach will give time to assess health data before each step, with the Boston Public Health Commission. It will allow to address learning needs and opportunity gaps -- in person and by providing extra help for students learning online. In every step, families have the choice of whether to opt-in to hybrid learning or stay fully remote.

Each step will begin no sooner than the listed date:

- On October 1, the option of hybrid learning may begin for students with the highest needs.

- On October 15, optional hybrid learning may begin for the youngest students, in all 3 grades of kindergarten: K0, K1, and K2.

- On October 22, opt-in hybrid learning may begin for grades 1-3.

- On November 5, opt-in hybrid learning may begin for grades 4-8. That will include grades 6-8 in the high schools that include them.

- And on November 16, opt-in hybrid learning may begin for grades 9-12.

- Teachers will arrive in school on Tuesday, September 8 to begin preparations for teaching both the remote and hybrid models from their classrooms.

- The first students will not return until at least October 1.

- As more students phase in, it will still be less than 50% of the normal numbers at any given time.

PLAN CHARLESTOWN MEETINGS

Please join the BPDA for its next PLAN: Charlestown community event.

Based on feedback received at the January 30, 2020 Open House and the August 27, 2020 Open Office Hours, the PLAN: Charlestown neighborhood planning initiative will host a workshop on October 8, 2020 from 6-7:30 p.m. on the topics of history and open space. Preservation experts will present a history of Charlestown's built environment, and Parks and Recreation staff will present on the topic of public open space. Participants will then be asked to give initial feedback on these important topics. A mapping tool will allow members of the community to identify historic parts of the neighborhood, and areas where more open space is needed. The presentations, instructions, and online mapping tool will be online and open for feedback through November 1, 2020.

The PLAN: Charlestown team will also hold Open Office Hours on October 13, 2020 from 6-7:30 p.m. to review meeting materials, and help stakeholders with any technical difficulties using the mapping tool.

For more information on these events, or to learn more about the

PLAN: Charlestown initiative, please visit bostonplans.org/plancharlestown

EARLY VOTING

The City Election Department announced several voting procedures for the upcoming Nov. 3 General Election -- with one of them being early in-person voting.

For Charlestown, early voting will take place at the Harvard Kent School Gym, 50 Bunker Hill St., on Sat., Oct. 24, 11 a.m. to 7 p.m.; and then on Sunday, Oct. 25, 11 a.m. to 7 p.m.

•From the Oct. 1, 10 a.m., CITY COUNCIL COMMITTEE ON

GOVERNMENT OPERATIONS WORKING SESSION: The Committee will hold a working session on Docket #0225, ordinance to create the Special Commission on Ending Family Homelessness. The Chair of the Committee is Councilor Lydia Edwards. The Sponsor of the docket is Councilor Anissa Essaibi-George. This matter was sponsored by Councilor Anissa Essaibi-George and was referred to the Committee on January 29, 2020.

From the Oct. 1 Election Commission meeting, 3 p.m., online:

- Certification of Additional Early Voting Locations

From the Oct. 6 Zoning Board of Appeals meeting, 9:30 a.m., online:

- 229-231 Bunker Hill St. (Grasshopper Restaurant). Applicant: Patrick Mahoney. Purpose: Demolish existing one story restaurant and erect a new 4 story, 3 unit residential building with enclosed garage and roof deck. *Private roof deck.

From the Oct. 6, 10 a.m. COMMITTEE ON HOUSING AND COMMUNITY DEVELOPMENT HEARING: Order for FY20 Emergency Solutions Grant -- COVID-19 Supplemental funds in the amount of \$23,348,669. This matter was sponsored by Mayor Martin J. Walsh and was referred to the Committee on June 24, 2020.

From the Oct. 6, 4 p.m., CITY COUNCIL COMMITTEE ON SMALL BUSINESS AND WORKFORCE DEVELOPMENT VIRTUAL HEARING: The Committee will hold a virtual hearing regarding Permits for At-Home Entrepreneurs in the City of Boston. This matter was sponsored by Councilor Julia Mejia, and was referred to the Committee on September 16, 2020.

FRESH AND LOCAL**Kitchen safety rules**

By Penny & Ed Cherubino

With many new cooks and many more distractions and stresses for experienced cooks, kitchen rules are important. Here are topics to think about as you decide what is important to you.

Safety First

One very important rule can save both lives and property. Call 911 first if you start a fire or have a scary injury. You can call off 911 if you gain control of the situation, but always follow that first instinct to call for help. With fires or bleeding minutes count!

Even if you put out a fire or stop the bleeding, first responders are better qualified to determine if the fire might have extended into interior spaces, if the area needs to be ventilated, if smoke inhalation may be a danger, or if that cut or burn needs more than first aid.

Fire Prevention

The Massachusetts Department of Fire Services (DFS) confirms, "Cooking fires are the leading cause of home fires and home fire injuries." Good habits can prevent kitchen fires in your home or help you deal with them safely should they occur. DFS has lots of recommendations on its webpage and we have a few.

Be sure combustible items like dish towels or pot holders are not within reach of a burner. Keep a large cover near the stove when you're cooking. Don't try to move a burning pan. Instead, cover it as the first step in controlling the fire.

Have a kitchen fire extinguisher near your kitchen exit to grab after you call 911. If the fire is in the oven or microwave, turn it off but DON'T open the door.

Finally, don't leave your pans unattended. Don't walk away from a pan that is preheating or something that is frying. Don't leave the house when something is simmering away on a burner or in

the oven.

Prevent Burns and Cuts

Dress for cooking. Chef's jackets have long sleeves and many cooks wear kitchen clogs. Sleeves help prevent burns from spatter, oven racks, hot pans, and spills. Kitchen clog soles are designed to be non-slip on wet floors and are thick enough to protect from a dropped knife, grease spills, or other foot dangers.

Place pan handles out of the way to prevent burns and spills. If a pan is in the oven, you not only need a potholder to grab it, but also to place over the handles when it comes out of the oven. That warns off anyone from touching it while it can still burn.

Steam can produce a very bad burn. Remove a cover of a pan or a dish in the microwave in a way that the cover will shield you from the steam.

Most cuts can be prevented by learning good knife skills. Sharp knives slide through food without pressure. Dull knives require force which is dangerous. In our kitchen, knives live on a magnetic wall rack and are cleaned immediately after use. They are never put in a sink full of soapy water or left on a counter where they might cut a hand reaching for something else.

You might also prepare a kitchen first aid kit with some quick clot or blood stop in addition to bandages. Working smoke alarms and a fire extinguisher are both important. But it is the habits you develop day-to-day and the rules you set for those around you (including pets, children, and people who reach for something you're cutting) that make a difference. In reality, a big dose of common sense can make your kitchen a much safer place.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.



Protective shoes, a long-sleeved shirt, first aid kit, and fire extinguisher are all part of our kitchen equipment.

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A public service message from the U.S. General Services Administration.

Bunker Hill IAG members assembled and begin meetings

By Seth Daniel

The Bunker Hill Redevelopment Impact Advisory Group (IAG) began meeting this month to review the impacts of the project and begin formulating mitigation and other solutions to the issues that might come up as a result of the massive development.

The Redevelopment is a collaboration between Leggat McCall, The Corcoran Companies and Boston Housing Authority (BHA) and is a mixed-income development that will replace 1,010 public housing units within a 10-year phased project that includes 1,689 market-rate units and retail options – as well as open space and a new community center. The project was first proposed in 2016 and had a previous IAG in the first iteration of the project, which was revamped and resubmitted with Leggat a few years ago.

At the first new IAG meeting on Sept. 16, the members of the IAG were introduced and Boston Planning and Development Agency (BPDA) Project Manager Raul Duverge set the ground rules and expectations.

“In 2016 and 2017 there were issues with the IAG and misinformation going around about it,” he said. “The IAGE does not vote to approve or disapprove a project. It’s work is advancing and identifying project impacts and suitable project mitigation or benefits. The BPDA and various City departments are also looking at this

through their various lenses...You live here and breath here and we see the IAG as our neighborhood experts.”

One of the goals of the IAG, eventually, he said is to come up with a legally binding Cooperation Agreement containing all of the mitigation and benefits agreed to by the developer and the community – a document that is enforceable if the developer does not come through.

The new IAG has some new members, including the first-ever youth seat on the committee, which at the moment is being filled by Fatima Fontes of the Turn It Around program.

IAG members include:

- Tom Ward – resident and Ironworkers Local 7.
- Ruth Raphael – National Park Service.
- Tina Goodnow – BHA resident/CRA Vice President.
- Leo Boucher – resident.
- Crystal Galvin – Kennedy Center.
- Sarah Coughlin – Charlestown Coalition.
- John Killoran – resident.
- Brian Beisel – resident.
- Heather Taylor – Charlestown Preservation Society.
- Mimi Tovar – BHA Resident.
- Andrew O’Hearn – resident.
- Jesse MacDonald – resident.
- Sy Mintz – resident.
- Joanne Massaro – resident.
- Mary Boucher – resident/CNC member.
- Fatima Fontes - Turn It Around Youth Seat.

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Suffolk Division
24 New Chardon St.
Boston, MA 02114
(617)788-8300
CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT
Docket No. SU19P1415EA
Estate of: Claire Louise Rooney
Date of Death: 07/22/2020
A Petition for Order of Complete Settlement has been filed by Cathrine E. Agril of Charlestown,

MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition.

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 10/26/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.
Date: September 14, 2020
Felix D. Arroyo,
Register of Probate
10/01/20
CT

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Suffolk Probate And Family Court
24 New Chardon St.
Boston, MA 02114
(617)788-8300
NOTICE OF PETITION FOR CHANGE OF NAME
Docket No. SU20C0271CA

In the matter of: Philippe Yvon Donnay
A Petition to Change Name of Adult has been filed by Philippe Yvon Donnay of Charlestown, MA requesting that the court enter a Decree changing their name to: Philippe Yvon Mombieur
Any person may appear for purposes of objecting to the petition by filing an appearance at: Suffolk Probate and Family Court before 10:00 a.m. on the return day of 10/22/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Brian J. Dunn, First Justice of this Court.
Date: September 17, 2020
Felix D. Arroyo,
Register of Probate
10/01/20
CT

Real Estate Transfers

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VanPulley, Keith	Defilippo, Puangpetch	45 Brighton St	\$650,000
Oneil, Brian R	Chiarelli, Nicholas	288 Bunker Hill St #2	\$575,940
Johnson, Keane B	Letterman, Matthew L	340 Bunker Hill St #3B	\$1,035,000
Pinch, Brian	Hynes, David E	49 Chelsea St #49	\$1,330,000
Deforest, Benjamin P	Punchard, Darrin P	33 Main St #33	\$905,000
Mele, Mark	610 Rutherford Avenue	610 Rutherford Ave #405	\$559,000
Cacciola, David P	Bernard Dreiblatt RET	32 Shipway Pl #32	\$1,080,000



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The Mark & Michelle Gorman Scholarship committee is pleased

to announce the winners of this year's scholarships. The committee gave out \$7,500 in scholarships to eligible students for the 2020 - 2021 school year. Winners were chosen in a lottery on September

12. K-12 Scholarship Winners:
 •Nora Reilly - Malden Catholic
 •Frankie Nearis - St. Patrick School
 College Scholarship Winners:
 •Celia Balfour - Suffolk University
 •Devin Gallagher - Massachusetts Maritime Academy
 Sally Woods Memorial Scholarship -
 •Ronan Doherty - Groton School
 James "Jimmy" McCormick Memorial Scholarship:
 •Aiden Boucher - Catholic Memorial
 The Committee would like to thank all of our raffle participants and acknowledge the generous donations of Joe Kelley, Mal Brassil, Eleanor Doherty, Joe Langan and Jane Castor. A very special thank you to Kim Mahoney and the staff of the Warren Tavern.

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1st donor of the day Mick Coppinger



BHA Member Pat Sullivan and Janet Sullivan getting ready to donate.



The Collier family waiting to donate.



Sisters donating together, Pam McGrath and Melissa Brennan



Eileen Sullivan and Susan Carr donated in memory of their cousin David Whelan.

THANK YOU TO THE STAFF OF THE MGH BLOOD DONOR CENTER AND OUR MEMBER MGH ASSOCIATE SECURITY DIRECTOR JOHN DRISCOLL FOR ORGANIZING A GREAT EVENT. WE LOOK FORWARD TO HOSTING ANOTHER DRIVE IN THE NEXT COUPLE MONTHS.

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